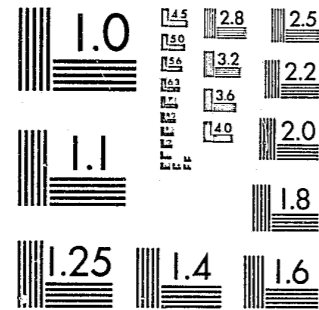


National Criminal Justice Reference Service



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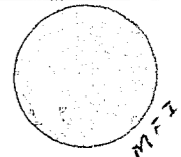
National Institute of Justice
United States Department of Justice
Washington, D. C. 20531

7/19/85

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U. S. DEPARTMENT OF JUSTICE
Office of Justice Assistance, Research, and Statistics

CATEGORICAL GRANT PROGRESS REPORT



This recordkeeping requirement falls under the authority of P.L. 96-511, Sec. 3507. The information provided will be used by grant monitors to track grant progress. No further monies or other benefits may be paid out under this grant unless this report is completed and filed as required by existing laws and regulations (OMB Circulars A-101 and A-110, Omnibus Crime Control and Safe Streets Act of 1968, as amended, Juvenile Justice and Delinquency Prevention Act of 1974, as amended, and the Justice System Improvement Act of 1979, as amended).

1. GRANTEE GIRLS CLUBS OF AMERICA, INC., NY		2. AGENCY GRANT NUMBER 79JSAX0036	3. REPORT NO.
4. IMPLEMENTING SUBGRANTEE GIRLS CLUBS OF AMERICA, INCORPORATED		5. REPORTING PERIOD (years) FROM: 11/1/80 TO: 3/30/81	
6. SHORT TITLE OF PROJECT DELINQUENCY PREVENTION PROJECT		7. GRANT AMOUNT \$225,000.	8. TYPE OF REPORT REGULAR <input checked="" type="checkbox"/> FINAL REPORT SPECIAL REQUEST
9. NAME AND TITLE OF PROJECT DIRECTOR MARTHA BERNSTEIN	10. SIGNATURE OF PROJECT DIRECTOR <i>Martha D. Bernstein</i>	11. DATE OF REPORT July 25, 1981	

12. COMMENCE REPORT HERE (Continue on plain paper)

I. PROJECT MANAGEMENT

During the third year of the project the national organization made the decision to place the Coordinator in a core staff position at GCA. Girls Clubs of America sought funding to maintain the Associate Coordinator's job line; however, that search was unsuccessful and Peggy Thomas left the staff on March 15, 1981. The secretary of the project left GCA in November to take a permanent position with another organization. Staff decided that the most effective way to continue the work of the project was to reallocate her salary line to secretarial services.

Because of printing and production problems, the publishing of the project's final report was delayed much longer than we had anticipated. As of this date, the manual is being distributed to our Member Organizations as well as to a mailing list of other organizations with whom we have collaborated. The manual has been well-received and the seven participating Clubs plan to use it for local publicity and fund raising.

During the last year only two out of the seven originally scheduled site visits were completed. Contact was maintained with the clubs through the 800 line as well as staff's attendance at regional meetings. The travel schedule was revised because the staff felt that project resources were better used for an orderly, close-cut procedure.

II. REPLICATION

At the Girls Clubs of America's National Conference, staff of the seven project sites were speakers on panels describing their experiences with the grant. The Westinghouse National Issues Center provided facilitators for each of the workshops relevant to the grant.

13. DATE WHEN RECEIVED BY GRANTEE (CRIMINAL JUSTICE COUNCIL) _____ 14. DATE _____

U.S. Department of Justice
National Institute of Justice

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U. S. DEPARTMENT OF JUSTICE
Office of Justice Assistance, Research, and Statistics

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II. REPLICATION (cont.)

As part of our replication efforts and the National Organization's mandate for expansion, the project staff along with the Public Relations department developed a film which gave national visibility to our delinquency prevention programs.

