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WHAT'S YOUR ANTI-DRUG?



**"MAJORITY RULES.
MOST KIDS DON'T USE DRUGS."**

Most of us have something in our lives that's important enough to stand between us and drugs. As these pages show, we are making good choices – great choices – for ourselves. Featured here are several of the hundreds of personal "anti-drugs" that we really care about. And that we want to share with each other. Our stories. Our art. Our poetry. Our photography. Our voices.



WHAT'S YOUR ANTI-DRUG?

HOW ABOUT

Thousands of young people ages 10 to 17 from across America answered the question "What's Your Anti-Drug?" by sending in submissions for this supplement as part of a national campaign to invite kids to share the one thing that stands between them and drugs. Space constraints added to an already difficult task of choosing final selections for publication. Check out www.whatsyourantidrug.com or call 1-877-958-4900 to find out more about this nationwide initiative by the White House Office of National Drug Control Policy's National Youth Anti-Drug Media Campaign.

POETRY

MY ANTI-DRUG.

Life with drugs it is like...

A flower without sun
A night without stars
An ocean without fish
A city without cars

Courage without hope
Love without lust
Heroes without heart
Love without trust

Life without friendship
Life without love
Life without family
Life is just better off without drugs.

JOSHUA SANTIAGO 15 DOVER, NJ



DRAWING

MY ANTI-DRUG.

DIANA BARRIENTOS 11 ALEXANDRIA, VA

WRITING

MY ANTI-DRUG.

"Moving"

Dread.
Pack.
Can never look back
At
Your old home.
You must depart
From friends
And memories.
Soon, the house and friends
Will fade
And become
decrepit.
But the memories will
Always
Last Forever.

ABIGAIL TANG 12 BROOKLYN, NY

MUSIC & ART

MY ANTI-DRUG.

PHILLIP WASHINGTON 15 WASHINGTON, DC

As you can see music and art are my anti-drug specialties.



