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COLORADO DEPARTMENT OF EDUCATION
1992

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HEALTH EDUCATION RESOURCE DIRECTORY

**Colorado Department of Education
HIV Education Project
201 East Colfax Avenue
Denver, Colorado 80203
303/866-6664
1992**

140157

**U.S. Department of Justice
National Institute of Justice**

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DISPOSITIONS

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Dr. William T. Randall



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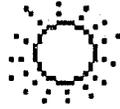
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AIDS Coalition for Education (A.C.E.), P.O. Box 17234, Denver, CO 80217; 303/331-8310; *All ages; Free*

Coalition of individuals, businesses, agencies, and organizations committed to improving AIDS education. Information, resource lists, video tapes, speakers, training seminars, phone lines, resource directory.

Alcoholics Anonymous (A.A.), 2801 East Colfax Avenue, Denver, CO 80206; 303/322-4440 (hotline), 303/321-8788 (for *Alanon* and *Alateen*, serving women and adolescents respectively); *Adolescent-Adult; Free*

Voluntary help and information in group settings to persons suffering from alcoholism. Statewide referrals.

American Automobile Association (A.A.A.), 4100 East Arkansas Avenue, Denver, CO 80222; 303/753-8800; *All ages; Free to minimal cost*

Driving safety; tips for seniors, winter and four-wheel drivers. Information for pedestrians, bicyclists, school safety patrols. Films, pamphlets, teaching guides, student booklets, driver education program.

American Cancer Society—Colorado Division, 2255 South Oneida Street, Denver, CO 80224; 303/758-2030; *All ages; Free to minimal cost*

Cancer, smoking, tobacco chewing, science/health education. Pamphlets, posters, films and audiovisual materials. K-12 health education curricula, classroom speakers, inservice training. Assistance in developing community cancer education. Smoking cessation efforts include the self-help program, *Smart Move*. Spanish materials.

American Diabetes Association—Colorado Affiliate, 2450 South Downing Street, Denver, CO 80210; 303/778-7556; *All ages; Free to minimal cost*

Audio-cassettes, films, exhibits, pamphlets (including dietary cookbooks), support groups, people-to-people program, referral service, inservice training, speakers, mobile education van.



COLORADO HEALTH EDUCATION RESOURCE DIRECTORY

American Heart Association of Colorado—American Social Health Association/STD National Hotline

American Heart Association of Colorado, Cardiovascular Disease, 1280 South Parker Road, Denver, CO 80231; 303/369-5433; *All ages; Free film loan, minimal cost for pamphlets in quantities over 10*

Cardiovascular disease, diet. Films, pamphlets, free displays, speakers. Spanish materials.

American Humane Association—Children's Division, 63 Inverness Drive East, Englewood, CO 80112; 303/792-9900; *Adult; Free for resource center or single copy of pamphlets, \$25/year for quarterly journal, \$18 per 100 for pamphlets in bulk*

Committed to child protection. National resource center on child abuse, neglect, and malnourishment. Quarterly journal, *Protecting Children*, the pamphlet, *Guidelines for Schools*, and other publications.

American Institute for Preventive Medicine, 30445 Northwestern Highway, Suite 350, Farmington Hills, MI 48334; 313/539-1800; *Ages 8-18; Free brochures, variable costs for materials*

The *Body Shop* and the *Weight No More for Teens* programs use a skills-oriented approach to weight control. By addressing psychological, behavioral, physiological and social determinants that affect eating habits, adolescents learn to deal with peer pressure, improve self-esteem, change patterns of inactivity, reduce caloric intake, and become more knowledgeable about food and weight. Parental involvement emphasized.

American Lung Association, 1600 Race Street, Denver, CO 80206; 303/388-4327; *All ages; Free to minimal cost*

Lung diseases, smoking cessation, non-smokers' rights, second-hand smoke, smoking and pregnancy, air pollution. Films, pamphlets, kits, speakers, inservice training. *Freedom from Smoking*, a series of programs and activities that can assist smokers to quit. Spanish materials.

American Red Cross—Mile High Chapter (Denver Region), 170 Steele Street, Denver, CO 80206; 303/399-0550; *All ages; Variable cost*

Nursing and health, first aid, CPR, small craft and water safety, hypothermia, HIV/AIDS, alcohol, nutrition, baby-sitting, parenting, disaster preparation, self-growth, community service. Pamphlets, kits, instructional and teacher training. Audio-visual material. Speakers' bureau, training for volunteers. Spanish materials.

American School Health Association (A.S.H.A.)—Publication Department, P.O. Box 708, Kent, OH 44240; 216/678-1601; *K-12; Variable cost*

Provides a broad range of health education brochures, studies, reports and other publications.

American Social Health Association—STD National Hotline, P. O. Box 13827, Research Triangle Park, N.C. 27709; 800/227-8922 (Hotline); *Adolescent-Adult; Free, except bulk orders of pamphlets*

Basic information on more than 25 STDs, their transmission and treatment. Pamphlets on common STDs and prevention. Referrals to local clinics, testing sites, and other hotlines.

COLORADO HEALTH EDUCATION RESOURCE DIRECTORY



Arthritis Foundation—Centers for Disease Control (C.D.C.) National AIDS Hotlines

Arthritis Foundation—Rocky Mountain Chapter, 2280 South Albion Street, Denver, CO 80222; 303/756-8622; *Junior High-Adult; Free*

Films, pamphlets, speakers, inservice training, community programs.

Asian Pacific Center for Human Development, 1825 York Street, Denver, CO 80206; 303/393-0304; *All ages; Free to minimal cost*

Information, education, and mental health counseling for Asians, Pacific Islanders, and those of Asian/Pacific Island descent.

Blue Cross-Blue Shield, 700 Broadway, Denver, CO 80206; 303/831-2072 (films and speakers) or 303/831-2078 (pamphlets); *All ages; Free to minimal cost*

Films/booklets on general health topics: stress, physical fitness, drug abuse, smoking, nutrition, wellness, alcoholism, childhood/adolescent problems. Speakers' bureau, employee self-help program.

Boulder County

Emergency Psychiatric Services, Mental Health Center of Boulder County, 1333 Iris Avenue, Boulder, CO 80304; 303/447-1665 (Crisis Line); *All ages; Free for crisis line and referrals, sliding-scale cost for emergency evaluations*

Crisis line, emergency psychiatric evaluations, referrals.

Health Department, 3450 Broadway, Boulder, CO 80304; 303/441-1100, 303/441-1289 (FAX); *All ages; Free to variable cost*

Educational resources include a speakers' bureau, pamphlets, and posters. Five major programs—Adult Health, Environmental Health, Maternal Child Care, Teen Health, and Substance Abuse. Teen Health program includes STDs/AIDS, teen parenting, pregnancy prevention, and crisis intervention. HIV/AIDS prevention services available for all ages.