Project staff held a meeting Sept. 29-30th with representatives of the Constitutional Rights Foundation (CRF) and 13 local Girls Clubs. CRF has, since 1963, been developing programs for use principally in the public schools which are designed to increase public understanding of the legal system and process. Our plan was to develop a pilot project to test and evaluate the CRF law related education program's appropriateness to a Girls Club setting.

CRF supplied our member organizations with books and program materials and several of the 13 clubs have already begun doing law related education projects. Integral to this type of programming is the involvement of community volunteers to familiarize the participants with their local justice system. The clubs have utilized police officers, judges, lawyers and school administrators in presenting their programs.

The response from the local clubs has been extremely enthusiastic. The programs have received a great deal of community support and have therefore increased the clubs visibility substantially.

GCA and the Constitutional Rights Foundation have developed a collaborative concept paper to fund a nationwide law related education program. This program would include adapting the existing CRF materials to the Girls Clubs structure. We also anticipate developing additional materials which cover issues that are of particular interest to Girls Clubs members. Some of the topics are: Youth and the law, child abuse and neglect, rape consumer law, sex discrimination and school violence and vandalism.

As a result of the agency's participation in the Delinquency Prevention Project GCA has identified the acquisition of reading and writing skills as of prime importance to the population we serve. The organization has designed a program that utilizes our Creative Theatre, Acting You, approach. Because it stresses the fundamentals of self concept, skills building, and motivation, it is a natural extension of the work to use the program to stimulate reading and writing competency. Our assumption is that many reading and writing problems are caused by lack of motivation, low self-esteem, and lack of experience in the world.

In developing our materials we are fortunate to have secured the agreement of Project Read staff members to work with us as resource people. They are a Washington, D.C. based national literacy and arts organization with an admirable record of effectiveness, who will consult with us on training designs and evaluation techniques. This program has been funded by a private foundation and the pilot is being tested in three states.

13. CERTIFICATION OF RECEIPT BY GRANTEE CRIMINAL JUSTICE COUNCIL (Official signature)	14. DATE
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II. REPLICATION (cont.)

The national staff has provided technical assistance to several affiliated clubs who have applied for funds on a local or state level under delinquency prevention initiatives. Clubs responding to the Capacity Building initiative received help when they wrote their proposals. We anticipate that a number of new clubs will be doing juvenile justice programming in 1981.

III. COLLABORATIVE ACTIVITIES

The Task Force of the Juvenile Justice Program Collaboration, of which both the Coordinator and Associate Coordinator are members, sponsored a Wingspread Conference on Community Collaboration: Acting Together/Working for Change January 18-20, 1981. Martha Bernstein, Coordinator and Chair of the Task Force and Edith Phelps, National Executive Director, were both speakers. The Conference focused on the process of collaboration and its effect in the area of Juvenile Justice.

The Coordinator is a member of the Advisory Committee and the Associate Coordinator has participated on the Justice Task Force for the Women in Crisis Conference. Peggy Thomas' role was to insure that the needs of girls and young women were addressed in the program of the conference. She was also a presenter at the last conference held in Washington, D.C.

The Coordinator will write the introductions for the National Council of Jewish Women's Survey on Girls in the Juvenile Justice System.

The Project Coordinator and Associate Coordinator have continued to meet with representatives of various organizations to promote collaborative activity. Some of these agencies are: The Junior League, American Red Cross, New Directions for Young Women, etc.

FINAL REPORT

GIRLS CLUB OF ALLENTOWN

I. Project Management

This year we concentrated on working with the girls living in Cumberland Gardens which is a housing project operated by the Allentown Housing Authority. Girls Club of Allentown offered an after school program five days a week in the Cumberland Gardens Community Center. Girls were bussed daily from Cumberland Gardens to Camp Rainbow during the summer program. A few also joined in the fun at Camp Horseshoe, our overnight camp. We are still working on trying to get the girls bussed to the main building for programming so that the girls will still be able to participate in programming when LEAA funds expire.