SKETCHING

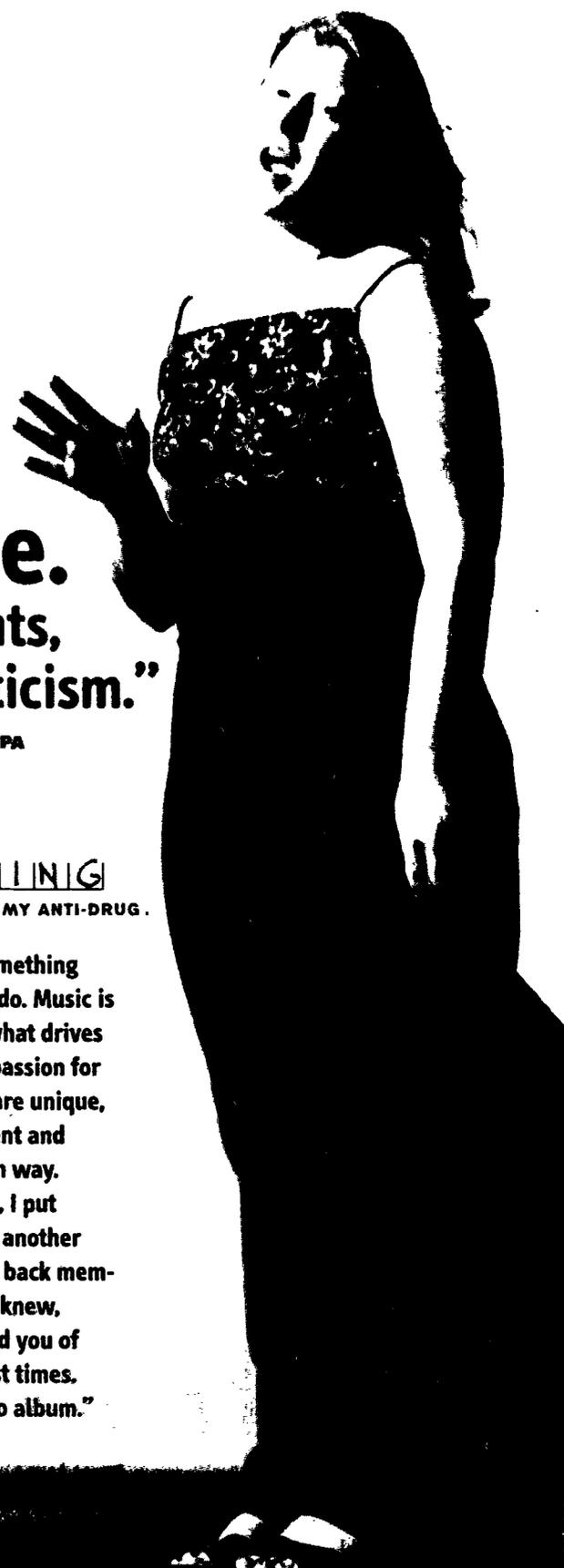


DRAFTING

MY ANTI-DRUG.

BRANDON KIMBALL 14 FRANKLIN, PA





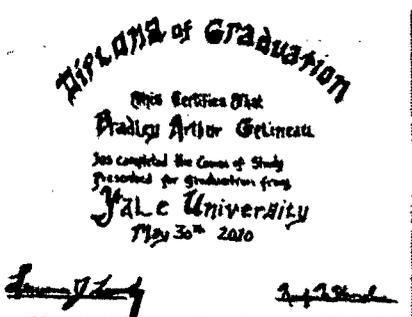
“Music is like
another place.
 There’s no judgments,
 no stereotyping, no criticism.”

— MARIE GOTT | ERIE, PA

E D U C I A T I O N

MY ANTI-DRUG.

BRAD GELINEAU 13 ESSEX JUNCTION, VT



C A R T O O N I N G

MY ANTI-DRUG.

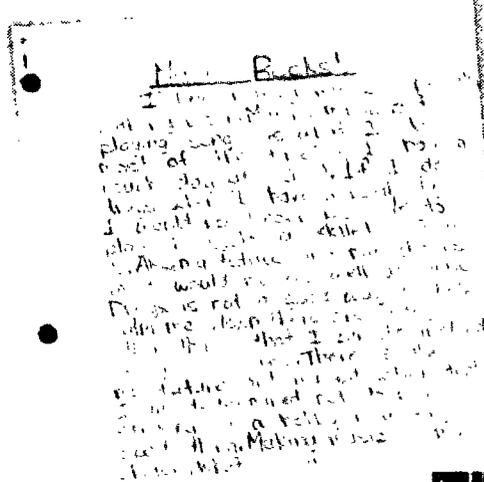
CARL J. BOGER 12 TAMPA, FL



S I N G I N G

MY ANTI-DRUG.

“Everybody has something they really love to do. Music is what excites me, what drives me most. I have a passion for singing. All songs are unique, like people; different and unique in their own way. When I sing a song, I put myself in it. I go to another world. Songs bring back memories – people you knew, events. They remind you of your best and worst times. Like a mental photo album.”

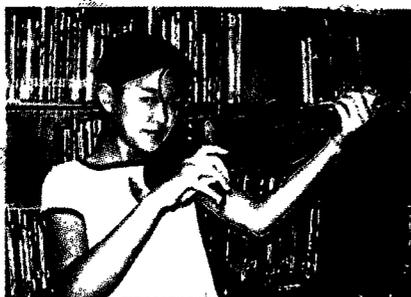


S P E A K I N G

M U S I C

MY ANTI-DRUG.

GRACE CHEN 11 GLENN DALE, MD



Are you ready to
 take your first
 step towards
 a bright future?
 Don't just
 dream about it,
 make it a reality.
 Call today!