C. Henry Kempe Child Abuse Prevention and Treatment Center, 1205 Oneida Street, Denver, CO 80220; 303/321-3963; *All ages; Free to minimal cost*

Films, pamphlets, articles, slide shows. Referrals to report child abuse and neglect. Newsletter on child abuse for parenting education. Consultation for program development and training. Counseling and therapy for children and families.

Centers for Disease Control (C.D.C.)—National AIDS Hotlines, 800/342-AIDS (English), 800/344-7432 (Spanish), 800/243-7889 (Hearing Impaired); *All ages; Free to minimal cost*

Provides information, educational materials (including free *single-copy* pamphlets), and referrals for all questions related to HIV infection and AIDS, including transmission, research, and treatment. Referrals provided for HIV antibody testing sites, HIV-positive persons and their families.



COLORADO HEALTH EDUCATION RESOURCE DIRECTORY

Children's Hospital—Colorado Coalition for the Protection of Children

Children's Hospital, 1056 East 19th Avenue, Denver, CO 80218

Adolescent Medicine, Attn: Kathy Mammel; 303/861-6131

Offers the *Adolescent Eating Disorders Program* for anorexic and bulimic teens, tailored for individualized treatment. Family therapy sessions include parents. Professional team includes an adolescent medicine physician, psychologist, psychiatric social worker, psychiatrist, and dietitian.

Pediatric Cardiology, Attn: Marilyn Day; 303/861-6820

Offers *Shapedown*, a nationally recognized, comprehensive weight management program for children and adolescents who are obese or engaged in restrictive dieting, designed to produce significant long-term effects. Emphasizing *family*-based treatment, parental involvement is required. Both individual and group programs are offered. Professional team includes a physician, registered dietitian, mental health professional, and exercise specialist.

Cocaine Hotline, P.O. Box 100, Summit, N.J. 07902; 800/COCAINE (800/262-2463); *Adolescent-Adult; Free*

A nationwide referral service for drug treatment programs, especially as related to cocaine abuse.

Colorado AIDS Project (C.A.P.), 1576 Sherman Street, Denver, CO 80203; 303/837-0166, 830-AIDS (Metro Denver Hotline), 1-800-333-AIDS (Statewide Hotline); *All ages; Free*

Community-based nonprofit organization providing education and prevention services—a hotline, speakers' bureau, and outreach to minorities, gay men engaged in high-risk behaviors, prostitutes, and IV drug users. Clients must be HIV-positive and provide documentation from a doctor indicating their condition.

Colorado Alliance for the Mentally Ill, 1100 Fillmore Street, Suite 201, Denver, CO 80206; 303/321-3104; *All ages; Free*

State-level organization of the National Alliance for the Mentally Ill. Referrals, advocacy, education/educational packets and support for families of individuals with major mental illnesses. Public education conducted in several forums, including schools, newspapers, churches and community organizations.

Colorado Coalition for the Protection of Children, 1649 Downing Street, Denver, CO 80218; 303/839-8940; *Adult; Free pamphlets, minimal cost for conferences and membership*

Statewide, nonprofit organization to prevent child abuse and advocate for legislation. No direct services, but communities/schools can be assisted in identifying the need for prevention and how the need can be met. Sponsors an annual conference to which educators are invited and often speak. Public awareness sessions provided through schools, media and other forums. Informational pamphlets.

COLORADO HEALTH EDUCATION RESOURCE DIRECTORY



Colorado Department of Education (C.D.E.)

Colorado Department of Education (C.D.E.), 201 East Colfax Avenue, Denver, CO 80203; *All ages; Free information, minimal cost for conferences, workshops, and trainings*

Child Abuse Prevention, 303/866-6750, 303/866-6785, 303/866-6869

Assists school districts in recognizing/reporting child abuse and neglect and implementing prevention and intervention programs. Recommendations on how to assist child-victim and her/his family. Provides *Action Against Assault*, a sexual assault prevention program designed for children in grades 7-12.

Child Nutrition, 303/866-6661

Monitors statewide school-lunch program. Runs Summer Food Service Program, Special Milk Program, Breakfast Program, Residential Child Care Program, Free and Reduced Program (breakfasts and lunches for children of low-income families). Talent Bank available. Food service and nutrition education training, supervisory assistance for school districts to meet federal and state regulations. Library of films/literature on nutrition, including *Colorado Communique* newsletter.

Colorado Preschool Program, 303/866-6861

Serves four-year old children who live in families where risk factors are present that may slow a child's development.

Comprehensive Health Education, 303/866-6903, 303/866-6785

Encourages every school district to begin or enhance a comprehensive health education program that may reach every child at every grade level for a minimum of 60 hours per year.

Conservation/Environmental Education, 303/866-6787

Health-related inservices on energy efficiency, water and air quality, hazardous and solid wastes.

Dropout Prevention, Children and Youth Competencies, 303/866-6930, 303/866-6863

Assists school districts in attaining statewide attendance, achievement and graduation goals by developing and implementing dropout prevention strategies.

Drug Abuse Resistance Education (D.A.R.E.), 303/866-6660

Institutionalizes drug abuse resistance education as a permanent offering to all Colorado children.

Drug-Free Schools and Communities, 303/866-6766, 303/866-6751, 303/866-6869

Assists school districts in planning, implementing and evaluating prevention programs (including alcohol, tobacco, and other drugs) based on current prevention/intervention research and practice.

Early Childhood Care and Education, 303/866-6781

Administers funds for the establishment/expansion of early childhood development programs and before-and-after school programs for low-income families.



COLORADO HEALTH EDUCATION RESOURCE DIRECTORY

Colorado Department of Education (C.D.E.)

Even Start Family Literacy Program, 303/866-6930

A family-oriented literacy program. Provides early childhood, K-12 and adult education, home-based instruction, staff training, and enrichment activities for economically-disadvantaged families. Evaluations are conducted and a *Family Life Skills Curriculum* has been developed.

High Risk Intervention Unit (H.R.I.U.), 303/866-6861

The unit which provides services addressing the causes and effects of high-risk behaviors.

HIV/AIDS Prevention Education Project, 303/866-6664

Pamphlets, posters, curricula, videos, brochures targeting schools and youth-serving facilities. Resources available in several languages. Assists the targeted populations by providing HIV/AIDS education to staff, students, and parents. Publishes the *HIV/AIDS Update* newsletter.

Homeless Children and Youth, 303/866-6903

Assures that every homeless child and youth has access to a free and appropriate public education.

Parent/School/Community Partnerships, 303/866-6750

Assists school districts in strengthening relationships between school employees, parents, and community members with the goal of promoting student success.