II. Direct Services

Classes that were offered at the extension included: arts & crafts, swimming, games and dance, teen topics, sewing and cooking. Teens in both the main building programs and the extension programming could earn a People Factory T-Shirt by completing "The All New People Factory", which was designed to be an independent study that would integrate the girl into existing programming, have her explore a career through her own creative project and participate in a volunteer project of her choosing. It has also allowed us to continue to serve the population of our target market, under the LEAA funding year one and two, without hiring additional staff.

Teens were relied on heavily at the extension to assist in planning and implementing classes, record keeping, outreach and keeping equipment organized. They were a great help in filling some of the void due to the staff shortage. The teens were acknowledged for their assistance with certificates of merit during the birthday week celebration. Many of the teens participated in the March of Dimes Walk-A-Thon. Also movies were borrowed that dealt with teen topics that led to discussion groups after its showing.

Camp Rainbow, our day camp, consisted of classes in sewing, arts & crafts, ceramics, cheerleading, baton, moppets, gym, safety and movies. Special events were field trips to Philadelphia Zoo, Hopewell Village (a restored iron works) and Dutch Wonderland (amusement park). We rented movies "Million Dollar Duck", "Tom Sawyer", "Wackiest Ship in the Navy" and "Treasure Island". We held cooking classes and Street Theatre plays. The girls also had the choice between swimming at a city pool or games in the park daily.

Camp Horseshoe is an overnight camp run in two different one week sessions

Direct Services (Cont.)

at the Boys Club camp. This year Girls Club of Allentown invited Girls Club of Bethlehem to join them at Camp Horseshoe. Girls enjoyed daily swimming lessons and free swim. Also offered were Camp crafts, arts and crafts, games and nature classes. The Stoners sent representatives to run soccer clinics. Some short classes were held in the afternoon such as sign language, kickball, fishing, water games, ice cream making, pop corn popping, mime, plus more. Evening activities included: a water carnival, a Dutch Auction, new games, square dancing, and mime.

Very little outreach was needed at Cumberland Gardens outside of a flyer sent to all girls ages 5 - 18 living in Cumberland Gardens. Once in a while the project director visited families to explain the program to parents of some of the girls.

Prior to opening the program the project director talked to girls in the gym and some she stopped on the streets to see what classes they would like.

The program director participated in a seminar at the Institute for Humanistic Change. The seminar lasted six weeks and dealt with concerns of adolescent behavior that child workers face.

III. Collaborative Activity

Allentown Housing Authority provided bus transportation from Cumberland Gardens as well as the other two public housing areas to Camp Rainbow. Five agencies, one of which is Girls Club of Allentown planned and held a United Agency Olympics. The consensus among the group was that often inner-city children do not get the chance to participate in this type of competition. The Police Athletic League brought a police dog for all the children to see and told them the dangers of getting too near to the dogs. Red Cross provided materials to run a safety course at Camp Rainbow. Boys Club of Allentown, Girls Club of Allentown and Girls Club of Bethlehem all collaborated to run Camp Horseshoe. As in the past Girls Club of Allentown has acquired use of the beautiful camp belonging to Boys Club of Allentown. Besides loaning the camp, Boys Club provides the kitchen staff, maintenance staff, and the food. For the past two years Girls Club of Allentown has asked Girls Club of Bethlehem to join them at camp. Both clubs provide some of the staff and program supplies.

IV. Advisory Committee

We have been in touch with the members that work for the Allentown Housing Authority, and have asked them for ideas on how we could better service the girls at risk in the housing project. It was suggested that we bus the girls in three days a week to our main building. Our friends at the Housing Authority are presently going through their chain of commands in trying to secure the needed bus transportation.

Final Update

In November, 1980, a Community Development Block Grant proposal was approved to bring up to 100 girls from the three housing projects in Allentown to the clubhouse weekly. The grant involved a three-way partnership with the City of Allentown, Girls Club of Allentown, and the Allentown Housing Authority to undertake a thirty-week program to bus in up to 50 girls on Mondays and another 50 on Tuesdays. They are participating in regular program activities.

