



**FLORIDA DEPARTMENT OF CORRECTIONS
SUBSTANCE ABUSE PROGRAMS**

**DRUG ABUSE TREATMENT RESOURCE CENTER
DATRC**

RESOURCE GUIDE

144311

U.S. Department of Justice
National Institute of Justice

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February 1993

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Policies and Procedures for Borrowing DATRC Materials

The Drug Abuse Treatment Resource Center (DATRC) office has video cassettes, audio cassettes, books, journals, and variety of substance abuse research articles available for use by Department of Corrections personnel. Any/all materials requested should be ordered, utilized, and returned according to the following outlined procedures.

A. Videos

- (1) The requesting personnel should contact the DATRC office initially by telephone with the following information: Who is requesting the materials. The address to where they would be sent. The specific titles or the general topics of the video/s requested. What the video/s will be used for (staff training, treatment groups, seminars, etc.) The specific dates desired. Any alternative selections if the specific materials are unavailable. Please note: Even though you request video(s) on a certain date it doesn't necessarily mean you will receive the video(s) on the requested date due to one or/both of the following reasons: 1.) Others are on the waiting list for the requested video, remember first come first served. 2.) The video(s) is out of the office the day of your request.
- (2) Due to the high demand for materials, requests must be received ten (10) working days prior to the date desired.
- (3) DATRC will confirm if the video/s are available for the dates requested and will send them out when they become available.
- (4) All videos are due back to DATRC within five (5) working days of the specific date the video/s were requested for use.
- (5) Any extension of the loan time frame must be made in advance and will be granted or denied based on Department need. Many facets of Department of Corrections programs are competing for a limited amount of resources. In an all things equal situation, the request serving the greatest number would be given first priority.
- (6) Custody and care of the video is the responsibility of the receiving employee upon receipt of the video.
- (7) Videos are to be utilized for Department of Corrections purposes only. This would include public service presentations, open houses, or any related function between Department of Corrections and the public.

- (8) Videos are to be returned via certified mail. No Exceptions. The Department of Corrections employee should retain the mail receipt for thirty (30) days in case verification is required. All videos sent by other means and lost will be the financial responsibility of the borrowing office/institution.
- (9) No more than three (3) videos may be checked out at one time. Requests for an exemption to this policy due to special circumstances should be forwarded in writing to DATRC with details.
- (10) Copying videos without the expressed written approval of the copyright assignee is prohibited by Federal law.
- (11) For requests over five (5) items please send in writing. No Exceptions.

B. Audio Cassettes

- (1) Requests for cassettes may be made to DATRC via telephone, mail, or DC mail with the same information as required in A1.
- (2) Cassettes, if available, will be sent within five (5) working days or you will be placed on the waiting list.
- (3) Cassettes are due back within seven (7) working days of receipt.
- (4) For extension of loan time see A5.
- (5) Custody and care, same as A6.
- (6) Cassettes should be returned as outlined in A8.

C. Written Material

- (1) Requests, see B1.
- (2) Books and/or journals, if available, will be sent within five (5) working days.
- (3) Materials are due back within twenty (20) working days of receipt.
- (4) Extension of loan time, see A5.
- (5) Custody and care, same as A6.
- (6) Return of material, same as A8.

D. Articles

All articles may be kept by the recipient.

E. Additional Guidelines

1. Books and/or audio cassettes are limited to two per request period. When they are returned you may request up to the allowable limit again. This is to facilitate a greater distribution availability of our resources to the largest number of requesting staff as possible.
2. The Books will have a "B" before the number in the listings. All other written materials are articles or pamphlets which do not have to be returned.
3. Personnel who are consistently truant in returning materials will be denied further use of materials. This is an unfortunate necessity in that a small segment of personnel have been weeks/months late in returning materials. This type of negligence is unfairly penalizing our many responsible personnel and will not be tolerated.
4. Treatment staff contracted with DOC to provide services at our facilities must order materials through a DOC employee at their institution. This designee may be any full-time permanent employee. This is necessitated to insure compliance with policies and procedures concerning state-owned/DOC property. We have designed an order form to facilitate this process. The form will also be for use by DOC staff in general.
5. Due to Florida Department of Corrections policy concerning state owned materials, we are unable to provide non-state of Florida agencies with videos, books or audios. A listing of where we purchased our various materials is available upon request. We can provide some written as well as specific information concerning our substance abuse programs, also upon request.

**FLORIDA DEPARTMENT OF CORRECTIONS
SUBSTANCE ABUSE PROGRAMS
DRUG ABUSE TREATMENT RESOURCE CENTER (DATRC)**

R E Q U E S T F O R M

REQUESTOR _____ PHONE NUMBER _____

FACILITY _____ DATE OF REQUEST _____

<u>DATRC USE ONLY</u>	P	PICKED UP
MAILING DATE: _____ DUE DATE: _____	W	WAITING LIST
CMRRR #: _____ HANDLED BY: _____	M	MAILED
	H	HAND DELIVERED

#	TITLE OF VIDEO(S)	CODE
1		
2		
3		
4	ALTERNATE:	

#	TITLE OF BOOK(S)	SEQUENCE #	CODE
1			
2			
3	ALTERNATE:		

#	TITLE OF AUDIOCASSETTE(S)	CODE
1		
2		
3	ALTERNATE:	

Note: All requests should be mailed to: Florida Department of Corrections, Substance Abuse Programs, 2601 Blair Stone Road, Tallahassee, FL 32399-2500, Attention: DATRC. (There is no limit on requesting pamphlets, be sure to include sequence number.)

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- 102.16 Luchemos Contra El De Las Drogras (Let's All Work
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- B102.18 Use of Selected Drugs Among Hispanics (NIDA)
- 102.19 Alcoholism Treatment Indicators Among Hispanics in
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- 102.2 Los Opiatos (The Opiates) - NIDA
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- 102.3 Sedantes - Hipnoticos (Sedative - Hypnotics) - NIDA
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- 102.6 El Cuidado De Su Bebe Antes Del Nacimiento (Beware
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- 102.7 Hispanic Parents Kit for Helping Their Children
Avoid Drugs/Alcohol - NCADI -1989
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- 102.9 Hispanics: A Special Population with Special Needs
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- B108.15 ACOA. Common Characteristics
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- B108.22 The Magical Child Within You
- B108.23 A Design for Growth. How the Twelve Steps Work for
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- B108.25 Hope, New Choices and Strategies for ACOA's
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- B108.27 Beyond the Illusion, Choices for ACOA's

B108.28 Children of Alcoholism. A Survivor's Manual
 B108.29 A Workbook for Healing (ACOA)
 B108.3(2) 12 Steps to Self-Parenting for Adult Children
 B108.31 With Gentleness, Humor and Love. A 12 Step Guide
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 B108.32 The Self-Sabotage Syndrome. Adult Children in the
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 B108.33 A Workbook for Children of Alcoholics (ages 6-11)
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- B112.14 Perfect Parenting and Other Myths - New Ways to Encourage Responsible, Cooperative - and Happy Children
- B112.15 Parents Recover Too. When Your Child Comes Home from Treatment
- B112.16 Prisons and Kids. Programs for Inmate Parents
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- B112.25 Traits of a Happy Family
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- 112.3 Teach Your Children Well: A Parents Guide to Drug Abuse Prevention
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121.4 Forgiveness, The Power and The Process
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B122.17 Stairway to Serenity. The Eleventh Step
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122.2 12 Steps and 12 Traditions. A Study Guide
B122.21 The Twelve Steps. A Way Out
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- B124.11 The Group Leader's Handbook
- 124.12 How to Get the Most Out of Group Therapy
- B124.13 Drug and Alcohol Abuse. A Clinical Guide to Diagnosis and Treatment
- B124.14 Intentional Interviewing and Counseling
- B124.15 The Skilled Helper. A Systematic Approach to Effective Helping
- B124.16 Therapist's Guide for Alcoholism Treatment
- B124.17 Conducting Support Groups for Students Affected by Chemical Dependency
- B124.18 The Handbook of Rational Self Counseling
- B124.19 The Complete Handbook of Peer Counseling
- B124.2 On Becoming a Health and Human Services Manager. A Practical Guide for Clinicians and Counselors
- B124.21 Clinical Decision Making in Behavior Therapy
- B124.22 The Counselor's Guide to Confidentiality
- B124.23 Ethics for Addictions Professionals
- B124.24 ✓ Theory and Practice of Counseling and Psychotherapy
- B124.25 Conducting Group Therapy With Addicts
- B124.26 The Family Crucible. The Intense Experience of Family Therapy
- B124.27 Transformers. The Therapists of the Future
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- B124.29 ✓ Rational Behavior Therapy
- 124.3 A Rational Counseling Primer
- B124.31(2) ✓ Reality Therapy
- 124.32(2) ✓ Rational Emotional Therapy: User's Guide
- B124.33 How To Communicate in Sobriety
- 124.35 Direct Treatment of a Symptom
- 124.36 The Myth of Therapy. An Interview with Maverick Psychologist James Hillman
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- 124.48 Shame: Thoughts, Feelings, Actions
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- B124.53 The Family Crucible. The Intensive Experience of Family Therapy
- B124.54 Counseling the Alcoholic Group
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- B124.56 The Emotional Hostage. Rescuing Your Emotional Life
- B124.57 Family Therapy of Drug and Alcohol Abuse
- B124.58 ✓ Cognitive Therapy of Personality
- B124.59 Changing The Rules: A Client-Directed Approach To Therapy
- 124.6 Getting Rid of Resentments
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- B124.62 ✓ Theory and Practice of Brief Therapy