1 Week - \$75
 1 Year - \$1,875
 2 Years - \$3,000
 3 Years - \$4,125
 10 Years - \$13,500
 20 Years - \$28,000

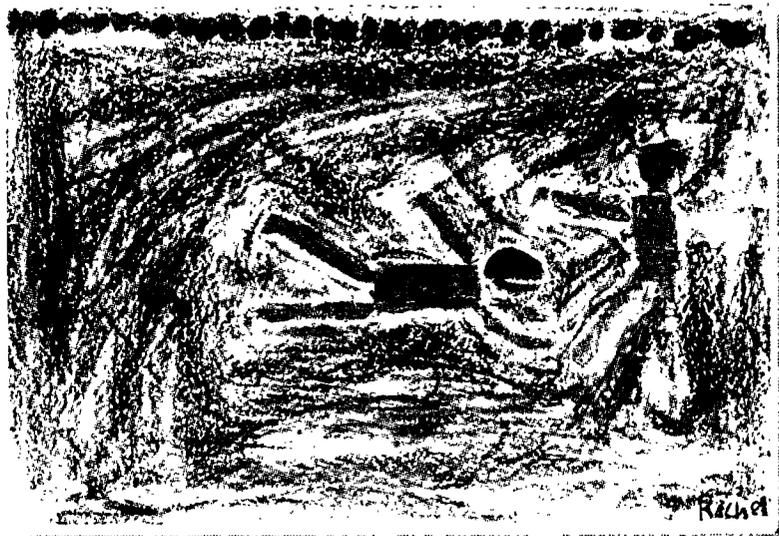
THE ARTWORK TO THE LEFT WAS DESIGNED BY THE HENDERSVILLE, TENNESSEE FFA CHAPTER FOR A NATIONAL PUBLIC SERVICE ANNOUNCEMENT CONTEST. SPONSORED BY THE NATIONAL FFA ORGANIZATION, THE DESIGN WON FIRST PLACE FOR PRINT ADVERTISEMENTS.

HOW ABOUT

■ SWIMMING

MY ANTI-DRUG.

RACHEL ACEVEDO | 10 | ALTAMONTE SPRINGS, FL



■ MI FAMILIA

MY ANTI-DRUG.

A mi me gusta mucho el Arte, deportes y ver television. Le ayudo a mi mamá en la casa y luego me gusta jugar un rato con mi hermanito. Haci que todo el tiempo tengo mi mente ocupada con la escuela y con mi familia.

MARCO CASTEÑEDA 14
FARIBAULT, MN

■ PHOTOGRAPHY

MY ANTI-DRUG.

SYDNEY STEELY 11 MURFREESBORO, AR



■ PARENTS

MY ANTI-DRUG.

What makes anyone do drugs?
It's their wrong friend.
It's their bad excuse.
It's their first time.
It's the lack of life.
It's the lack of love.
It's that empty feeling.
It's their parents.
It's an escape.
Whatever, it's wrong!

What stops people – you –
from doing drugs?
It's your right friends.

It's your good excuse.

It's every time you turn
an offer down.

It's the only way to be cool.
It's that good feeling
about yourself, you don't
wanna lose.

It's your family.
It's your parents.
It's avoiding the wrong things.
It's your friend's sleep over.
It's your grandma's cheesecake.
It's your teacher's wink.
It's those dinners with your mom.
It's your baby pictures.
It's illegal.
It's your body you don't wanna
mess with it.

CATHERINE KOLIMAS 12
WASHINGTON, DC

■ FAMILY

MY ANTI-DRUG.

My mother always said I could be anything I want,
A doctor or a teacher,
A therapist or preacher,
I could sell real estate,
Or a host of a TV show, that's on real late,
A reporter on the news,
Or a detective looking for clues
I have so many opportunities headed for me,
I believe my mom when she,
Says I could waste my whole life,
And turn happy times into strife,
By using alcohol or drugs,
Would kill me like you'd squash a bug,
My anti-drug is what lies ahead,
My future, my life,
My family, and friends.