FINAL REPORT

GIRLS CLUB, INC. OF BIRMINGHAM

I. Project Management

The third year of operation of the North Birmingham Girls Club was the most productive. The program was housed in four class rooms at the Hudson Community School with access to the gym and lighted tennis courts and sports field. The community school personnel and school administration supported the program and served in an advisory capacity. In addition, the community school provided maintenance personnel to clean the building after the Girls Club activities closed each day. A plug-in telephone was installed to provide communication links for the staff.

The program activities with the primary staff reached capacity early in the year. Additional staff were secured through two work-study students (UAB), six summer youth workers (JCCEO), one senior-aid (Bessemer Tech) and three local volunteers.

A request was made by the nearby residents for sports activities for boys. The Girls Club secured a volunteer to work with the group and provide wholesome, active sports for a limited number of boys.

Equipment and furnishing were added in 1980 from the day camp which was closed. (Typewriter, desk/chair, sport standards, tables, chairs, TV and kitchen supplies.) The Advisory Committee assisted with acquiring any needed supplies and provided fifty gifts for the Christmas "Santa" party. The director met with the staff of the other Girls Club centers for overall planning and developing programs and activities between centers.

Staff/Volunteer Training

Regular staff meetings were held to coordinate and plan program activities. The staff, director and CETA workers attended the following training session and workshops:

- Alabama Staff Training - May 17-18, 1981
- Planning - Meeting - Summer lunch program
- Management training seminar
- National Evaluation meeting Birmingham Community Schools
- Monthly Birmingham Recreational Council meetings
- C.E.T.A. Meetings
- Preview TG/TW film at the Birmingham Public Library
- Volunteer and Information Workshops
- Monthly United Way Executive Meetings
- Girls Club Monthly Board Meetings
- Softball League Meetings
- United Way 1981 Campaign Meetings
- Southern Regional Meeting, October 9 - 13, 1980, Owensboro, Kentucky

II. Direct Services

Career Development (awareness)

A consultant worked with the girls showing films and discussing the do's and don't's when job hunting, how to apply for employment, fill out job applications, the importance of interviews, and the use of resumes. They also discussed various career options.

Homemaking Skills (sewing and cooking)

This activity is divided into classes according to age groups. The girls are taught the fundamentals of both cooking and sewing. After finishing the required simple items in sewing the girls advance to another group where they work on individual items of their choice. They learn how to cut patterns, place zippers, buttonholes, etc.

The cooking classes are enhanced by the D.O.T. program sponsored by Auburn Extension Services. Preplanned, self-teaching menus and recipes are used to teach the importance of nutrition education and the need for a balanced diet. The four basic food groups and other nutrition information make these lessons fun and educational. The menus are compiled in individual folders. After the course is completed each participant is awarded a certificate. The folders are also given to the members to carry home. All recipes can be done at home independent of an instructor because of the simple-to-read instructions.

Creative Writing

This self-motivated activity allows the participant to express herself through writing and dramatization. Choral reading, short skits and impromptu activities make this class fun, exciting and very rewarding for many of the girls.

Arts & Crafts

The crafts projects are varied. Most of the items are scrap art made from junk found around the home or from donations. Some of the items made include pillows made from drapery samples (donated), terrariums made from plastic 2 liter soda bottles, key chains made from formica samples, hanging baskets made of jute scraps and margarine containers, canister sets from dry drink mix cans, place mats made with wall paper samples and many other projects that the children take home. Most of the projects are short term and are usually taken home after completion within the week.

Sports and Recreation

Our Club participated in activities in both the YWCA and Birmingham Housing Athletic Leagues. Teams representing the Club included two teams in softball: 15 and under; and 18 and under; teams in basketball and volleyball. The fundamentals of all team sports were taught. Rap sessions with the team members also allow the director an opportunity to talk about current trends of teenagers and personal problems some of the members are confronted with.