Resource Center, 303/866-6618

Newsletters and videos on child abuse and HIV/AIDS.

Second Chance Programs, 303/866-6930

Alternative education program for 16-21 year old students who left school before graduating and have not gained either their high school diploma or a G.E.D.

Self-Destructive Behavior/Suicide Prevention, 303/866-6869

Addresses the entire destructive continuum including suicide and issues of violence in both the family and schools.

Social-Skills Building, 303/866-6750

Promotes skill-based/experiential learning in schools, communities and families, for the prevention of high-risk behaviors.

Teenage Pregnancy, Parenthood and Prevention, 303/866-6903

Assists school districts and community agencies in developing programs for pregnant teens, teen parents, and teen pregnancy prevention.

COLORADO HEALTH EDUCATION RESOURCE DIRECTORY



Colorado Department of Health (C.D.H.)—Colorado Division of Highway Safety

Colorado Department of Health (C.D.H.), 4210 East 11th Avenue, Denver, CO 80220; *All ages; Free information, minimal cost for conferences, workshops, trainings*

Adolescent Health, 303/331-8360

Resources on teen health issues.

AIDS Information Line, 303/333-4336 (Denver Metro) or 1-800-252-AIDS (Statewide)

Prerecorded messages in English and Spanish: *How AIDS is Spread, How to Protect Yourself, Are You At-Risk?, The HIV Antibody Test, Symptoms and Treatment, Who to Call for More Information.*

Air Pollution, 303/320-8333

Pamphlets, audiovisual cassette program. *Colorado Air Quality Control Program Report to the Public,* plus data report, available in all high school, college, and public libraries.

Alcohol and Drug Abuse Division (A.D.A.D.), 303/331-6530

Information regarding substance abuse and treatment for people throughout Colorado.

Family Health Services, 303/331-8360

Health care services for those who cannot afford care or who require highly specialized care not available in rural areas. Provides preventive services and services for mothers and children.

Prevention Programs, 303/331-8300, 303/331-8293

Programs which reduce preventable death (including suicide), disease, or injury. Film library.

STDs/AIDS, 303/331-8320

Videos, brochures, posters, buttons, films about sexually-transmitted diseases and HIV/AIDS.

Women's, Infants' and Children's (W.I.C.) Nutrition, 303/331-8380

Information for women, infants, and children on prenatal and postnatal nutrition.

Colorado Department of Social Services—Aging and Adult Services Division, 1575 Sherman Street, Denver, CO 80203; 303/866-2580; *All ages; Free*

Process, myths, and realities of aging. Pamphlets, films, speakers' bureau. Film library available.

Colorado Division of Highway Safety, 4201 East Arkansas Avenue #WA 120, Denver, CO 80222; 303/757-9481; *Junior High-Adult; Free*

Driver safety, car seat restraints. Alcohol abuse, drinking and driving, blood alcohol concentration calculators. Pamphlets. Spanish materials.



COLORADO HEALTH EDUCATION RESOURCE DIRECTORY

Colorado Division of Mental Health—Colorado Sickle Cell Association

Colorado Division of Mental Health, 3520 West Oxford Avenue, Denver, CO 80236; 303/762-4088; *All ages; Free to variable cost*

Conferences and workshops to provide mental health training. Referrals to community mental health centers for emotionally disturbed children and adolescents (ask for the Children's Program Specialist), people of all ages with chronic or major mental illness or suffering from psychiatric crisis. Provides *Family Preservation Programs* to prevent out-of-home placement of youths. No direct services.

Colorado Federation of Parents (C.F.P.), 800-345-4YOU (800/345-4968); *Adult; Free*

Denver Office, 6535 South Dayton, Suite 1000, Englewood, CO 80111; 303/792-0951
Main Office, 628 Rood Avenue, Grand Junction, CO 81501; 303/241-1260

Statewide networking organization for parent- and community-based drug prevention programs. Wants to eliminate use of alcohol and other drugs while strengthening the potentials of families and youth. Programs include the *Red Ribbon Program*, *National Red Ribbon Campaign*, *Parenting and Partners* (on-site parenting support and services for parents residing in Denver Public Housing), and *Parenting as Prevention* (which provides a regional training of trainers who, in turn, provide parenting skills training in their own communities). Services include up-to-date printed and audiovisual materials, including legislative updates.

Colorado Organization on Adolescent Pregnancy and Parenting (C.O.A.P.P.), Florence Crittenton School, 2880 West Holden Place, Denver, CO 80204; 303/825-9696; *10-21 years old; Free to minimal cost for conferences*

Provides networking and referrals for programs which work with adolescent pregnancy and parenting.

Colorado Safety Association, 1860 Lincoln Street #30, Denver, CO 80202; 303/863-0011; *All ages; Free to minimal cost*

All aspects of safety: traffic, occupational, home, school, and recreation. Films, slide programs, pamphlets, books on safety topics. Defensive driving programs (available in Spanish).

Colorado School Health Council (C.S.H.C.), Inc., P.O. Box 61378, Denver, CO 80206; 303/343-8310; *All ages; Free*

Nonprofit, voluntary organization incorporated to foster the well-being of Colorado children and youth and to promote comprehensive school health. Membership includes quarterly newsletter, reduced registration fees for Council-sponsored conferences, and a network of school health advocates across Colorado.

Colorado Sickle Cell Association, 2823 Fairfax Street, Denver, CO 80207; 303/333-2606; *Junior High-Adult; Free*

Educational films, slide shows, pamphlets, speakers. Free screening programs.

COLORADO HEALTH EDUCATION RESOURCE DIRECTORY



Colorado Society to Prevent Blindness—Communities for Drug-Free Colorado (C.D.F.C.)

Colorado Society to Prevent Blindness, 3500 East 12th Avenue, Denver, CO 80206; 303/399-8090; *All ages; minimal cost (rental-charge) for films*

Eye health and safety education, preschool vision screening, student vision screening, glaucoma screening, cataract education. Mountain States Eye Bank. Films, pamphlets, speakers, inservice training. Spanish materials available.

Colorado S.T.A.N.D. (Students Taking A New Direction), Colorado State University, Cooperative Extension, Contact: Carmen Luevane, Aylesworth Hall Northwest, Fort Collins, CO 80523; 303/491-6421; *Junior High-High School; Free, to minimal cost for conferences*

Student-based, student-led organization addressing a wide variety of health and safety issues of concern to teens. Annual conference in October. Students identify their own issues at the local level; among those are included: Alcohol/Drug Use and Driving, Seat Belt Safety, STDs/AIDS, Self-Esteem, Teen Parenting, Steroids, Tobacco Use, Chewing Tobacco, "Cruising", Dysfunctional Families, Suicide—Grief and Loss, Gangs, Teen Sexuality, *What It Feels Like To Be A Gay Youth*, Overcoming Peer Pressure, Ethnicity and Diversity, and *D.U.I. Roadside*, which walks teens through what happens when you're caught drinking and driving. *Celebrate Sober*, a six-hour workshop, uses recently-graduated high school seniors (now college freshmen) to promote alternative events to keg-parties and other alcohol-related events, includes students and area resources such as school officials, health care workers, and local police. Offers back-to-school, prom, and graduation packets, health fairs for schools, and *First Night Colorado*, a non-alcohol New Year's Eve party. Trains high schoolers to present the puppet-show, *Bucklebear*, a seat belt safety program for children in preschool through 3rd grade. Offers a wide variety of resource materials, including videotapes.