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- 125.11 Understanding Yourself and the Choices that Are Yours. A Workbook for Inmates
- 125.12 Identification of Drug Abusing Offenders: A Guide for Practitioners
- B125.13 Perspectives on Treatment
- B125.14 Understanding Substance Abuse and Treatment
- 125.14 ✓ Substance Abuse Treatment (FADAA)
- B125.15 Substance Abuse Treatment Program Self Help Manual (Washington DOC)
- B125.16 Controlling Drug Usage in DOC Institutions (Oregon DOC)
- B125.17 Alcohol and Drugs in My Life. Understanding My Choices. A Self-Help Workbook for Inmates (Oregon DOC)
- B125.18 The Effectiveness of Drug Abuse Treatment (Sheriffs' Association Report 1985)

- B125.19 Working with the Evaluators
 B125.21 Help Yourself to Happiness
 B125.22 Know How - Guided Programs for Inventing Your Own Best Future
 125.23 The Healing Power of Your Other Hand
 B125.24 Treating Drug Problems. Vol. 1
 B125.25 Treatment Choices for Alcoholism & Substance Abuse
 B125.26 Private Practice - Recovery is a Process, Not An Event
 B125.27 ✓ Trick of Treatment - How and When Psychotherapy Fails
 B125.28 Talking It Out - A Guide to Effective Communication and Problem Solving
 B125.29 Alone, But Not Lonely
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 B125.33 Certification Standards for Health Care Programs - A.C.A.
 125.40 ✓ The Theory of Rehabilitation as Applied to Addict Offenders
 125.41 Outcome Evaluation of a Prison Therapeutic Community for Substance Abuse Treatment
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 125.47 Predicting Response to Alcohol and Drug Abuse Treatments
 125.50 Is Treatment for Substance Abuse Effective?
 125.52 Increased Effectiveness of Substance Abuse Treatment "A Prospective Study of Patient" - Treatment "Matching"
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 B125.57 Self-Image Modification - Building Self-Esteem
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 125.9 Correctional Substance Abuse Rehabilitation Program
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- B126.6(2) Mistaken Beliefs About Relapse
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- B127.2 The Addictive Personality, Roots, Rituals and Recovery
- 127.21 ✓ The Dynamics of Addiction
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- B127.4 Addiction and Grace
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- B127.51 The Addictive Personality
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- 127.54 Are the "Addiction-Related" Problems of Substance Abusers Really Related?
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- 128.11 When Humor Hurts. Renewal for Co-dependents
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- 128.14 Communicating with Love
- 128.15 Faces of Recovery
- 128.16 The Co-Dependent's Guide to Group Therapy
- 128.17 Striking A Balance
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 B128.91 True Selves: Twelve-Step Recovery from CoDependency
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- B131.13 The First Step for People in Relationships with Sex Addicts
- B131.14 Healing Your Sexual Self
- B131.15 Contrary to Love. Helping the Sexual Addict
- B131.16 Hope & Recovery, A 12-Step Guide for Healing from Compulsive Sexual Behavior
- B131.17 Escape from Intimacy
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- 131.24 Now About Sex
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- B132.11 Cry Softly! The Story of Child Abuse
- B132.12 The Courage To Heal. A Guide For Women Survivors of Child Sexual Abuse
- B132.13 My Father's House. A Memoir of Incest and of Healing
- B132.14 Children in The Crossfire. Violence in the Home
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- B132.17 Do You Have a Secret? How to Get Help for Scary Secrets.
- B132.18(2) The Healing Way. Adult Recovery from Childhood Sexual Abuse
- 132.19 Questions and Answers for Adult Victims of Child Abuse
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- B132.21 Childhood Sexual Abuse. A Survivor's Guide for Men
- 132.22 Our Assumptions about Incest. Maintaining a Professional Perspective
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 B133.2 BodyLove. Learning to Like Our Looks and Ourselves
 133.21 A Compulsive Overeater Shows Up for Life (An Interview with Author Heidi Waldrop)
 B133.22 The Food Fix. A Recovery Guide for Destructive Eaters
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 133.25 When AAs Go To OA
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- 135.1 The Recovering Partner. Healing and Intimacy in
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136.12 Testing the Drug Test: Hair Analysis
136.13 Drug Testing in the Workplace - Are methods legally
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136.14 About Employee Drug Tests
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136.16 Hair Analysis for the Detection of Drug Use in
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B137.13(3) Each Day, A New Beginning. Daily Meditations for Women
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B137.15 One More Day. Meditations for People with Chronic Illness
B137.16 Help For Helpers
B137.17 The Color of Light. Meditations For Those Living with AIDS
B137.18 A Book of Questions
B137.19(2) Say Yes To Life
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- 140.1 Suggestions on How to Control Your Anger
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- 145.01 About The Drug-Free Workplace Act
B145.02 Guide to Washington - by The Drug Abuse Report
145.03 A Guide to Florida Laws & Regulations for Drug and
Alcohol Counselors - FADAA
145.04 (2) ✓ Who Goes To Prison?
145.05 The Clergy and Chemical Dependency
B145.07 Within Our Peach. Breaking the Cycle of
Disadvantage
B145.08 Substance Abuse: A Videotape Training System (Guide
for Videotape Series)
B145.09 Inside the Criminal Mind
145.1 Acronyms of Substance Abuse Organizations
B145.11 The Criminal Personality. Vol. III: The Drug User

B145.12 The Invisible Enemy. Alcoholism and the Modern
Short Story
B145.13 The Self-Help Sourcebook. Finding and Forming
B145.14 Love, Medicine and Miracles
145.15 (2) Breaking Down the Walls: Steps to Freedom for
Addicted Inmates
B145.16 A General Theory of Crime
145.17 Reducing Recidivism: Treating the Addicted Inmate
145.18 What You Should Know About Self-Esteem
B145.19 99 Days and A Get Up: A Pre- and Post-Release
Survival Manual for Inmates and Thier Love Ones
145.19 About Assertiveness
B145.2 Man, I Need A Job! Finding Employment With a
Criminal History
B145.21 A Legal Primer for Psychotherapists and Counselors
B145.22 The Real Thirteenth Step
B145.23 Aggression, Family Violence and Chemical Dependency
B145.24 Family Matters: Discussion Guide
145.24 It Sure Beats Sitting In A Cell
B145.25 Step One: Chemical Dependency
B145.26 What Is Chemical Dependency?
B145.27 Someone We Love Is Chemically Dependent

150**PSYCHOLOGY**

- 150.1 Borderline Personality Disorder
B150.11 Spiritual Emergency. When Personal Transformation
Becomes a Crisis
B150.12 Psychopathology and Addictive Disorders
150.13 ✓ B.F. Sinner and Behavior Change: Research, Practice
and Promise
150.14 (3) What Everyone Should Know About: Anxiety Disorders
150.15 (3) About Dementia
B150.16 Attention Deficit Hyperactivity Disorder: A
Handbook for Diagnosis and Treatment

AUDIOCASSETTES

Abused No More: Patterns of Abuse
Acceptance. The Way to Serenity and Peace of Mind
The Addicted Brain
The Addictive Process
Adult Children of Alcoholics and Emotional Intimacy
Adult Children of Dysfunctional Families
After the Tears: Reclaiming the Personal Losses of Childhood
Alabama ADA PCP (2)
Alcohol Abuse and Child Abuse
Alcohol and Cocaine: The Secret of Addiction
Alcoholism: A Merry-Go-Round Named Denial
The Amazing Brain II - Side 1 & 2 (2)
An Introduction to Chemical Dependency - Album 1
Another Look at Alcoholism - Album 11
Another Look at Step One
Applications of RET to Addictive/Compulsive Behavior
Assertion Training Series. A Guide To Self-Dignity
Basic Principles of Group Treatment with the Chemically Dependent Patient
A Beginner's Guide to Recovery - Album 2
The Best of A.A. (6 Tapes)
The Best of C.A. (6 Tapes)
Beyond Blame, Guilt and Shame
Beyond the Simpsons
Bradshaw On: The Family - A Revolutionary Way of Self-Discovery
Catching Fire. Men's Renewal and Recovery Through Crisis
The Challenge of Intimacy
Chemical Dependency Treatment: International Perspective
Claudia Black. Don't Talk, Don't Trust, Don't Feel. Album
Co-Dependency Issues
Co-Dependency Recovery (6 Tapes)
Counseling the Dually Diagnosed Resistive Client
Craving Love: Afraid to Love
Create for Yourself (4 Tapes)
Creating Healthy Relationships
The Creative Fire: Beyond Addiction
Crack & Cocaine Addiction
Developing Capable, Competent Youth
The Developmental Model of Recovery (2)
The Dis-Ease of Addiction
Dual Diagnosis Camouflage
Doing What Needs to Be Done
Drugs: How They Affect Body Chemistry
Effective Cocaine Intervention
Emotions Anonymous - Album
The Emotional Process of Recovery
The Family's Response To Addiction
Father Martin. Guidelines for Helping Alcoholics