Drill Team

The drill meets daily at the North Birmingham Club. They originally met weekly at the Downtown Club. The increase in the number of participants necessitated the need for a larger practice area. They performed for the Board of Directors of the Girls Club and presented a Thanksgiving Program. Future plans include participation in the annual Veterans Day Parade held in Birmingham. The Drill Team members are from the Downtown Center and North Birmingham Center.

Piano

Piano is taught once a week with emphasis on the fundamentals of piano. Several of the members participated in the annual Piano Recital held at the Y.W.C.A. (this activity is co-sponsored by the Y.W.C.A.)

Tutoring

This daily activity was made available upon request of the members, teachers and parents. The members get assistance in math, reading, spelling, English and other areas where a need is identified.

Self Awareness and Personal Hygiene

Rap sessions play an important role in this area. The girls are given an opportunity to discuss any topic they have in mind. They are also given referrals if specific problems are brought out. Personal Hygiene, sex education, careers, dating, and parenthood are just a few of the topics discussed.

Creative Dance

Through the cooperation of the Birmingham Arts Alliance, a twelve-week course in creative dance and ballet was taught weekly at the Club. The instructor was a professional dancer (Ken Hooks) and provided the girls with an introduction to ballet and various expressions in dance. The girls responded enthusiastically and presented a program at the end of August.

Leadership and Life Time Skills

Six months of this program ran in 1980. This project was funded through a grant from the City of Birmingham, Community Development Department. A full time teen director worked with teen school drop-outs and unwed mothers referred through schools, parents, group homes and agencies. The girls designed their own program with emphasis on sexuality, self-awareness, careers and individual special interests.

Special Events

The following special events were sponsored during 1980:

Mother-Daughter Banquet held during Girls Club Week
Field trip Birmingham News, City National Bank, State Employment Office
Valentine Party
U.A.B. Ballet - Cinderella
Disco Parties
Special Assemblies - Leon Hines Modern Pioneer Jazz Concert - Mickey Bellagone Fire Prevention (Fire Eater)
Easter Egg Hunt and Party
Monthly Birthday Parties
4-H Rally State Fair Grounds
Girls Club Week celebration and Birthday Party
Career Week
Shrine Circus - Civic Center
Thanksgiving Program and Party (first annual)
Christmas Play and Social (first annual)
Halloween Party

III. Collaborative Activity

The following agencies worked collaboratively with the Girls Club of Birmingham in the past year:

Lloyd Nolan Hospital - Nursing Career speaker
Modeling Agency - Career speaker
Birmingham Board of Education - Referrals
Flora McGhee Charm School - Consultant
Planned Parenthood - Program Girls to Women
YWCA - Basketball League, Softball League, Volleyball League and use of gym
YWCA - Volunteers
Community School - Use of two class rooms at Hudson School on a permanent basis
Neighborhood Citizen Council - donation of Uniforms
Carver Community School - Referrals
Family Court - Restitution Project
Birmingham Housing - Athletic Leagues (Basketball, volleyball, and softball)
U.A.B. School of Ballet - Tickets to ballet
Birmingham Art Museum - Tours
Community Development Man Power - Teen Program
JCCEO - Summer Youth Workers
Dixie Softball League - Softball
Birmingham Creative Dance School - Twelve Dance Classes
State of Alabama - Summer Lunch Program
Birmingham Recreation Council - Consultants
Birmingham Public Library - Films for programs
Alabama State Employment - Consultant (careers), films
American Red Cross - Courses - CPR, First Aid, Home Nursing
Birmingham News - Field Trip
Birmingham Police - North Precinct - Referrals
Auburn Extension Service - D.O.T. Program (Diets our thing) Cooking

IV. Advisory Committee

Members of the committee secured funds for Year IV. They were involved in making presentations to the Planning, Budget and Executive Committees of United Way for the continuation of the program. The committee was heavily committed to solicitation of the United Way Campaign. In 1980, United Way provided \$9,000 of the total budget.