Colorado State University (C.S.U.)—Extension Services, c/o Food, Nutrition and Health Specialist, 200 Gifford Building, Fort Collins, CO 80523; 303/491-7334; *All ages; Free or at-cost*

Nutrition and health. Films, slide programs, pamphlets, and fact sheets. Speakers, specialized programs. Some Spanish materials.

Colorado Tobacco-Free School Project, Colorado State University, State 4-H Office/Youth Leader Program, Aylesworth Hall Northwest, Fort Collins, CO 80523; 303/491-6421; *All ages; Free*

Resources, supplies, and support to school districts and communities establishing tobacco-free environments. Youths and others are invited to participate in a proactive way to decrease youth tobacco use in schools and communities. Presentations and bulletin board materials. Resource books available: *How to Create a Tobacco-Free School*, *Educational Program for Student/Tobacco Policy Violators*, *Resource Guide: Smoking Cessation Program*, and *Curriculum Ideas for Tobacco Education*. Videos for loan.

Communities for Drug-Free Colorado (C.D.F.C.), 140 East 19th Avenue #100, Denver, CO 80203; 303/894-2750; *All ages; Free*

Provides funds to community groups to establish substance abuse prevention programs for high-risk youth. Can provide community organizers to address substance abuse prevention issues.



COLORADO HEALTH EDUCATION RESOURCE DIRECTORY

Consumer Information Center—Ending Violence Effectively (E.V.E.)

Consumer Information Center—Pueblo, Pueblo, CO 81009; 719/948-3334; *High School-Adult; Catalog is free, pamphlets are free to minimal cost*

Consumer issues, especially health, food and nutrition, and child care. Quarterly catalog of publications of consumer interest in English and Spanish—diet, vitamins, medical quackery, mental health services.

Consumer Product Safety Commission, 721 19th Street, Room 579, Denver, CO 80202; 303/844-2904; *All ages; Free, unless excessive copies are requested*

Product safety information on toys, lawn mowers, bicycles, poisonous substances, etc. Films, slide programs, extensive pamphlets, posters, teacher guides. Inservice training.

Cystic Fibrosis Foundation, 1755 Blake Street, Denver, CO 80202; 303/296-6610; *All ages; Free*

Films, pamphlets, slide presentations.

Delta County Health Department, 103 West 11th Street, Delta, CO 81416; 303/874-9715, 303/874-7773 (FAX); *All ages; Free single copies of publications, sliding-scale fee for other services*

A variety of printed educational materials. Workshops and presentations also available.

Denver Department of Health and Hospitals—Public Health Division, 605 Bannock Street, Denver, CO 80204; 303/436-7200, 303/893-7773 (FAX); *All ages; Free*

Free immunization for children and tuberculosis (T.B.) testing for food-handlers. STDs and AIDS testing clinics. Vital statistics (birth/death certificates) information base. Pamphlets available at each clinic.

Denver Indian Health and Family Services, 1739 Vine Street, Denver, CO 80206; 303/320-3974; *All ages; Free*

Health education, community health services and child welfare for Native Americans. Substance abuse prevention counseling, including *Winyan Wasaka* for Native women and an Indian youth program.

El Paso County Health Department, 501 North Foote, Colorado Springs, CO 80909; 719/578-3199, 719/578-3214 (FAX); *All ages; Variable cost*

Audio-visual and printed materials. Health education for schools, communities, and workplaces. Vaccinations and examinations for children. STD, Women's, Well-Child, and Prenatal Care clinics.

Ending Violence Effectively (E.V.E.), P.O. Box 18212, Denver, CO 80218; 303/322-7010; *Ages 2-1/2 to Adult; Flat fee*

Support services for rape or incest victims who live in Denver metro. Counseling services for persons two and a half years and older. Individual, couple, family, and group therapy starting for children at age five.

COLORADO HEALTH EDUCATION RESOURCE DIRECTORY



Family Focus—Kaiser Permanente

Family Focus, Inc., 1649 Downing Street, Denver, CO 80218; 303/860-0023; *Children birth-12, Adults; Free speakers' bureau, sliding-scale Nurturing Parent Program*

Speakers' bureau. Also provided are the following two programs:

Parent-Aide

Home-based program that involves community volunteers with Denver metro families in which child abuse has occurred or is likely to occur. For families with children under 12.

Nurturing Parent Program

An eight or 23 week program for parents with children aged birth to five. While parents participate in a group to discover new ways to better care for and nurture their children, the children enjoy their own stimulating educational activities.

Hall of Life Health Education Center, 2001 Colorado Boulevard, Denver, CO 80205; 303/329-5433; *All ages; Free to minimal cost*

Provides education about physiology, nutrition, health and wellness, HIV/AIDS. Two tobacco education programs—*No Puffin'* for 4th-6th graders, and *Tar Wars* for 5th graders. Exhibits, health education classes for children and seniors. Mobile teaching van. Student, parent, and teacher education. Spanish materials.

Heartbeat Hotline, 2015 Divan Street, Colorado Springs, CO 80909; 719/596-2575; *All ages; Free*
Suicide prevention.

Jefferson County Department of Health and Environment, 260 South Kipling Street, Lakewood, CO 80226; 303/239-7151, 303/239-7088 (FAX); *All ages; Variable cost*

Health education workshops. HIV/AIDS education, family planning, substance abuse counseling. Teen sources on *Self Esteem, Life Skills, Diet and Nutrition*, and *Human Sexuality*. Video tapes, printed material.

Kaiser Permanente, c/o Community Medicine, 10350 East Dakota Avenue, Denver, CO 80231-1314; 303/344-7256; *K-12; Free*

Call for posters and handouts about the following telephone message programs:

Kid Talk, for children; topics include *Saying No* (to drugs, smoking, and alcohol), *Stranger Safety*, and *Good Touching, Bad Touching*

Teen Talk, for teens; topics include *Myths About Sex, Teen Relationships, Drugs, Anorexia and Bulimia*.