The Feeling Brain: Emotions and Health - 1 & 2
 The Flying Boy: Healing the Wounded Man
 Food Addiction: Feeding the Heart
 Forgiveness - How to Make Peace with Your Past and Get On With Your
 Life
 Forgiving Yourself: Healing Old Wounds
 From Conflict to Love
 Genetics and Alcoholism
 Genesis: A Spiritual Journey
 Getting Unstuck Breaking Through The Barriers To Change
 Growth Stages and Adult Children of Alcoholics
 Guilt is the Teacher, Love is the Lesson
 The Healing Brain: Audio Update - Side 1 & 2
 Healing the Child Within
 Healing the Inner Child Through Guided Imagery
 Healing the Shame That Binds You
 Here Comes the Sun
 Holy Relationship: Healing Together
 Hope for Adult Children of Alcoholics - Album 13
 Hope for Compulsive Eaters - Pt. I
 Hope for Compulsive Eaters - Pt. II
 How to Be No-Limit Person. Dr. Wayne Dyer Album
 Human Development & the Children of Alcoholics
 Health & Wellness in Recovery
 Humor & Play: Discovering the Child
 If Only I Could Quit. Recovering from Nicotine Addiction
 The "Indispensable" Woman
 I'm Running As Fast As I Can
 In Search of Self: Adult Children
 Intimacy and Recovery
 Addictive Disease -- Where Our Relationship Problems Begin
 Side 1 & 2
 Intimacy in Recovery from Addictive Disease
 Mutual Sharing -- The Basis for Intimacy. Side 1 & 2
 Characteristics of Healthy Families
 Intimacy and Relationships
 Into the Enchanted Forest
 The Journey Through Shame
 Tom Ivester - AA
 Joy Once More
 The Language of Letting Go
 Law Enforcement Stress Workshop
 Let Go and Grow
 Love and Co-Dependence
 Macaroni at Midnite
 Magical Mystery Tour: Alternative Conceptions
 Making Peace with the Past - Album
 Marijuana: Recreation, Sedation, Addiction
 The Mind of Addiction
 My Father, My Mother, My Self
 N.A. - Recovery Literature. Set of 6 Tapes
 Negative Self-Esteem

Negative Criticism (side 1) The Yequana Story (side 2)
 Neurolinguistic Programming
 Of Course You're Angry
 Out of the Forest: Achieving Intimacy
 Overcoming Barriers to Intimacy
 Overcoming the Indispensable Woman Syndrome
 Overcoming: Religious Abuse and Religious Addiction
 Overcoming Roadblocks in Recovery - 6 Cassettes
 Passages Through Recovery & Relapse
 Perfect Daughters: Adult Children
 Personal Values: Foundations of Therapy
 Phases & Warning Signs of Relapse (2)
 Prescription Drug Abuse
 Professional Issues - Album 10
 Professional & Personal Growth - Tape #1
 Professional & Personal Growth - Tape #2
 Psychoactive Prescription Drugs & Human Physiology
 Raising Self-Esteem and Resolving Shame
 Recovery is Forever. Album 8
 Recovery - The New Life - Album 3
 Relaxation. A Natural High
 Reframing the Addictions: NLP
 Relapse Prevention - Update '86
 The Extent of the Problem
 The DMR & Relapse
 The Relapse Process
 Relapse Prevention Planning
 Relationship. The Conscious Crucible
 Relationships and Stress
 Relaxation Dynamics Series
 Say Yes To Life!
 Self Esteem in the Classroom The Experts Speak
 Self-Esteem Seminar - Album
 Serenity
 Sexual Addiction
 Sexual Counseling for the Chemically Dependent
 Shame: It's Role in Addictive Behavior
 Spiritual Growth - 4 Cassette Series
 Spirituality: Costing Nothing Less Than Everything
 Spirituality: Escaping Religious Addiction
 Stage II Recovery: Life Beyond Crisis
 Step Families & Blended Families
 Step 1 - The Foundation of Recovery
 Step 2 - Power & Sanity: Finding Your Solution
 Step Zero: Getting to Recovery
 Stress and Addictive Behavior - Tape #1
 Stress and Addictive Behavior - Tape #2
 Struggle for Intimacy
 Teenage Drug Use: Why They Don't Listen
 Teenage Drug Use & Sexuality
 Teenagers, Cults & Substance Abuse
 The Three Minute Mediator

Time-Line: Exploring Storage of Time
Teenage Substance Abuse
To Thine Own Self Be True
Treating Shame Based Syndrome
Treatment of Food Addictions
Twelve Steps for Families and Friends - Album 5
Twelve Steps to Recovery - Album 4
Troubled Adolescent's Role in Remarried Families
Using Time - Side 1, Guilt - Side 2
The Upward Spiral: Women and Addiction
Values & Spirituality in Recovery (2)
Vipassana Meditation
Wall of Denial
When Choosing Isn't a Choice
When Living Hurts
Why Some Transpersonal Therapies Don't Work
Woman Who Love Too Much
Women in Recovery (6 Tapes)
Working with Gay and Lesbian Clients
The Work Scene: EAP & Rehab
Youth at Risk

VIDEO TAPES AVAILABLE FROM DATRC

AA and the Alcoholic
About AIDS
About Alcohol
About Cocaine & Crack
About Drug Abuse
About Good Nutrition
About Wellness
ACA Recovery: Meeting the Child Within
The Aftercare Video
Addiction Severity Index Training Tape
Addictive Relationship Series
 1) Relationship Building. Achieving Intimacy
 2) Relationship Styles. Compulsive, Apathetic & Healthy
 3) Compulsive Relationships. The Players & The Personalities
Adult Children of Alcoholics
Adult Children of Alcoholics - Choices in Growth
Affirmations for Self-Esteem
AIDS, A Bad Way To Die
AIDS, Con to Con
AIDS and Chemical Dependency
Alcohol and Cocaine
Alcohol and Human Physiology
Alcohol and Nutrition
America Hurts - The Drug Epidemic
Alcoholism: A Disease of Perception
Alcoholism And The Family
A Matter of Balance
An Evening With Father Leo
And Then I'll Stop...Does Any of This Sound Familiar?
Approaches to Growth: East and West
The Art of Communicating
Athletes and Addiction: It's Not a Game
A.S.I. Training Tape
Benefits of Long-Term Meditation
The Bio-Psychosocial Model of Addictive Disease
The Bottom Line
Brother Earl's Street Talk
Brother Earl's "Our Father"
Brother Earl's "What Problem?"
Bulking Up. The Dangers of Steroids
Cadillac Dreams
Caring for Ourselves. Hope for Healthy Relationships
Carl Eller, My 5th Superbowl
The Cat Who Drank and Used Too Much
Chalk Talk on Counseling
Chalk Talk on Alcohol - REVISED
Chemical Dependency: A Disease of Denial

Choice of a Lifetime
Circle of Recovery
Cocaine Babies: The Innocent Victims
Cocaine - Beyond The Looking Glass
Cocaine Blues: The Myth and Reality of Cocaine
Cocaine and Human Physiology
Cocaine Kids
Cocaine Mothers: Beyond the Guilt
Cocaine: The Power and The Story
Co-Dependent Denial
The Co-Dependent Woman
The Comebacker: The Bob Welch Story
Compulsive Relationships: The Players and the Personalities
Continued Acts of Sabotage
Continuing Recovery Skills
Crack
Creating Healthy Relationships
Cross Addiction
Denial
Denial, Fear and Paranoia
Dependent Denial
The Dependent Woman
Designer Drug and Human Physiology -
Cocaine, Crack and Methamphetamine
Detachment
The Developmental Model of Recovery
Doing a 4th and 5th Step
Drug Babies
Drugs: How They Affect Body Chemistry
The Drug That Possesses
Drunk and Deadly
The Dual Diagnosis: "The Message of Hope"
Dying to Be Thin
Earth Dance
The Enablers
Enabling
Enjoying Sobriety
An Evening with Father Leo
The Family
Family Issues for the Chemically Dependent
Family Matters
Family of Origin, Children of Choice
Family Violence In America: Conspiracy of Silence
Feelings
The Feeling Chart
Feelings: Freedom to Feel
Fetal Alcohol Syndrome and Effects: What's the Difference?
Flight Song
Florida Responds to AIDS -
AIDS in the Workplace

From Behind The Mask:

Co-Dependency: The Lost Self
Denial: The Theme Song
Detachment: Standing Along
The Disease of Addiction: Dangerous Magic
Family of Origin: The Walking Wounded
Feelings: Flowers in the Garden
Responsibility: New Roadmaps