The program will receive funding in 1981 of \$36,000 from United Way. Several factors contribute to the credibility of the program.

1. Highly qualified staff
2. Good management
3. Innovative program in target location
4. Competitive sports
5. Major part of funds allocated to direct services
6. Deterrant to youth gangs (Request was made by the City for assistance in areas where yough gangs have created problems.)
7. Only programs in the area supported by United Way

FINAL REPORT

GIRLS CLUB OF CHATTANOOGA

I. Project Management

The staffing of the project remained stable throughout this third year. Staff meetings and conferences concentrated on the process of dealing with each girl in terms of her own specific needs. Emphasis was put on helping the girls assume the responsibility in making project plans and in following through on these plans. Staff training was held with members of the Founders House Unit program staff in the use of the Self-Structured Way concept.

During the summer months the staff worked under very difficult conditions with the temperatures outside and inside at times extremely high. Activities were planned that used minimal physical exertion.

During the last quarter of the year, the staff worked on improving procedures for record-keeping. They also concentrated on improving their self motivation, and patience in their work with the girls.

As a result of the Poss Homes Project, requests were made to the mayor's office and other agencies in the community to have a program "like the Girls Club Poss Homes program" put into other housing projects. These requests came from the residents of the other housing projects.

The Executive Director and the President of the Board of Directors of the Girls Clubs of Chattanooga have participated in meetings with personnel from various community agencies, the Housing Authority and the mayor's office to seek funds for expanded services to the various community housing projects.

II. Direct Services

Education for Parenthood

This year we focused on nutrition. We received assistance from the University of Tennessee Agricultural Extension Service which supplied cooking classes for the girls in grades 3 through 6. The girls received instruction in the Basic Four Food Groups, kitchen safety, meal planning and the proper use of utensils and equipment. The girls learned to prepare snacks for the membership and cooked a meal and served it to the other members. The classes were not held during the summer.

Sewing

The girls were taught new skills while improving those they already had. They learned basic measuring and hand sewing skills. (They learned to thread a needle, knot a thread, sew a basting stitch, and sew on a button.) They also learned how to use sewing equipment properly, how to thread a machine and sew straight and curved lines, how to read a pattern, and the reasons for

Sewing (Cont.)

following instructions. The girls have progressed from the beginning level to making aprons, stuffed animals, hand bags, and clothing.

Health Education

This program covered bicycle safety, street safety, human development and drug and alcohol abuse prevention. Films and film strips were viewed covering these subjects. Discussion topics included the concept of personal choice, especially as it relates to one's own body, decision making and assessing alternatives.

Education

Materials have been obtained to help those girls in need of tutorial assistance especially in the fields of spelling, math skills and reading comprehension. The project's indoor games, such as math bingo, help the girls build the skills they have.

The library has been used for story telling, homework, creative writing and for reading for personal pleasure.

Group Meetings

These meetings are planned to discuss the activities the girls would like to participate in, for solving problems that arise, and to delineate the responsibilities of the girls and staff.

Field Trips

Trips were taken during the year to local recreational facilities (to participate in Field Day activities) to Chickamauga Park, Booker T, Washington State Park, Chattanooga Bicentennial Library, local shopping malls, the Chattanooga Choo Choo, The Nature Center, Hunter Art Museum, the Shrine Circus and to the movies.

Leadership Training

The training with the junior and senior members and the Neighborhood Youth Corps members focused on communication skills techniques.

Creative Activities

These have included basic drawing skills, charcoal drawing, painting, self portraits, paper mache masks, weaving, latch hook, crocheting, collages, murals, embroideries, yarn crafts, and Christmas crafts. The members have also been shown several films.

Physical Activities and Sports

Outdoor activities involved jumping rope, kickball, hopscotch, softball, basketball and four square. Indoor exercise classes were designed to give the girls an outlet for their aggression when the weather is bad, as well as for the exercise value itself.

Special Activities

Special activities have included an Easter Egg Hunt and Party, End of Summer Party, Halloween Party and Christmas Dinners.