Kaiser also produces the theatrical production, *Secrets*, which exposes the activities which can lead to HIV-infection/AIDS and the consequences of contracting the AIDS virus. *Secrets* is designed for teenagers and concludes with a frank discussion-period between the actors and audience.



COLORADO HEALTH EDUCATION RESOURCE DIRECTORY

Kempe Center—Mesa County Health Department

Kempe Center (see listing under C. Henry Kempe Child Abuse Prevention and Treatment Center)

Kidney Foundation, 1805 South Bellaire Street, Suite 301, Denver, CO 80222; 303/759-5151; *All ages; Free to minimal cost*

Dialysis, kidney transplants, warning signs of kidney disease, organ donor program. Films and pamphlets. Self-help groups for patients.

Larimer County Health Department, 363 Jefferson Street, Fort Collins, CO 80524; 303/498-6700, 303/484-4915 (FAX); *All ages; Free brochures, sliding-scale cost for immunizations and testing*

Workshops, educational materials, immunizations, and consultations. HIV and pregnancy testing.

Las Animas/Huerfano Counties District Health Department, 412 Benedicta Avenue, Trinidad, CO 81082; 719/846-2213, 719/846-2752 (FAX); *Birth-19 and limited adult care; Free for educational materials, sliding-scale cost for other services*

Educational materials, general clinical care and testing.

March of Dimes, 1325 South Colorado Boulevard, Suite B508, Denver, CO 80222; 303/692-0011; *All ages; Free*

Prenatal care, birth defects, genetics, parenting, family and community health. Films, slide shows, pamphlets, curriculum guides, classroom teachers, inservice training. Spanish materials.

Medical Care and Research Foundation, 1420 Ogden Street, Denver, CO 80218; 303/831-0267; *Adult; Free in metro Denver, negotiable statewide*

General and senior health. Speakers' bureau.

Mental Health Association of Colorado, 1391 North Speer Boulevard, Suite 350, Denver, CO 80204; 303/595-3500 (metro Denver), 800/456-3249 (outside Denver area); *All ages; Free to minimal cost*

Mental health—including stress management, suicide. Films, slide programs, pamphlets, classroom speakers, teacher inservice. Some Spanish materials.

Mesa County Health Department, 515 Patterson Road, Grand Junction, CO 81506; 303/248-6927 or 303/248-6928; *All ages; Free to sliding-scale cost*

Health (especially STDs/AIDS) education for schools and communities. Resource materials on STDs/AIDS, smoking, and blood pressure control. Works with *Young Parents Program* for teen pregnancy prevention, and with other organizations for injury prevention and substance abuse prevention. CPR and First Aid training. *Well Child Programs* provide examinations and developmental screening for children Birth-18.

COLORADO HEALTH EDUCATION RESOURCE DIRECTORY



Metropolitan Life Insurance Company—National Clearinghouse on Child Abuse and Neglect

Metropolitan Life Insurance Company, 999 18th Street #2780, Denver, CO 80202; 303/298-1668; *All ages; Free to minimal cost*

Personal and family health, health risks, nutrition and fitness, safety and first aid. *Health and Safety Education Catalog* of leaflets, posters, films, and video cassettes (through national office: Metropolitan Life, Department M, 1 Madison Avenue, New York, NY 10010). Pamphlets, window stickers in case of fire for invalids and children, bumper stickers.

Multiple Sclerosis Society of Colorado, 455 Sherman Street #450, Denver, CO 80203; 303/733-5008; *All ages; Free*

Multiple sclerosis (M.S.) information for patients and family. Handouts, inservice programs, and speakers.

Muscular Dystrophy Association of America, 720 South Colorado Boulevard #450, Denver, CO 80222; 303/691-3331; *Adult; Free*

Films, slide shows, books, pamphlets. Fund-raising information. Spanish materials.

National AIDS Information Clearinghouse, P.O. Box 6003, Rockville, MD 20849-6003; 800/458-5231; *All ages; Free to minimal cost*

Provides AIDS services and educational materials, including a price list and catalogue of available publications. A *Clinical Trials Information Service* and a *Business Responds to AIDS* resource service also provided. The toll-free "800" service is English/Spanish bilingual.

National Center for the Prevention and Control of Rape, National Institute of Mental Health (N.I.M.H.), Department of Health and Human Services, Parklawn Building, Room 6C-12, 5600 Fishers Lane, Rockville, MD 20857; 301/443-3728; *Adult; Free*

Primarily a research organization that provides funds for organizations confronting the following issues related to rape/sexual assault: law, interpersonal violence, and perpetrators.

National Clearinghouse for Alcohol and Drug Information, P.O. Box 2345, Rockville, MD 20852; 800/729-6686; *Adult; Free*

Wide variety of prevention materials for both teachers and students. Information about illegal drugs, and alcohol, and their physical and psychological effects. Catalogue is available.

National Clearinghouse on Child Abuse and Neglect, P.O. Box 1182, Washington, D.C. 20013; 800/394-3366 or 703/821-2086; *Adult; Free to minimal cost*

Offers a bibliography on teachers' roles and responsibilities for reporting child abuse and neglect. Free catalogue and public awareness information; also, user manuals, posters, and catalogue of audio-visual materials. Combination of free and fee-for-service publications.



COLORADO HEALTH EDUCATION RESOURCE DIRECTORY

National Coalition of Hispanic Health and Human Services (C.O.S.S.M.H.O.)--National Institute of Drug Abuse

National Coalition of Hispanic Health and Human Services Organizations (C.O.S.S.M.H.O.), 1501 16th Street Northwest, Washington, D.C. 20036; 202/837-5000 or 202/797-4353 (FAX); *Adult; At-cost or below-cost*

National organization for improving health and human services for Hispanics and all Hispanic subgroups. Provides national demonstration programs on teen pregnancy, AIDS, and chronic disease prevention. Also provides policy, research, and information dissemination. Publications list available upon request.

National Committee for the Prevention of Child Abuse, 332 South Michigan, Suite 1600, Chicago, IL 60604; 312/663-3520 or 800/835-2671 (publications); *Adult; Variable cost*

Volunteer-based organization involving all concerned citizens in actions to prevent child abuse, particularly through enhancing public awareness, education, and research. Resource materials available. Referrals to local chapters for victims of child abuse needing treatment.

National Crime Prevention Council, 1700 K Street Northwest, 2nd Floor, Washington, D.C. 20006-3817; 202/466-6272; *All ages; Free to minimal cost*

Curricula and youth-led activities to prevent crime. *Teens, Crime, and Community*, an infusion curriculum for Middle School students, is now used in housing projects—it emphasizes refusal skills and not blaming the victim. *Youths as Resources Against Drugs* and *Teens as Resources Against Drugs* combat substance abuse. Programs encouraging communities to establish *Youth for Youth* grants. Publishes *Charting Success*, which suggests how to plan youth-led activities, and *Starting Something, Stopping Something*, a violence-prevention guide. Puppet shows and kits for elementary students. Brochures, pamphlets and videos offered. Sponsors of the National Crime Prevention Month, McGruff is their logo.