From Now On

Going Home
Group Dynamics
A Guide to Rational Living
Guidelines for Helping the Alcoholic
Guilt and Shame
Haight Ashbury - Cocaine
Haight Ashbury - Smokeable Cocaine
Healing and the Unconscious
Healing Yourself With Mental Imagery
Health and Your Whole Being
Heroin and Human Physiology (English Version)
Heroin and Human Physiology (Spanish Version)
Hostage In The Home
How to Sabotage Your Treatment
Humanistic Psychotherapy
Humor
I Really Don't Want to Know
Ice and Other Designer Drugs
Innocent Addicts
The Intervention
I'll Quit Tomorrow
It Not My Problem
It Sure Beat Sitting in a Cell
INTERVENTION: Creating an Opportunity to Live
Junkie
The Love Affair is Over!
The Road Back - "Making the Most of Freedom"
Marijuana and Human Physiology
Marijuana and the Mind
Medical Aspects of Alcohol Part I
Medical Aspects of Alcohol Part II
Medical Aspects of Co-Dependency
Medical Aspects of Mind Altering Drugs
Medical Aspects of Tobacco
Meditations For Compulsive People
Negotiating the Minefield
Occupational Relapse Prevention Planning
On the Run
One Day at a Time
The Orientation Video
Over the Counter Drugs & Human Physiology
Over-The-Counter Drugs and The Recovering Person
Overcoming Religious Addiction and Religious Abuse (2)

Pandora's Bottle
 Partnership For a Drug-Free America, Inc.
 Part of the Problem...Part of the Solution
 Personality Disorders: Failure of Adjustment
 Personality Disorders: Traits In Addiction
 Peter Bell Part I
 Peter Bell Part II
 Post Acute Withdrawal
 Powerless: Step One
 Prevention
 The Price of Freedom is Living Free
 Lifestyles & Values
 "Relapse, Recidivism & Recovery"
 Psychoactive Prescription Drugs and Human Physiology
 Psychological Defenses Series A
 Psychological Defenses Series B
 Psychotherapy and Spiritual Paths
 Rational Emotive Therapy
 Recovery and The Family
 Recovery and Human Physiology - Alcohol
 Recovery and Human Physiology - Drugs
 Recovery from Cocaine Addiction
 Recovery from an Eating Disorder
 Recovery & Relapse - A Video Tape Series
 Part I: The Bio-Psycho-Social Model of Addictive Disease
 Part II: The Developmental Model of Recovery
 Part III: The Relapse Process
 Part IV: Occupational Relapse Prevention Planning
 Recovery or Relapse
 Recovery Roulette
 Relapse
 Relapse (Kinetic, Inc.)
 Relapse Prevention
 The Relapse Process
 Relationship Building: Achieving Intimacy
 Relationship Styles: Compulsive, Apathetic, & Healthy
 The Road Back
 The Roots of Addiction: Part I
 The Roots of Addiction: Part II
 Say Yes to Life!
 Scared Straight, 10 Years Later
 Second Half The Thomas Henderson Story
 Secret Addictions: Women in Treatment
 Seeking and Finding Your Higher Power (2)
 Self-Esteem
 Serenity - A Visual Image
 Sex Booze and Blues
 Sex and Drugs: The Intimate Connection
 Sex and Recovery For Women
 Sexual Addiction
 Shame and Addiction
 Smokeable Cocaine: The Haight Ashbury Crack Film

Soft Is The Heart of a Child
 The Sound of Silence
 Spirit to Spirit: Women Empowered in Recovery
 Spirituality and ACOA Recovery
 The Spirituality Tape
 The Sponsor Tape
 Staying Off Cocaine - Avoiding Relapse
 Staying Sober and Keeping Straight
 Staying Sober and Staying Free
 STRAIGHT - The adolescent drug treatment program that works
 (President Bush speaks)
 Step 1 of AA
 Step 1: The Foundation of Recovery
 Step 2 of AA
 Step 2 Power and Sanity
 Step 3 of AA
 Step 4 of AA
 Step 5 of AA
 Straight Talk
 Street Drugs
 Stress Management
 Stress Reduction Strategies that Really Work
 The Target Zone
 Tell Someone: The Music Video
 The Total Self
 Toward A Drug Free America - Partnership for a Drug-Free
 America, Inc.
 Tranquil Vision
 Treating Cocaine Addiction Successfully -
 Part I - Intake to Abstinence
 Treating Cocaine Addiction Successfully -
 Part II - Relapse Prevention
 Triggers
 Turning It Over: Step Three
 The Twelve Steps
 12 - Step Theory and Practice
 Twenty Questions
 Twice Pardoned: An Ex-Con Talks To Teens
 Upper, Downers, All Arounders - Part I
 Upper, Downers, All Arounders - Part II
 Unresolved Anger
 Use of Time
 Values
 The Video Encyclopedia of Psychoactive Drugs:
 Alcohol and Alcoholism
 Amphetamines
 Barbiturates
 Cocaine and Crack
 Heroin
 Marijuana
 Nicotine
 Prescription Narcotics

Video Visions: From the Recovery Series

Beyond Abstinence Looking Ahead

Codependency: Prisoners of Love

Disease: Prisoners of Addictions

Denial: Captives of Deceit

Enabling Personal Freedom

Family of Origin, Children of Choice

Feelings: Freedom to Feel

Spirituality: Choosing Peace

Vital Issues Projects

The Waist Land: Eating Disorders

"The Will To Survive" A Presentation by Tony R

Winner By Decision: The Tyrell Biggs Story

What Can I Do Today? Adults

What Can I Do Today? Teens

Working Steps 1 - 7

Working Steps 8 - 12

Women and Alcohol

Women, Drugs and the Unborn Child

Young People in AA

VIDEOS AVAILABLE FROM THE DRUG ABUSE TREATMENT RESOURCE CENTER

SUMMARY

A Matter of Balance: This animated video discusses "How it Happens", while the body tries to compensate for chemically triggered stimulation. (23 Min.)

AA and the Alcoholic: John Forsythe narrates this video encompassing the need for support groups in the alcoholic's recovery. The film is a dramatic production designed to inform the audience about the fundamentals of Alcoholics Anonymous. (45 Min.)

About AIDS: This video emphasizes prevention, while helping viewers separate the facts from fiction about AIDS. It discusses key issues such as how AIDS is transmitted and what activities put people at risk. (20 Min.)

About Alcohol: A down to earth video that helps people evaluate the way alcohol influences their lives, understand the types of problems it can cause, and assess their personal attitudes toward its use. The presentation leads then to a key question: "Is alcohol doing me more good than harm, or more harm than good?" (18 Min.)

About Cocaine and Crack: Tells the real story behind crack and why it's such an unpredictable drug and how it seriously damages lives. It stresses the fact that using cocaine or crack, even as a recreational drug, isn't worth the risk. (15 Min.)

About Drug Abuse: This attention getting video helps viewers understand why some people use drugs and the losses they may face: their health, family, even their lives. Gives information of the physical and psychological effects of drugs and tells where to locate help. (18 Min.)

About Good Nutrition: Promotes an understanding of proper eating habits, including information on food groups and required nutrients. Highlights nutritional facts needed by everyone. Motivates viewers to eat properly in order to look and feel better. (18 Min.)

About Wellness: This video helps viewers understand the value of a healthful lifestyle. It covers the benefits of proper diet, exercise, reducing stress, limiting harmful habits and more. (18 Min.)

Adult Children of Alcoholics: This video shows the destructive effects of alcoholism on the entire family. The film shows the physical and emotional risks to children, and the tendency for abused children to become abusers as adults. (22 Min.)

Affirmations for Self-Esteem: This video demonstrates the power of positive affirmations to raise self-esteem in the recovery process. A solid foundation of recovery involves changing internal images from negative, self-defeating messages of the past into a positive, healthy new thought process. How we see ourselves is vital in any recovery program. Learning to use daily affirmations develops self-esteem and confidence. This video heightens self-esteem and increases self-worth. (18 Min.)

AIDS, A Bad Way To Die: This video is a no nonsense first person account by three inmates dying of AIDS. The three discuss homosexuality and drugs inside confinement and on the street. Family and staff members openly discuss the effects of the inmates' impending death. (30 Min.)

AIDS and Chemical Dependency: Answering important questions about AIDS, this video describes what AIDS is, how people acquire it, and why it is important to address AIDS in chemical dependency recovery. (29 Min.)

AIDS, Con to Con: Men and women in the Georgia prison system tell their stories about dying of AIDS and related diseases. (41 Min.)

Alcohol and Human Physiology: Through a narrative presentation and interviews with physicians and alcoholics this film demonstrates the physical, psychological and social damage the abuser does to him/herself and loved ones. (23 Min.)

Alcohol and Nutrition: Dr. Max Schneider presents his ideas on total health for the individual. He explores the relationship between alcohol and its affects on nutrition. This is an important film for people working in health-related professions. (25 Min.)

Alcoholism: A Disease of Perception: Clancy Imislund discusses the alcoholic's real dilemma, that the alcohol provides the drinker with such an unnatural escape from conflict that sobriety itself becomes the destructive enemy. These twists of perception make an alcoholic the least accurate judge of his own condition. He describes how alcoholics can find the path back to safety, sanity, and sobriety. (34 Min.)