III. Collaborative Activity

During this year the Executive Director met with representatives of the Juvenile Court, the Volunteer Bureau, the Parent/Child Center, the City Commission, and other agencies regarding the needs and priorities of Girls Clubs of Chattanooga. The Project Director and the Executive Director met with representatives of various agencies that bring services to the Poss Homes Community to discuss whether these agencies actually serve the residents of Poss Homes.

At a meeting with the Poss Homes Project Manager, the Project Director explained the Girls Club's function in helping girls to develop skills in order to be able to succeed in society. The Project Director also met with the Field Placement Supervisor from Chattanooga State Technical Community College to discuss the progress of the Social Work Intern placed in the Poss Homes Unit; with the Curriculum and Instruction Specialist from Chattanooga City Schools who sent materials which listed the school's expectations of students at different age and grade levels; worked with the librarian at the South Chattanooga Branch Library on programs during the summer; met with the Tenant Services Advisor for Poss Homes; and with the representative of the Youth Employment Program to discuss needs for the Girls Club fall program and the progress and evaluation of those girls participating in this program; with Charisma Club volunteers regarding their assistance in the Poss Homes Unit programs; attended the Howard Elementary SAGA meeting to develop a closer relationship between the school and the Girls Club.

The Health Educator attended a workshop concerning the summer lunch program to learn how the program is administered and the Girls Club's responsibility as a participant in the program. She met with representatives from the Recreation Center, Parent/Child Center, Project Counseling Center, and Tenant Services to discuss the formation of a program to combat teenage pregnancies. She met with the following agencies who have agreed to volunteer services to the unit: Hamilton County Health Department, CADAS (drug and alcohol abuse prevention), University of Tennessee Agricultural Extension Service, Mental Health Association, Chattanooga Board of Education, Chattanooga State Technical Community College Career Office, and University of Tennessee at Chattanooga Career Planning Office.

IV. Advisory Committee

Members of the Committee were contacted individually during the year. They have been continually supportive of the project and have assisted in initiating collaborative activity with other agencies in the community.

FINAL REPORT

GIRLS CLUB OF LYNN

I. Project Management

Several staffing changes occurred in the past year: The outreach worker was promoted to teen program coordinator in November 1979, a new outreach worker was hired in December, a Recreational Coordinator was hired in March, and the CETA Recreational worker resigned in February.

Proposals were submitted to and funded by the NCY/DOL Youth Employment Project, the CETA Summer Youth Program, and the state Department of Mental Health. Continuation proposals are still pending with the Alfred Chase and Alice Chase Foundations.

Internal record-keeping systems were continued with reassessment procedures and the client activity summary forms revised to meet our statistical requirements. Monthly workplan sheets were developed to document staff goals, tasks, and work progress. Thirty-eight intakes and nineteen reassessments were completed in Year III. A Teen Program Manual was developed which included program procedures, documentation, and guidelines. We will continue to supplement the manual in 1981.

A continued effort was made throughout the year to integrate the teen program into the Girls Club as a whole. The most important step was delegating teen supervising responsibilities to the Program Director. In the last quarter of Year III, the Program Director took over additional administrative responsibilities so that the Teen Coordinator could assume the administrative responsibilities of the DOL project. The children's and the teen programs co-sponsored activities and shared resources. The less obvious, but just as noteworthy changes were in attitudes - of the staff, teens, children, and community. Prior to the LEAA grant, the teen program was a part-time project with limited results. Since that time, it has grown into an accepted, integral component of the Girls Club of Lynn. There's still progress to be made, however, a solid foundation has been established.

Staff Training and Development

Weekly and monthly meetings with administrative and direct service staff were held throughout the year to discuss issues and events. In-service training workshops were implemented for full and part-time staff in the areas of female sexuality, first aid, and child abuse. The administrative and direct service staff participated in a variety of workshops appropriate to their position, which included grantsmanship, time management, smoking and alcohol education, supervisory skills, and juvenile justice.