National Criminal Justice Reference Service (N.C.J.R.S.), P.O. Box 6000, Rockville, MD 20850; 301/251-5500 or 800/851-3420 (Main Numbers), 800/732-3277 (Justice Statistics), 800/638-8736 (Juvenile Justice), 800/627-6872 (Victims Assistance), 800/688-4252 (Justice Assistance); *Adult; Free-minimal cost*

Offers several clearinghouses: the *Juvenile Justice Clearinghouse*, the *National Victims Assistance Resource Center*, the *Bureau of Justice Assistance Clearinghouse*, and the *Bureau of Justice Statistics Clearinghouse*. Subject specialists and a large database for literature searches are available. Some printed materials.

National Health Information Clearinghouse, P.O. Box 1133, Washington, D.C. 20013; 800/336-4797; *Junior High-Adult; Free*

Information and referral service. Directory of toll-free numbers for key agencies supplied on request. Catalog of Spanish publications and audiovisual materials, and a list of items available in Indo-Chinese languages.

National Institute of Drug Abuse, 11426 Rockville Pike, Suite 410, Rockville, MD 20852; 800/662-HELP (800/662-4357); *All ages; Free*

Referral center for alcohol and drug abuse treatment centers across the United States. Also provides referrals to a variety of support groups, and posters and written information about different drug addictions.

COLORADO HEALTH EDUCATION RESOURCE DIRECTORY



National Institute of Mental Health (N.I.M.H.)—National Safety Council

National Institute of Mental Health (N.I.M.H.), United States Department of Health and Human Services, 5600 Fishers Lane, Room 15 C 05, Rockville, MD 20857; 301/443-4513; *Adult; Free (single copies of publications)*

Will answer public inquiries regarding mental health issues. Publications on various mental illnesses, including, but not limited to: depression, panic disorder, schizophrenia, and obsessive/compulsive behaviors. Other publications include *The Consumer's Guide to Mental Health Services*, and *You Are Not Alone*, a general guide to determining when treatment is necessary for a mental illness.

National Mental Health Association (N.M.H.A.), 1021 Prince Street, Alexandria, VA 22314-2971; 703/684-7722 or 800/969-NMHA (800/969-6642); *Adolescent-Adult; Free to minimal cost*

Public education, database of referrals and resources, prevention clearinghouse. Legal advocacy to protect the rights of those with mental illness. Written materials include *Feelings and Your Child*, a 14-pamphlet series designed for parents with pre-adolescent children, pamphlets for teens—*Teen Stress* and *Teen Self-Esteem*, and pamphlets about teens designed for parents, educators, counselors and other concerned adults—*Adolescent Depression* and *Adolescent Suicide*. Chapters across the U.S., including Colorado.

National Network of Runaway and Youth Services, Inc., 1400 I Street Northwest, Suite 330, Washington, D.C. 20005; 202/682-4114, 800/878-AIDS (HIV/AIDS Hotline); *Adolescent-Adult; Free to minimal cost*

Public education on effective programs and policies designed to improve communities' abilities to provide cost-effective and appropriate emergency shelter and child protection. Information on family preservation, health care, educational, vocational, transitional living, and juvenile justice services to young people. Conducts an annual symposium. Represents over 900 agencies that serve runaway, homeless and other high-risk youth and their families. Educational materials, training, technical assistance, and information about model programs. Sponsored programs include *Safe Choices*, an HIV/AIDS prevention training, and *Youth Reaching Youth*, which involves adolescents in preventing and reducing alcohol and other drug use among their high-risk peers. *YouthNet*, a telecommunications system, includes 130 agencies that provide information regarding runaway and homeless youth. Clearinghouse and library. Can provide referrals.

National Resource Center on Child Sexual Abuse, 107 Lincoln Street, Huntsville, AL 35801; 800/KIDS-006 (800/543-7006); *Adult; Free to minimal cost*

Assists professionals who work in the field of child sexual abuse and need pertinent information. Resources, training, technical assistance, publications, access to relevant articles. Helps professionals network, both locally and nationally. Referrals and a directory of treatment services.

National Safety Council, 1121 Spring Lake Drive, Itasca, IL 60143; 800/621-7615 or 708/285-1121; *All ages; Variable costs*

First Aid and CPR Institute provides extensive training. Information addressing many health and safety concerns: hygiene, general health and wellness, HIV/AIDS, defensive driving, home safety, and substance abuse, CPR and First Aid. Publications include a comprehensive catalog, a quarterly publication, *Family Safety and Health*, the *Child Alone* booklet for parents and educators, and a *Safety Calendar*. Discounts are available with membership, and special, lower-priced memberships are available for educators.



COLORADO HEALTH EDUCATION RESOURCE DIRECTORY

Northeast Colorado Health Department—People of Color Consortium Against AIDS (P.O.C.C.A.A.)

Northeast Colorado Health Department, 700 Columbine Street, Sterling, CO 80751; 303/522-3741, 303/522-3077 (FAX); *All ages; Free to minimal cost*

Presentations for schools on HIV/AIDS, teen pregnancy and other relevant topics. Workplace health presentations, booths at Health Fairs. Pamphlets and other printed materials.

Otero County Health Department, County Courthouse, La Junta, CO 81050; 719/384-2584; *All ages; Free to minimal cost*

Clearinghouse for educational resources. Occasionally conducts workshops, pregnancy classes, and CPR instruction. Immunizations, blood pressure testing, pregnancy testing. Well-Child examinations.

Parent/Teacher Association (P.T.A.); *All ages; Minimal cost*

Colorado P.T.A., 7521 West 38th Avenue, Wheat Ridge, CO 80033; 303/422-2213

National P.T.A., 700 North Rush Street, Chicago, IL 60611; 312/787-0977

Parenting and sex education, STDs, children's emotional health, smoking, alcohol, drugs, safety, television viewing skills. Films, pamphlets, classroom speakers, teacher inservice, resource library.

Parents Anonymous; *Adult; Free*

National Office, 6733 South Sepulveda Boulevard, Suite 270, Los Angeles, CA 90045; 800/775-1134 (Referrals)

Colorado Office, c/o El Paso County Health Department, 501 North Foote Avenue, Colorado Springs, CO 80909; 719/578-3211 (ask for Rita Wiley)

Denver Parent Support Warmline; 303/695-7996

Support group for parents at-risk of abusing their children. Parent support warmline. Training provided.