Alcohol and Cocaine: The Secret of Addiction. This program presents the latest medical findings about the effects of alcohol and cocaine on the human mind and body. It brings to light information about how both effect not only the brain, but also destroy such vital human elements as bone marrow, muscle fiber, sex hormones, and even the immune system. It also examines the surprising revelation that heredity plays a more crucial role in the development of those afflicted than previously believed. (36 Min.)

Alcoholism and the Family: Father Martin points out the effects of alcoholism on the family before and after sobriety, emphasizing that sobriety is just the first step toward the recovery of the dysfunctional family. (43 Min.)

America Hurts - The Drug Epidemic: The drug epidemic facing society and the destruction of users, their families and human potential is depicted in this video. The dangers of widely used drugs, such as marijuana, cocaine, crack and designer drugs are also included in this film. (34 Min.)

And Then I'll Stop... Does Any of This Sound Familiar?: No one should have to do it alone. That's the premise of this film that follows seven chemically dependent people through the process of addiction, discovery, and recovery. (20 Min.)

Approaches to Growth: East and West: There are striking parallels between western psychotherapeutic methods such as the gestalt therapy of Fritz Perls and the approaches of sufism and Buddhism. Claudio Naranjo discusses his personal experiences with the Africa training system. (30 Min.)

The Art of Communication: Why do we fail to truly listen when there is so much wisdom available to us? Jacob Needleman suggests that communication is dependent upon the ability to listen to the depths within oneself. (30 Min.)

Athletes & Addiction: It's Not A Game: Portrays a realistic picture that explains why the constant pressure to perform can cause athletes to succumb to the lure of alcohol or drugs. Recovering athlete addicts talk about their struggles. (55 Min.)

Benefits of Long-Term Meditation: Meditation practices can lead to permanent changes in your awareness of self and transcendence of ego. Shinzen Young discusses meditative practice. (30 Min.)

Beyond Black and White: Eddie Albert presents the psychological and sociological origins of prejudice against minorities and women, revealing that for its victims, prejudice frequently results in alcohol or drug abuse, and for some, criminal behavior. (30 Min.)

The Bio-Psycho-Social Model of Addictive Disease: This tape describes how the toxic effects of alcohol and drugs on the brain cause psychological and social problems to develop as a consequence of use. The long-term aftereffects of chronic alcohol and drug poisoning as well as methods for managing these symptoms are presented.

The Bottom Line: Lorne Greene narrates this five segmented video on alcoholism and its effects on job performance, job deterioration, denial, flashbacks and con games played by the alcoholic. A broad socio-economic and multi-racial cross section of workers and managers is depicted in this video. (30 Min.)

Brother Earl's "Our Father": Brother Earl discusses spirituality with sensitivity and conviction. (60 Min.)

Brother Earl's "Street Talk": An informative video which describes what chemical dependency is and how it affects an individual's behavior, performance and judgement. It's a down to earth discussion including denial, rationalization and loss of control. (55 Min.)

Brother Earl's "What Problem?": Brother Earl describes how denial can interfere with recovery and how it affects the family. (60 Min.)

Bulking Up: The Danger of Steroids: Dr. Forest Tennant outlines some of the short-term and long-term risks associated with steroid use. (23 Min.)

Cadillac Dreams: Inspired by the real-life experiences of two young men who grew up in the ghetto, this is a compelling drama of one young man who succumbs to the lure of the drug culture and of his younger brother, who courageously holds on to his dreams. (30 Min.)

Caring for Ourselves Hope for Healthy Relationships: Melody Beattie and others discuss how you can improve your life by offering yourself the same compassion you willingly give others. Their stories encourage you to accept and respect yourself - to nurture your strengths so you can better care for others. (50 Min.)

Carl Eller, My 5th Superbowl: A former all pro football player talks about his experiences with drugs. This film also helps members of the viewing audience recognize chemical dependency. (33 Min.)

The Cat Who Drank and Used Too Much: The purpose of this video is to show the complex progression of alcoholism and other addictions in a non-threatening way. It portrays the effects of alcohol and drug abuse on the family and friends of the abuser. The video tries to generate the understanding that alcoholism/drug addiction is a treatable disease and seeks to motivate viewers to find help for themselves and others. (12 Min.)

Chalk Talk of Alcohol - Revised: Father Martin defines the qualities necessary for effective counseling and discusses alcoholism. The film also helps members of the viewing audience recognize chemical dependency. (33 Min.)

Chemical Dependency: A Disease of Denial: This film explains the disease concept of chemical dependency and stresses the importance of acceptance, admitting powerlessness, and self-responsibility. A professional commentary explores the genetic, psychological, and environmental factors of chemical addiction. The film has dramatic personal stories from recovering people. (20 Min.)

Choice of a Lifetime: A highly informative account of the life of former basketball great, Spencer Haywood. Haywood shares the story of the tragic impact which cocaine had on his life, family and NBA career. He slam dunks home the important message that substance abuse is one of the greatest threats confronting America.

Circle of Recovery: This tape is about recovering from alcohol and drug addiction. It is a portrait of seven African-American men who meet weekly to help one another in the process of healing and growth. The talk is frank and the subjects are personal as they share their struggles, hopes, and achievements. (60 Min.)

Cocaine Babies: The Innocent Victims: This program takes a look at the effects of cocaine and crack on American's children. Viewers are taken into a hospital ward where the piercing cries of cocaine babies are endless. Dr. Ross Kendall tells of the brain damage, retardation, and other long-term effects babies receive from drug addicted mothers. (18 Min.)

Cocaine -Beyond the Looking Glass: A documentary designed to educate the general public about the devastating effects of cocaine abuse. Recovering addicts share their experiences of paranoia, repression of feelings, and destruction of relationships while addicted to cocaine. (28 Min.)

Cocaine Blues: The Myth and the Reality of Cocaine: A graphic honest portrayal of one of today's major social issues. Exploring cocaine's history, effects, and cultural impact, it is the true story of drug abuse, told by real people from all walks of life. (30 Min.)

Cocaine and Human Physiology: The video begins with an expose covering the magnitude of cocaine abuse in our Nation's population. The tape then focuses on the destructive results to the abuser's body. The damage to the user is presented pictorially whether snorted, injected or smoked. The film also touches upon crack and the rate of physical deterioration by the user. (20 Min.)

Cocaine Kids: Their Problem is Our Problem: This program explores the facts and looks at the victims, the children of addicts. As these children enter the school system with developmental and behavioral problems, schools will be forced to meet a major challenge. Hyperactivity, impulsiveness, and learning disabilities are just a few of the problems of the children of cocaine. These problems require specialists, and specialists cost money. (28 Min.)

Cocaine Mothers: Beyond the Guilt: This program addresses the delicate, often sensitive, nature of a mother's drug recovery, and explored the disease concept in depth. Recovery from a mother's point of view is explained, reducing blame and promoting understanding, empathy and self-forgiveness. Various mothers discuss the importance of recovering for the right reason - themselves. (25 Min.)

Cocaine: The Power and The Story: A four part series on cocaine that includes defining addiction, acceptance, high risk situations, and early recovery, and personal balance. Questionnaires are included for group discussion.

The Co-Dependent Woman: Some significant points of this film include the problems women face because of the traditional roles our society places on mothers, wives, girlfriends. etc. The video also emphasizes the emotional problems of admitting that the co-dependent woman herself is also "sick". (45 Min.)

ComeBacker: The Bob Welch Story: Bob Welch, pitcher for L.A. Dodgers, discusses his alcoholism and treatment. The film recreates an actual game situation symbolizing the struggle to overcome problems and work on weaknesses. The advantages of early intervention and treatment are shown. (22 Min.)

Continued Acts of Sabotage: The sequel to "How to Sabotage Your Treatment" examines how five individuals in treatment endanger their recovery by engaging in counterproductive behaviors such as denial, negative self-talk, and shame. (37 Min.)

Continuing Recovery Skills: James Crossen, Ph.D. explains that being clean/sober will not automatically perpetuate itself. Recovery is a lifetime of on-going recovery. The video covers therapy, diet, exercise meditation and more. (45 Min.)

Co-Dependent Denial: This female oriented video demonstrates the many negative affects that often result from co-dependent, repressed feelings, compulsive or repressed behavior, etc. (45 Min.)

Compulsive Relationships: The Players and the Personalities: This tape guides the viewer to an understanding of compulsive relationships. Two particular players in addictive relationships - the counterdependent and the codependent - are described. (36 Min.)

"Crack": This film graphically demonstrates the physical, psychological, and sociological effects of chronic crack use. It visually shows the rapid progression from infrequent, episodic use to drug dependence. The film shows powerful stories from recovering and using crack addicts. (25 Min.)

Creating Healthy Relationships: We can't have healthy relationships with anyone, including God, until we first have a healthy relationship with ourselves, say Father Leo. Using his special blend of humor and insight, Father Leo explores some of the issues which cause us to "miss" ourselves, and keep us stuck in dysfunctional, unhealthy relationships.

Denial: This film focuses on breaking through the first barrier to recovery: denial. It presents denial as an unconscious process and a fatal symptom of chemical dependency. (34 Min.)

The Dependent Woman: This video makes the audience aware of the unique problems recovering women have compared to recovering men. This film explores some of the difference between the sexes, negative feelings many women have about being female and being a female with an addiction problem. This video uses the facilitator-group interaction format. (45 Min.)