KRISTEN SADALY 12 | ERIE, PA

■ FRIENDS

MY ANTI-DRUG.

Friends having fun
going to have a hot dog in a Bun.
We're going to my house
I scared them with a play mouse
playing my Playstation
and listening to my radio station.
We're going to her house.
She might scare me with a play mouse.
Playing her Nintendo 64.
We ate apples down to the core.

LAUREN REED 10 OTTAWA, KS

■ CHURCH

MY ANTI-DRUG.

NICHOLE MEADE 11 | NON, VA



■ DRAWING

MY ANTI-DRUG.

DELIA DENNEL 15 DOVER, NJ



TEAMWORK

MY ANTI-DRUG.

STEPHANIE MENARD BROOK
GRANGER WENDY THOMPSON
BEAU CHENE, LA

Brook – Living here, there's not a lot to do. You need to join groups, have friends. It gives you a sense of belonging. Stephanie – I've seen how a lot of people mess up their lives. I want to remember the here and today. I really care about what will happen to us and the younger generation. Wendy – Parents put you on the right path. I listen to my daddy. He wants me to do better than what he did. Brook – They

LITTLE BROTHERS

MY ANTI-DRUG.

Believe it or not, my little brother, Caleb fills the role as my anti-drug.

Caleb Joseph Bennett is the name of my 4 year old brother. A blanket toting, dirtbike riding kid would be the way that I describe him.

Even though we sometimes don't get along, I would never even dream of how my life would be without him. Playing basketball, riding bikes, and reading books are a few of the many activities we enjoy doing together.

Instead of calling me Alex, he addresses me as "sister." Of all the people I know, everyone thinks this is the cutest thing.

Lately I have been showing Caleb how to write his ABC's. Although sometimes frustrated, he never gives up.

The best reason I can give you for Caleb being my anti-drug is that I try as hard as I can to be a role model for him as well as a big sister. Like I said, I would not know what to do in my life without my little brother to inspire me. I just want to tell him thanks for everything and I love him.

ALEXANDRA JOHNSTON 13 ST. MARY, PA

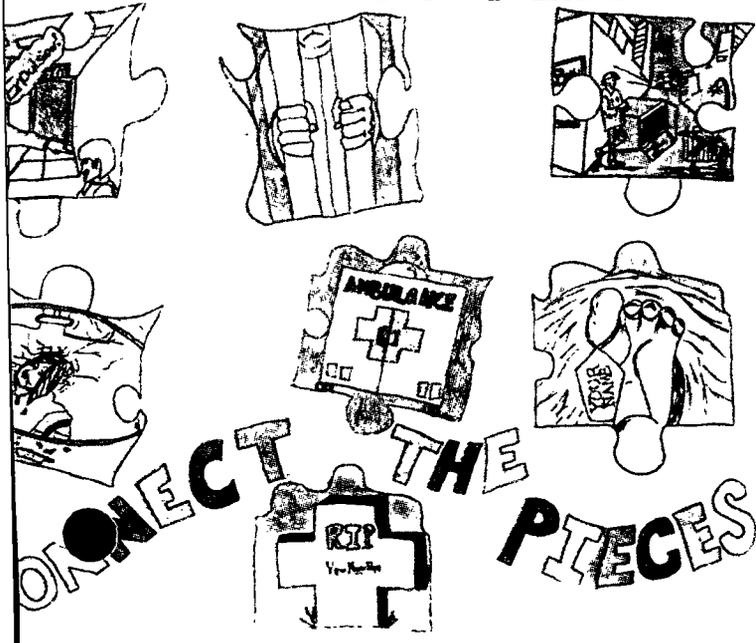
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"Being on a team makes you feel like you're wanted"



BROOK, WENDY AND STEPHANIE ARE MEMBERS OF THE BEAU CHENE FFA CHAPTER. THEY WON A PUBLIC SERVICE ADVERTISING CONTEST EARLIER THIS YEAR, SPONSORED BY THE NATIONAL FFA ORGANIZATION. BELOW IS THEIR BILLBOARD DESIGN, "DRUGS TAKE YOU PLACES."