PEAK Parent Center, 6055 Lehman Drive, Suite 101, Colorado Springs, CO 80918; 800/284-0251; *Adult; Free, except minimal cost for conferences*

A statewide agency for parents of children who have disabilities, educators, social service and health care providers. Supplies useful information and workshops, locates service/resource options for parents in Colorado communities, trains selected parents to help other parents, and provides factual insights on current issues to statewide disability associations through the *PEAK ALLIANCE*.

People of Color Consortium Against AIDS (P.O.C.C.A.A.), 770 Grant Street, Suite 218, Denver, CO 80203; 303/894-9635; *All ages; Free to minimal cost*

Provides HIV/AIDS education in communities of color, including culturally-sensitive printed materials, speakers, videotapes, presentations, and outreach work. An advocate for AIDS issues of particular concern for people of color.

COLORADO HEALTH EDUCATION RESOURCE DIRECTORY



Planned Parenthood of the Rocky Mountains—Rocky Mountain Center for Health Promotion and Education (R.M.C.H.P.E.)

Planned Parenthood of the Rocky Mountains—Educational Resource Center, 919 East 14th Avenue, Denver, CO 80218; 303/830-8906, 800/322-1020 (*CALL FIRST Hotline*); *All ages; Free*

Family planning, sex education, parenting, sexuality and the retarded, incest. *CALL FIRST* hotline provides honest answers for teens on sex, pregnancy, and birth control. Confidential information on pregnancy prevention, birth control, STDs, HIV/AIDS, sexuality concerns. Referral for health care. Films, speakers, inservice teacher training. Spanish materials.

Prevention Center, 4760 Walnut #106, Boulder, CO 80301-2561; 303/443-5696, 303/443-4374 (FAX); *All ages; Free to minimal cost*

Alcohol and drug-abuse prevention. Resource center, videos, trainings, brochures, pamphlets. Offers the *Alcohol, Drugs, Driving and You (A.D.D.Y.)* curriculum, an impaired-driving prevention program with both teacher and student manuals.

Public Service Company of Colorado (P.S.C.)—Information Department, P.O. Box 840, Denver, CO 80201; *All ages; Free*

Electrical safety and general safety (including natural radiation, safety in teaching labs, accident prevention). Films, comic books, pamphlets, speakers.

Pueblo City/County Health Department, 151 Central Main Street, Pueblo, CO 81003; 719/544-8376, 719/549-1289 (FAX); *All ages; Free*

Assists schools in providing comprehensive health education. Speakers' bureau available to schools and agencies serving high-risk youth for topics of HIV/AIDS, abstinence, contraceptives, birth control, teen pregnancy, date rape, refusal skills, or decision-making and goal-setting. Houses the *Pueblo Coalition of Adolescent Health (P.C.A.H.)*—a guest-speakers' bureau, and a *Family Planning Unit*.

Rape Awareness and Assistance Program (R.A.A.P.), 640 Broadway #112, Denver, CO 80203; 303/329-9922 (Administration), 303/322-7273 (English Hotline), 303/329-0031 (Spanish Hotline), 303/329-0023 (TTD Hotline for the Hearing Impaired); *All ages; Free to minimal cost*

In-person group counseling for adult women (special groups for African/American and Latina women) who have experienced sexual assault, including incest. 24-hour rape crisis hotlines available to all (women and men, all ages) in need. Women-only self-defense courses available to adult women and adolescent women 13-17 with parental consent. Referrals provided for individual counseling or for victims of ritual abuse. Brochures available. School-based *Abuse Prevention Training Program* offered.

Rocky Mountain Center for Health Promotion and Education (R.M.C.H.P.E.), 7525 West 10th Avenue, Lakewood, CO 80215; 303/239-6494, 303/239-8428 (FAX); *Adult; Variable cost*

Regional center specializing in training school staff on the comprehensive health education curricula, *Growing Healthy* for grades K-6, and *Teen Health Teaching Modules (THTM)* for grades 7-12 which includes sections on HIV/AIDS and violence prevention. Offers the sexuality curricula, *Healthy Sexuality* for grades 6-8, and *Understanding Sexuality* for grades 9-12. Also offers the *Seat Belts Save Lives* curriculum.



COLORADO HEALTH EDUCATION RESOURCE DIRECTORY

Rocky Mountain Drug Consultation Center—University of Colorado Health Sciences Center (U.C.H.S.C.)

Rocky Mountain Drug Consultation Center, 645 Bannock Street, Denver, CO 80204; 303/893-DRUG or 800/332-6475; *Adult; Free*

Not a drug abuse center. Can answer drug-related questions or problems. Pamphlet on medications.

Rocky Mountain Poison Center, 645 Bannock Street, Denver, CO 80204; 303/629-1123 or 800/332-3073; *All ages; Free*

Films, slide programs, fact sheets, phone stickers, speakers, inservice training, emergency action card (also available in Spanish).

San Juan Basin Health Department, P.O. Box 140, 3803 Main Street, Durango, CO 81302; 303/247-5702; *All ages; Free*

Workshops, printed materials, school presentations (K-12). Consultation for work site education.

Students Taking A New Direction (S.T.A.N.D.) (See listing under **Colorado S.T.A.N.D.**)

Suicide Prevention Center—Pueblo, 801 North Santa Fe, Pueblo, CO 81003; 719/544-1133 (adult hotline), 719/544-5525 (teen hotline), or 719/545-2477 (office); *All ages; Free, though prevention education outside Pueblo County will incur minimal costs*

Two suicide prevention hotlines. Referrals and pamphlets. Suicide prevention education for schools.

Tel-Med, 8300 West 38th Avenue, Wheat Ridge, CO 80033; 303/425-1300; *Junior High-Adult; Free (unless calling long distance)*

Prerecorded phone messages ranging from 2-7 minutes on over 300 current health concerns and topics ranging from alcohol to sex. Catalog available upon request.

Tri-County District Health Department, 7000 East Belleview, Suite 301, Englewood, CO 80111-1628; 303/220-9200, 303/220-9208 (FAX); *All ages; Free pamphlets; minimal cost for other services*

Pamphlets, videotapes, information referrals, and community presentations, including *Newborn Basics*, a parenting class for those who reside or work in the tri-county area (Adams, Arapahoe and Douglas counties).

University of Colorado Health Sciences Center (U.C.H.S.C.), 4200 East 9th Avenue, Box B-121, Denver, CO 80262; 303/270-7014; *Junior High-Adult; Free to minimal cost*

Genetics Unit

Genetic disorders, birth defects, environmental aspects of development. Curricula packets for Junior/Senior high school biology. Slides, pamphlets, speakers, professional workshops.



Obstetrics and Gynecology

Information on pregnancy, generally, and also on pregnancy and sexually-transmitted diseases, including HIV.