Designer Drugs and Human Physiology: This video is an in-depth pictorial film on the physical effects of designer drugs, focusing on cocaine, crack and methamphetamine. (20 Min.)

The Developmental Model of Recovery: This film provides a "road map" for recovering people. Mr. Gorski describes the recovery process as a progression through six concrete periods.

Drug Babies: This film deals with the epidemic of the 90's: Children who have been prenatally exposed to drugs. It discusses the problems and solutions to this epidemic. It then continues the story of the physical and mental effects on the baby (both before and after birth). This film also takes a comprehensive look at the impact this epidemic is having on the mothers, social services, foster care, education, and treatment programs. (30 Min.)

"Drugs: How They Affect Body Chemistry" This eye-opening program highlights the ways in which drugs - from aspirin to cocaine - affect and interact with the natural functioning of the human system. It includes consideration of unwanted side effects and how drugs can become physically addicting. (22 Min.)

Drunk and Deadly: Personalizes these drunk driving statistics. Besides giving viewers a perspective on the enormity of the drunk driving problem, the film shows the devastating effects on the victims families and survivors of the accidents. "Don't drink and drive," the film powerfully communicates what can happen to those who do. (30 Min.)

Dual Diagnosis: The Message of Hope: When psychiatric illness and chemical dependency coexist, the resulting problem is difficult to diagnose and hard to treat. Yet for recovery to occur, proper diagnosis and treatment is essential. This tape powerfully combines lecture and interviews with dual diagnosis patients to deliver a message of hope.

Dying to Be Thin: Anorexia nervosa and bulimia currently effect millions of Americans. Yet eating disorders are subjects that the public knows painfully little about. This video is for those interested in learning more about eating disorders. (25 Min.)

Earth Dance: This film helps clients develop the skill of relaxation as a healing activity. It has soft music and calm patterns of the sea, sky, and seasons blend to create an inspiring portrait of nature's dance of life. (32 Min.)

Enabling: Father Martin educates the audience about "how every time you, the enabler, pick up the tab (make excuses) for the alcoholic or any addicted person, you have just paid for his/her next drink/high". The enabling person's behavior only hastens the death of a loved one. (20 Min.)

Enjoying Sobriety: A dramatic portrayal of one person's new found sobriety provides important information to others beginning in the recovery process. This positive film imparts a basic, often neglected message: being straight, truly sober, and drug free can be fun. Sobriety can be enjoyed. This film answers questions about the everyday business of staying sober. It will help the whole family understand and deal with recovery. (25 Min.)

An Evening with Father Leo: The topic is about the many kinds of interventions in our lives. Father Leo takes you on a journey through the different "moments" which offer us opportunities to change. He illustrates how to do interventions on an alcoholic, or someone with an eating disorder, or an adult child of dysfunction.

Family Issues for the Chemically Dependent: This film is a moving drama of 3 different scenarios. It vividly depicts family issues clients often face after treatment. Clients will see how others begin to relearn family roles, set healthy boundaries, develop new coping techniques, and achieve a balance of sobriety and family. (30 Min.)

Family of Origin, Children of Choice: Understanding the family of origin is a necessary part in discovering who we are today. In this program, recovering addicts share intimate details about their childhood, and how their experiences affected their addiction. Generational chains of abuse, addiction, and other dysfunctions are also explained, and information is presented on how to go about breaking this cycle. (30 Min.)

Family Violence In America Conspiracy of Silence: A film made in the heartland of America that demonstrates both individual and community solutions to the problems of domestic violence. It links substance abuse to domestic violence and explains the "cycles of violence," a predictable pattern of repetitious and destructive behavior. (28 Min.)

Feelings: Freedom to Feel: The disease of addiction robs its victims of many things; one of these things is the ability to feel even the most basic of human emotions. Emotional recovery may be one of the most frightening and confusing areas to confront in the addiction recovery process. In this program, the lives of five people in recovery are examined in how they are coping with life after treatment. They openly share emerging new feelings, and how they have learned to accept those feelings. The importance of discovering and enjoying emotional self-awareness is stressed. (23 Min.)

Fetal Alcohol Syndrome and Effects: What's the Difference? This program looks at the physiological effects of Fetal Alcohol Syndrome (FAS) and Fetal Alcohol Effects (FAE), as well as behavioral problems that can arise. Ann, a mother who abused alcohol during her pregnancy, speaks candidly about her guilt. A psychologist discusses the permanent damage that alcohol can do, including learning disorders, speech and hearing problems, heart problems, and damage to the central nervous system. (23 Min.)

Flight Song: This film helps clients reduce anxiety and enhance serenity through film, music, and natural sounds. (48 Min.)

Florida Responds to AIDS - AIDS in the Workplace: The Florida Department of Health and Rehabilitative Services produced this video for the education of State employees. This film clearly explains with graphic illustrations what AIDS really is and how AIDS is transmitted. (15 Min.)

From Now On: A dramatic portrayal of treatment, recovery, and relapse prevention, this film follows four individuals through their treatment for chemical dependency and their struggle in staying drug-free. Special emphasis is placed on strong aftercare programs. Also addressed is the need to help the whole family understand and deal with the dynamics of addiction and recovery. (27 Min.)

Group Dynamics: This film provides insight into the meaning and importance of peer groups in treatment settings. It explains how group participation helps identify defense mechanisms and leads the way to constructive change. It offers clients advice on how to get more out of the group process. (35 Min.)

A Guide to Rational Living: Albert Ellis tells us how to recognize irrational belief patterns based on "musts: and "shoulds," and then presents methods for self-analysis and therapy. (90 Min.)

Guidelines for Helping the Alcoholic: Father Martin entertains while he educates the audience about individual attitudes. The speaker causes the viewer to think about some of the ways our attitudes support alcoholic behavior. This video is aimed at the co-workers and family members of alcoholics. (40 Min.)

Guilt and Shame: This film explains how a life of sobriety is contingent upon change and growth from self-defeating behavior, including guilt-to-mature behavior. (28 Min.)

Haight Ashbury Cocaine Film: This video details what cocaine is and how it manipulates the brain's chemicals. Through the use of graphics and personal interviews this video shows the destructive effects of cocaine to the individual. (35 Min.)

Healing and the Unconscious: Dr. Joy suggests that the unconscious mind is far more extensive and powerful than is generally acknowledged, and that the normal conscious mind cannot hope to control the personalities within. These unconscious personalities affect our state of health - from allergic responses to disease states such as diabetes and cancer. (90 Min.)

Healing Yourself with Mental Imagery: Martin Rossman says mental imagery can provide a valuable adjunct to traditional medicine. Actively, imagery can be used to mobilize the body's healing resources to alleviate symptoms. (90 Min.)

Health and Your Whole Being: Dr. Pelletier notes that health of the whole being requires both individual responsibility and choice and proper support from the health care system. He then focuses on the details of developing a personal holistic health program. (90 Min.)

Heroin and Human Physiology (English/Spanish): A physician describes the effects of heroin on the body, including infections to glands, organs, and resultant tissue deterioration. The possible bi-product of IV drug use (AIDS) and its effects on unborn children is also covered with graphic clarity. (22 Min.)

How to Sabotage Your Treatment: The first few days of treatment are crucial to your recovery from your disease of addiction. This tape discusses the different thoughts that can sabotage recovery. (24 Min.)

Humanistic Psychotherapy: Humanistic - existential psychotherapy is a journey toward greater wholeness and aliveness. James Bugental discusses how the client in this process does not necessarily alleviate symptoms or change behavior - but rather completes therapy with a larger sense of who he or she is. (30 Min.)

I'll Quit Tomorrow: A powerful video about the progressive nature of alcoholism, this video provides an introduction to the disease concept, enabling, the intervention process, treatment, and recovery. (3 parts: 30 Min. each)

Innocent Addicts: The true stories of twelve mothers recovering from substance abuse form the backdrop for an exploration of the issues surrounding drug use during pregnancy. This film presents the facts of prenatal drug use, from the emotional and physical effects on mother and child to recovery and rehabilitation. (29 Min.)

INTERVENTION: Creating an Opportunity to Live: In the life of every addict, there is always a crisis - the auto accident, the lost job, the spouse or lover who leaves - the increasing unmanageability and chaos.

I Really Don't Want to Know: This film will capture any audience and take them through the elation, the fear, the helplessness, and the demoralization of the addicted person. It does not preach or moralize. What it does is arouse feelings. (15 Min.)

It's Not My Problem: Is an exceptionally effective resource for counselors to use with patients and families in recovery centers, counseling centers, and for in-service training and continuing education. It is also useful in the classroom for high school and college students of psychology and family life. (34 Min.)

It Sure Beats Sitting in a Cell: Alcoholics tell their personal history of antisocial behavior from prison and from the world. Young men, women and mature AA members tell how their lives have improved since joining support groups. (16 Min.)

Junkie!: This film explores the many facets of women's addiction, detailing not only the belief systems which sustain addictions but also support systems which can free addicts to live healthy lives. (60 Min.)