DRUGS TAKE YOU PLACES



HOW ABOUT

"I don't really talk to people about my feelings. I'm always thinking about football. It makes me feel happy when I go up or down."

FOOTBALL

MY ANTI-DRUG.

FRANKLIN WRIGHT · BETHESDA, MD

"Football has changed my life in a lot of ways. I've had to work hard. I don't have a father in my life. Since he's not around, people don't think that it bothers me. I try to get over it, but you wonder what it would be like. Some people think that football is just a game. It's really the only thing in my life. The game is important, but it's all the other things that come before the game. Discipline. Leadership. How the team comes together. Working hard. Having fun. I made a promise to myself that I would be good, no matter if I'm big or small. Some kids just want to play in high school. I want to play forever."

BASKETBALL

MY ANTI-DRUG.

JORDAN HARDIN 10 PEORIA, IL



PHOTOJOURNALISM

MY ANTI-DRUG.

Drugs never fit into my equation of taking a good picture. They would slow down my reactions, and in an activity where speed is crucial, I'm certain that the "moment" would fly right by me if I were hampered by drugs.

Whenever I see any of my photos published, a smile of pride always appears on my face. I am certain that if I were to ever use drugs, the quality of my photographs would diminish greatly, along with my smiles.

There is no substitute for the extra bounce in my step or happiness that photography gives to me. My love for finding the "moment," is enough reason for me to not use drugs.

ALEXANDRA KENIG 17 AUSTIN, TX



■ BALLET

MY ANTI-DRUG.

JANELLE MAR 14 MODESTO, CA

Ballet

Strong muscles and flowing grace,
a lot of technique builds the base.
A healthy body with slippers snug,
are all a part of my "anti-drug."

With ballet classes hours a day,
I have no time to be laid out.
Ballet challenges your mind and body too,
throughout every step there's something new.

Opportunities come to share with others.
The joy found in dancing and yet another
face to smile; that's when you know,
deep down in their hearts, you've touched their soul.

In my schedule, drugs are out,
ballet fills the empty moments without a doubt.
My one wish is to try drugs anymore,
because they know I've got big plans in store.

This is my "anti-drug" with reason enough,
ballet keeps me from smoking or taking a puff.
There's too much of life I want to see,
so I will forever be, drug-free.



■ ROCK CLIMBING

MY ANTI-DRUG.

STEPHEN CLAYTON 16 AUSTIN, TX

■ CROSS COUNTRY

MY ANTI-DRUG.

I don't smoke cigarettes. I prefer to smoke
the competition. That's why I run.

JAMES SCHLEICHER 16 AUSTIN, TX

■ GYMNASTICS

MY ANTI-DRUG.

I think kids, especially girls, should be in
sports because it makes you feel good
about yourself. Sports teaches you many
things about life. You don't get bored and
have a lot of time to get into trouble and
take drugs. It also teaches you to work in
a team and to learn how to get along with
your teammates. It keeps your mind alert
and your body physically fit. The coaches
are my mentors and help me to be the
best I can be.

KIMBERLY PUCKETT 11
UPPER MARLBORO, MD

■ BASKETBALL

MY ANTI-DRUG.

You can learn how to do neat tricks like
making the ball go through your legs or
making someone think that you're going
left instead of right. If I did drugs I wouldn't
be able to be a basketball player.

DIPO ADEDEJI 11 GLENN DALE, MD

■ SOCCER

MY ANTI-DRUG.

The Sound of My Anti-Drug
I hear

the roaring of the fans
the bang of the soccer ball
the running of the kids
the whistle being blown
the huffing and puffing of the players
calling off the field
crying of the hurt players
the clapping of hands
the swaying of the net
the falling of the goalie saving the game
the sound of my anti-drug.

MELISSA FLYNN AGE 11 LOUISVILLE, KY