Weld County Health Department, 1517 16th Avenue Court, Greeley, CO 80631; 303/353-0586, 303/356-4000 ext. 4331 (FAX), 303/623-6031 (Denver line); *All ages; Free to sliding-scale and flat-rate costs*

A variety of educational services. Can provide technical assistance in policy development and development of educational programs. Audio-visual loan library, pamphlets. Clinical services include family planning, an STD clinic, HIV/AIDS counseling and testing, a prenatal clinic, and school immunization.

Western Dairy Council, 12450 North Washington, Thornton, CO 80241; 303/451-7711; *All ages; Free to minimal cost*

Nutrition education. Posters, student booklets, pamphlets, newsletters, videotapes, catalog, K-12 curricula, speakers' bureau, workshops. Spanish materials.

Youth Development International—National Youth Crisis Hotline, P.O. Box 178408, San Diego, CO 92177; 800/HIT-HOME (800/448-4663) — Hotline, 619/292-5683 (office); *Adolescent; Free*

24-hour hotline for any crisis, including, but not limited to: suicide, depression, physical and/or sexual abuse, drug abuse, loneliness, runaway issues, teen pregnancy, and mental health issues. Especially for teens. Local referrals can be provided for most of these crises. Referrals to runaways of shelters and churches that can provide assistance; can also help runaways contact their families.



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Appendix A—Acronyms



Certain organizations may be better-known by their acronyms than by their full names. Please use this list to reference the name of the organization you wish to locate. Also included are relevant acronyms in common public usage, i.e. "AIDS" (acquired immunodeficiency syndrome).

- A.A.** (Alcoholics Anonymous)
- A.A.A.** (American Automobile Association or Triple A)
- A.C.E.** (AIDS Coalition for Education)
- A.D.A.D.** (Alcohol and Drug Abuse Division—Colorado Department of Health)
- A.D.D.Y.** ("Alcohol, Drugs, Driving and You"—Prevention Center)
- A.I.D.S.** (acquired immunodeficiency syndrome)
- A.S.H.A.** (American School Health Association)
- C.A.P.** (Colorado AIDS Project)
- C.D.C.** (Centers for Disease Control)
- C.D.E.** (Colorado Department of Education)
- C.D.F.C.** (Communities for Drug-Free Colorado)
- C.D.H.** (Colorado Department of Health)
- C.F.P.** (Colorado Federation of Parents)
- C.O.A.P.P.** (Colorado Organization on Adolescent Pregnancy and Parenting)
- C.O.S.S.M.H.O.** (National Coalition of Hispanic Health and Human Services Organizations)
- C.P.R.** (cardiopulmonary resuscitation)
- C.S.H.C.** (Colorado School Health Council)
- C.S.U.** (Colorado State University)
- D.A.R.E.** (Drug Abuse Resistance Education—Colorado Department of Education)
- D.S.S.** (Colorado Department of Social Services)
- D.U.I.** (driving under the influence)
- E.V.E.** (Ending Violence Effectively)
- G.E.D.** (graduate equivalency diploma)
- H.I.V.** (human immunodeficiency virus)
- H.R.I.U.** (High-Risk Intervention Unit—Colorado Department of Education)
- M.S.** (multiple sclerosis)
- N.C.J.R.S.** (National Criminal Justice Reference Service)
- N.I.M.H.** (National Institute of Mental Health)
- N.M.H.A.** (National Mental Health Association)
- P.C.A.H.** (Pueblo Coalition for Adolescent Health)
- P.O.C.C.A.A.** (People of Color Consortium Against AIDS)
- P.S.C.** (Public Service Company of Colorado)
- P.T.A.** (Parent/Teacher Association)
- R.A.A.P.** (Rape Awareness and Assistance Program)
- R.M.C.H.P.E.** (Rocky Mountain Center for Health Promotion and Education)
- S.T.A.N.D.** (Colorado Students Taking A New Direction)
- S.T.D.** (sexually-transmitted disease)
- T.B.** (tuberculosis)
- T.H.T.M.** (Teen Health Teaching Modules)
- T.T.D.** (touch-tone dial)
- U.C.H.S.C.** (University of Colorado Health Sciences Center)
- W.I.C.** (Women's, Infants' and Children's Nutrition, Colorado Department of Health)

Health Education Resource Directory



Appendix B—Hotlines



AIDS Information Line

Denver Metro, 303/333-4336
Statewide, 800/252-AIDS (800/252-2437)

Alcoholics Anonymous

303/322-4440

Alanon

(alcoholism/women)
303/321-8788

Alateen

(alcoholism/teenagers)
303/321-8788

Boulder County Emergency Psychiatric Services

(crisis line)
303/447-1665

CALL FIRST (Planned Parenthood of the Rocky Mountains)

800/322-1020

Cocaine Hotline

800/COCAINE (800/262-2463)

Colorado AIDS Project

Metro Denver, 303/830-AIDS (303/830-2437)
Statewide, 800/333-AIDS (800/333-2437)

Heartbeat Hotline

(suicide prevention)
719/596-2575

HIV/AIDS Hotline

800/878-AIDS (800/878-2437)

Kid Talk

(drugs, tobacco, alcohol, stranger safety,
good touching/bad touching)
303/344-7256

National AIDS Hotlines

English, 800/342-AIDS (800/342-2437)
Spanish, 800/344-SIDA (800/344-7432)
Hearing Impaired, 800/243-7889

National Institute of Drug Abuse

800/662-HELP (800/662-4357)

National Youth Crisis Hotline

800/HIT-HOME (800/448-4663)

Parents Anonymous

(child abuse)
Colorado Office, 719/578-3211 (ask for
Rita Wiley)
Denver Parent Support Warmline, 303/
695-7996
National Office, 800/775-1134

Rape Awareness and Assistance Program (R.A.A.P.)

English, 303/322-7273
Spanish, 303/329-0031
Hearing Impaired, 303/329-0023

STD National Hotline

(sexually-transmitted diseases)
800/227-8922

Suicide Prevention Center

Adult, 719/544-1133
Adolescents, 719/544-5525

Teen Talk

(sexuality, teen relationships, drugs,
anorexia and bulimia)
303/344-7256

Tel-Med

(general health)
303/425-1300



Colorado State Board of Education

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Fifth Congressional District
Second Congressional District
Third Congressional District



Mission of the Colorado State Board of Education

The mission of the State Board of Education is promoting attainment of the state goals for Colorado public education. Working with all Colorado citizens, the State Board of Education is dedicated to:

- Encouraging all students to attain their highest social and academic potential;
- Promoting and enabling variability in methods of reaching the goals;
- Establishing rules that will enable and promote effective restructuring of schools;
- Closing the gaps between policy, research, and practice;
- Improving the quality of education for teachers, administrators, and librarians; and
- Enhancing lifelong learning through access to information, quality libraries, and adult literacy services.



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