Marijuana and Human Physiology: A physician clearly describes the damaging physical and psychological effects of marijuana. The tape covers medical hazards to: sinuses, lungs, heart, brain, reproductive system, immune system, cell division and other damages to the user's mind and body. (21 Min.)

Medical Aspects of Alcohol - Part I and II: In these two films, Dr. Max Schneider presents a detailed description of the effects of alcohol on human physiology. The narrator explains the symptoms and signs of diseases resulting from the use of alcohol on the liver, heart, brain, etc. (Two 30 Min. Tapes)

Medical Aspects of Mind Altering Drugs: This video illustrates the mental and physical effects of drugs on the body. It groups mind altering drugs into six major categories: Marijuana, sedative hypnotics, narcotics, inhalants, hallucinogens and stimulants. Some of the substances covered are alcohol, tranquilizers, heroin, demerol nitrates, P.C.P., L.S.D., cocaine and crack. (30 Min.)

Medical Aspects of Tobacco: This video is an elaborate production combining a dramatic story, animation, and real life interviews with important information about the effects of tobacco vital to everyone. (27 Min.)

Meditations For Compulsive People: Father Leo explores such things as fear, shame, loneliness - the issues which keep us from reaching our full spiritual potential.

Negotiating the Minefield: Building Long-Term Recovery for the Crack Cocaine and Urban Free-Base Addict: This video focuses on the need to develop a healthy program of recovery that includes a support system consisting of family, community, and self-help after treatment. It includes interviews from recovering addicts and treatment professionals.

Occupational Relapse Prevention Planning: Relapse is a major problem facing business and industry. Mr. Gorski presents a five-step strategy for cooperation in the development of a recovery plan for the relapsing worker that can lower the risk of relapse in the work place.

On the Run: Growing Up With Alcohol: The problems of adult children of alcoholics (ACOAs) often become more extreme, resulting in severe depression, stress, and a variety of compulsive disorders. This film will illuminate the issues and bring hope to ACOAs. (20 Min.)

One Day at a Time: Rome wasn't built in a day. Haste leads to failure, failure leads to discouragement, discouragement leads to quitting. All this is fatal to the alcoholic trying to stay sober. So, easy does it. Life must be lived as it comes - one day at a time.

Overcoming Religious Addiction and Religious Abuse: Yes, God and religion can be used addictively, for the same reasons people use alcohol, drugs, food, or relationships - as a "fix," an escape from feelings. Father Leo explores the symptoms of religious addiction, and how they relate to guilt and shame issues stemming from our dysfunctional families of origin.

Pandora's Bottle: Marriette Hartley narrates an effective video on the problems facing female alcoholics. This is especially educational for family sessions and significant others in providing an understanding of substance dependency faced by women in our society. (41 Min.)

Partnership for a Drug-Free America, Inc.: Television Ads on drugs. (30 Min.)

Personality Disorders: Failures of Adjustment: This video discusses personality disorders in three parts which are: the antisocial personality, disorders of isolation, and manipulative disorders. We find an array of complex behavior problems in the category of personality disorders. (56 Min.)

Post Acute Withdrawal - Post Acute Withdrawal (PAW) is caused by the long-term aftereffects of chronic alcohol and drug poisoning on the brain. In this presentation recovering people discuss how they came to understand and identify the symptoms of PAW in their own recovery. The most recent research on the causes and symptoms are summarized. This presentation is powerful and informative.

Powerlessness: Step One: Father Terry Richey presents "why to's" and "how to's" of the acceptance of powerlessness. He stresses that that concept of powerlessness is not an intellectual, but a spiritual one, and the sobriety can be maintained with the strength and comfort of one's own Higher Power. (30 Min.)

Prevention: Father Joseph Martin presents this video on prevention. Alcoholism can be reduced. If alcohol abuse (the free choice to drink too much too often) is the main door leading to alcoholism, we must reduce abuse. One must make sensible decisions about alcohol.

"Psychoactive Prescription Drugs and Human Physiology" This program describes the types of psychoactive drugs (such as pain relievers, sleep inducers, and mood altering drugs) and shows how they work in the body. The dangers of abusing these medications are then explored. With some drugs, tolerance can develop rapidly, leading to the possibility of addiction; withdrawal can be painful and possibly life-threatening. The margin between therapeutic dose and overdose may be a slim one indeed. (18 Min.)

Psychological Defenses: Series A/B: This video series is presented in three parts which are repression, avoidance/denial, and regression/undoing. This program illustrates some of the most commonly-used psychological defenses in both normal and abnormal behavior. It is an introduction to this challenging and intricate subject, providing a solid conceptual base for further study. (39 Min.)

✓ **Psychotherapy and Spiritual Paths:** While meditation may be ideal for some individuals, others with poorly developed ego structures may be harmed by engaging in intensive spiritual practices designed to dissolve the boundaries of the ego. Dr. Boorstein discusses his transformation from a conventional - and atheistic - psychiatrist to a student of spirituality. (30 Min.)

Rational Emotive Therapy: This informative film presents a unique introduction of Rational Emotive Therapy (RET), an approach developed by Dr. Albert Ellis in the 1950's that has since become one of the most widely used and respected forms of therapy. (30 Min.)

Recovery and the Family: Father Martin asks and answers: Why isn't the sobriety of the alcoholic or addicted person enough? Each family member must get well; the entire family must work at their personal recovery by interacting as a family group. (20 Min.)

Recovery From An Eating Disorder: Eating disorders are not about food, says Father Leo. They are the symptoms of feeling that we have no choice, of feeling victimized. Recovering from an eating disorder begins when we learn to take responsibility for our lives. The different kinds of eating disorders are explored.

Recovery and Human Physiology: Alcohol: This program explains the common problems that recovering alcoholics often face. It describes the mood changes suffered during recovery, the problems with stress and common physical ailments. (18 Min.)

Recovery and Human Physiology: Drugs: Recovery from drug abuse takes time. It has its own share of pain, its own physical and mental discomfort. This program tells recovering abusers what to expect. The physical and mental aspects of recovery are covered in detail. (18 Min.)

Recovery Roulette: Can You Gamble With Drugs?: A harmless cough syrup, tranquilizer, or sleeping pill can lead to relapse. People in recovery need to know that, for them, any mood-altering chemical is likely to create a new addiction or lead back to the old one. This animated film is presented with humor and a light touch. (22 Min.)

"Relapse": Father Joseph Martin discusses some warning signs to look for before you drink or use drugs again. Stinking Thinking usually precedes actual drinking. Greatest danger in the thinking is denial. This video presents some answers to what can be done to prevent relapse.

Relapse Prevention: This video addresses the real world problems the substance abuser must face daily. Such problems as denial, substitute addictions (food, nicotine, sex, etc.) and behavioral problems are all covered in this film. (45 Min.)

The Relapse Process: Relapse begins long before a person ever begins using alcohol or drugs. Mr. Gorski explains the progression of warning signs that escalate from internal dysfunction, to external dysfunction, to sobriety-based loss of control, to chemical use. The general principles of managing these warning signs are explained.

Relationship Building - Achieving Intimacy: This video explains to the viewer what constitutes a normal relationship and what steps are involved in the building of one. The analogy of constructing a house as a way of explaining how to create a healthy relationship is used. You can have a healthy relationship. (33 Min.)

Relationship Styles: Compulsive, Apathetic, and Healthy: The three types of addictive relationships are examined and explained. These types of relationships are different in eight important ways. These areas are explained as to how they apply to the three types of addictive relationships. (30 Min.)

The Road Back "Making the Most of Freedom": This is a video used to assist the newly released offender. It records the experiences of two men just released from incarceration as they confront everyday problems. (35 Min.)

The Roots of Addiction Parts One and Two: Dr. Wallace examines the biopsychosocial nature of the disease concept of addiction bringing these ideas to life with his unique combination of vital information and wit. (55 Min.)

Say Yes To Life!: This video tape explores the reasons we learn early on to say "no" to ourselves and to life - the dysfunctional families or origin and the different kinds of abuse.

Second Half: The Thomas Henderson Story: Thomas Henderson was the NFL's first cocaine casualty. It cost him his career and, for a few years, his freedom. Thomas has been clean and sober since 1983, and he has a message for young and old. This video is full of hope for everyone, especially minority populations in schools, treatment, or jail. It offers a way out, a road map, to successful recovery. (30 Min.)

Secret Addictions: Women in Treatment: Single and married women, mothers, and their children describe their own experiences in treatment and recovery. This documentary looks at some residential rehabilitation programs, and includes observations by medical doctors, psychologists, and other professionals involved in the field. (32 Min.)

Serenity - A Visual Image: This tape is offered as emotional support for the substance abuser leaving the treatment facility and beginning the crucial period of reintegration into society. The video is also offered as an aid for groups after highly emotional sessions. (25 Min.)

Sex and Drugs: The Intimate Connection: This video shows you the intimate connection between sex and drugs and how they relate. (18 Min.)

Sex, Blues, and Booze: A funny film that educates about drug and alcohol abuse and the sexual dysfunctions it can create. The film has just the right amount of humor mixed with a very serious message. (12 Min.)

Sexual Addiction: Sexual addiction, because of its similarities in recovery and relapse to chemical addiction, is a threat to interpersonal relationships. Exhibitionism, voyeurism, obscene phone calls, child molestation, incest, rape, sex acts and affection withholding are discussed. The twelve step program, directed toward both males and females, as well as homosexuals, is discussed in this lecture video. (45 Min.)

Shame & Addiction: John Bradshaw discusses the differences between shame and guilt. Shame becomes a state of being, and a child may grow up and act in shameless ways. The shame becomes a cycle. Mr Bradshaw discusses how this shame relates to addictions and the steps to take to recovery. (28 Min.)

Smokeable Cocaine: The Haight-Ashbury Crack Film: This film on the physiology and compulsion of smokeable cocaine, details how freebase and crack manipulate brain chemistry. It demonstrates how the initial euphoria is quickly replaced by dysphoria and depression. (28 Min.)

Soft is the Heart of a Child: The effects of alcoholic parents on their children are forcefully presented in this video. (28 Min.)

The Sound of Silence: Physical abuse and incest have a high rate of incidence in families where alcohol and drug use is problematic. Claudia Black provides a means that will allow these taboo subjects to be recognized and addressed. This film will initiate a process of recovery for the abused, and the abuser. (26 Min.)

Spirit to Spirit: Women Empowered in Recovery: Women share their stories with viewers, explaining what recovery means to them. This video focuses on many concerns for women such as relationships, sexuality, intimacy, parenting, self-esteem, and support groups. (30 Min.)

Spirituality and ACOA Recovery: Recovery, says Father Leo, is the process of confronting and discarding those old beliefs and behaviors. He shares his solutions for going through the process and developing a new spirituality based on truly believing that we have the power within us to become positive, creative human beings.

Staying Off Cocaine - Avoiding Relapse: This video covers down to earth problems in recovery the substance abusers can identify with. This is a good resource for patient education and in-service training of staff members. (38 Min.)

Staying Sober and Keeping Straight: Directed to everyone in treatment, this film identifies the common relapse precipitants and dramatically illustrates how specific "high risk" factors can be managed. This film provides an important tool for treatment centers by giving the therapeutic community an effective way to show addicts what the threat of relapse really means. (35 Min.)

"Step One of AA" - Father Joseph Martin discusses the importance and significance of step one of AA. It forms the base of the pyramid of the recovering alcoholic's life. Step one says "Give in or you'll cave in."

Step One: The Foundation of Recovery: Focusing on issues such as admitting powerlessness and unmanageability, this video helps the viewer recognize denial and overcome the refusal to acknowledge the problem of chemical dependency. (30 Min.)

"Step Two of AA" - Father Joseph Martin discusses step two of AA. This step proves the importance of going to and being present at meetings.

Step Two: Power and Sanity: Reinforcing the need for recovering people to explore spirituality, this video explains the promise of hope found in turning their will over to their Higher Power. (20 Min.)

"Step Three of AA" - Father Joseph Martin discusses step three of AA. This step says to get in touch with God and place yourself in His care.

"Step Five of AA" - Father Joseph Martin discusses step five of AA. Step five is resolving the guilt of the past by admitting the exact nature of wrongs to God, self, and one other human being.

Straight Talk: Mr. Roland Abner, a former addict, talks to the audience discussing the emotional highs, lows and physical deterioration of narcotics addiction. The video addresses the self destructive results of heroin and alcohol abuse and the effects of drug-dealing, i.e., prison, physical attacks, etc. (28 Min.)

Stress Management: Dr. Barlow's work focuses on practical, easy to use methods for monitoring and managing stress at home and in the workplace. She offers numerous suggestions for becoming aware of how stress influences the body and for discharging the effects of stress before they become toxic. (30 Min.)

Stress Reduction Strategies That Really Work: This video gives viewers the tools they need to help analyze stress in their lives and then master it. Viewers learn explicit, easy-to use techniques to help turn attitudes and responses to stress around. Viewers learn that effective stress management lies in a lifestyle approach. (30 Min.)

The Spirituality Tape: Treatment centers report that as many as 95% of the people entering rehabilitation identify themselves as agnostic. This production talks about self-awareness, working through negative memories and positive individual growth. This is not a tape on organized religion. (45 Min.)

The Sponsor Tape: This video explains the process after leaving the treatment facility and ultimately finding a compatible sponsor. The sponsor is an individual with whom the recovering person can confide in, listen to and receive suggestions, but not direction, from. (45 Min.)

Street Drugs: "Street drugs" are any substance bought or sold, used or abused outside a normal doctor/patient relationship. In this straightforward and objective film hosted by Jimmy Smits, viewers will learn how these drugs affect both the brain and body. (30 Min.)

The Target Zone: This film follows six participants through a beginning, 12-week Target Zone Exercise Program. Their results include dramatic reductions in body fat, blood pressure, and weight; positive gains in muscle tone, aerobic capacity, and energy levels. Best of all, they experience greater self-confidence and self-esteem along with the surge of well-being that comes with being physically fit. (29 Min.)

The Total Self: In this intriguing program, Dr. Hal Stone proposes that we are not unitary beings, but that we consist of many autonomous sub-personalities and energy complexes. These express themselves as voices in our minds. Total self-understanding must include a detached awareness of both the primary and disowned parts of ourselves. (90 Min.)

Tranquil Vision: This video is a relaxation aid. It helps one learn to achieve a neutral mental state by visualizing semi-abstract scenes. (39 Min.)

"The Twelve Steps" - Father Joseph Martin discusses the development of the twelve steps of AA and how they work. The result is happy, effective, productive sobriety.

Treating Cocaine Addiction Successfully - Part I - Intake to Abstinence: This video is a step by step guide to help patients deal with and stop using cocaine. It covers denial, the clinician's role versus the patient's role and much more. (48 Min.)

Treating Cocaine Addiction Successfully - Part II - Relapse Prevention: This video is a guide to help the patient stay off cocaine, alcohol, etc. It identifies common slips the patient will deal with in normal day to day living. (45 Min.)

Turning It Over: Step Three: Father Terry Richey presents "how to" guidelines for the step of "turning our lives and our will" over to our Higher Power. We're reminded that we are no longer alone in our drive for sobriety. We have the support of the group and our Higher Power. (30 Min.)

Twelve Step Theory and Practice: This tape provides both pragmatic and theoretical knowledge of the twelve step theory for the counselor/facilitator. This video is useful for all addictions: substance abuse, eating disorders, sexual, gambling, etc. (45 Min.)

Twenty Questions: This video tape is an educational way for individuals to identify substance abuse problems in their behavior. It helps the abuser to overcome denial through self motivation. George Kennedy narrates this dramatization based on true life situations from the case files of alcoholics receiving treatment. (30 Min.)

Uppers Downers, All Arounders - Part I and II: A majority of the aspects of psychoactive drugs are presented in a nonjudgmental way through interviews and medical facts. AIDS information is also presented in this video. (Two 30 Min. Tapes)

Use of Time: This film leads the audience through an examination of four major time zones: work time, sleep time, life maintenance time, and leisure time. It challenges the viewer to consider how chemical abuse has affected each zone, and how productivity can improve with new choices in recovery. (26 Min.)

Unresolved Anger: This film is encouragement for the recovering person to look honestly at the hurt and anger felt in the past. It shows alcoholics and other drug addicts how they can find release from the bondage of anger that creates the want to abuse oneself. (35 Min.)

Values: Values is a Father Martin video that identifies alternatives to alcohol and drug related social lifestyles. This is a good film to show parents; it is informative about the problems of self-worth facing young people. Depression, incest, suicide, run-aways, personal values and more is the subject of this production. (45 Min.)

Winner by Decision... From Denial to Recovery: This is the true story of Olympic Gold Medalist and heavyweight contender Tyrell Biggs. Biggs rose from the mean streets of Philadelphia to international fame in the ring, when his addiction to drugs and alcohol put him down for the count. He did recover and is now winning again. The video emphasizes peer pressure, denial, disease progression and living clean and sober. (18 Min.)

What Can I Do Today? Adults: The "how" of recovery for chemically dependent adults. Twelve sober adult addicts from a variety of backgrounds and ethnic groups talk candidly about their early recovery. (45 Min.)

What Can I Do Today? Teens: Adolescents from a variety of backgrounds talk to their peers about their alcohol and drug use and their first few months of living sober. No authority figures are seen in this video, only peers with whom other teens can identify. (30 Min.)

Women and Alcohol: Carol Burnett narrates a sensitive and revealing look into the lives of four recovering women. This video covers the social pressures and role expectations that contribute to dependency by women. The dynamics of family relationships, social and moral demands of the changing female role are addressed in this multi-racial/cultural video. (30 Min.)

Women, Drugs And The Unborn Child: Drug use has startling implications when the user is pregnant. The two programs examine the issues surrounding prenatal drug and alcohol use frankly and sensitively. (58 Min.)

Working the Steps 1-7:

Working the Steps 8-12: These videos, a two part series, explain how to work the twelve step program. Experience has shown that most substance abusers need more support than attending meetings. The double series of videos is presently simply, with audience participation. (Two 45 Min. Tapes)

Young People in AA: Several young men and women from all walks of life tell their story before they joined AA. (28 Min.)

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