II. Direct Service

The teen staff pursued a variety of outreach strategies through Year III in order to recruit teen participants. Some of these strategies were: slide presentations in junior and senior high school which reached

Direct Service' (Cont.)

approximately 700 girls; distribution of posters, flyers and brochures; "open house" events; contact with an average of four agencies and churches per month; the printing of four teen newsletters; monthly press releases and public service announcements; teen participation such as word-of-mouth and phone calls. The staff intensified their efforts towards older teens and minorities with minimal success; they will continue these efforts in 1981.

A total of 93 teens were serviced during Year III, of which 73 registered as Club members. An average of 12 girls were referred to the program monthly and an average of 52 teens were serviced per month.

We experienced low attendance in the following components: Thursday Club, Public Relations Committee, Health/Sexuality Workshops, and Arts/Crafts.

Some of the reasons for this included: Staff turnover, lack of teen responsibility, teens' being "grounded" by parents for poor grades and/or discipline problems, work or home related responsibilities, and teen apathy.

Career Programs: In our efforts to offer graduated career awareness activities to all members, elementary school members participated in such activities regularly from October through December. Themes explored included: non-traditional jobs for boys and girls, "When I Grow Up", and jobs on an assembly line.

Two career cycles serving 26 teens, ages 12-14, were offered. We contracted with an outside firm to implement both cycles.

One CIT (Counselor-In-Training) cycle serving eight teens, ages 14-17, was implemented with a part-time Girls Club employee contracted as the Group Leader.

Girls, Renovations-In-Training (GRIT) was implemented for the second time through the CETA Summer Youth Program. The teens began and followed through with the 8-week project to its completion. It was again a very successful project with all program goals accomplished.

Public Relations Committee: This group of teen volunteers met on a weekly basis as the working branch of the Teen Council. The main responsibilities of the committee were to organize and implement special events, to publish the bimonthly teen newsletter, and to assist the staff in publicizing activities.

Teen Council: The Council was initiated in January in order to plan special events in advance and to discuss teen program policy. Council meetings were held once a month and were open to all teen members.

Health/Sexuality Workshops: These workshops were held biweekly for each age group, 12 and 13 and 14-17, and gave teens the opportunity to discuss sensitive topics in a non-threatening environment. Such topics as drugs and alcohol, hair and skin care and male/female relationships were covered. Field trips and consultants were utilized to facilitate the teens' interest and participation.

Gym: This component struggled with sporadic attendance throughout the year but has steadily improved with the addition of biweekly physically-oriented field trips as well as the weekly one-hour gym sessions. Such sports as basketball, swimming, New Games, and roller skating were offered.

Direct Service (Cont.)

Thursday Club: Low, sporadic attendance in this component was a consistent reminder of the difficulty in recruiting and maintaining older teen members. Teens planned their own activities such as roller skating, movies, going to restaurants, and rap groups at the Girls Club.

Supper Club: This participatory nutrition workshop, offered on a biweekly basis, was a consistently well attended component.

Special Events: It was a full year for special events due to the planning efforts of the Teen Council. Twenty-three events were held throughout the year; some of these included the annual Senior Citizen Dinner, Halloween Festival, and biweekly summer day trips.

Arts/Crafts: Such workshops were offered on a very sporadic basis due to the lack of a regular art teacher. Instruction was provided in such crafts as leatherwork, block-printing, and macrame.

Drop-In: Teens made use of the Teen Center during most weekday afternoons.

Activities such as listening to music, reading, and playing games were available to girls in a comfortable, relaxed environment.

III. Collaborative Activity

During Year III, the teen program expanded its collaborative efforts on both the administrative and direct service levels. The teen coordinator was active on the boards of the American Cancer Society, the Career Advisory Task Force, and Emergency Placement of Children, Inc. The North Shore Girls Providers continued their monthly meetings at the Girls Club. Collaborative programming was initiated with the following agencies: Boys Club of Lynn, Greater Lynn Senior Services, Infinite Odyssey, and the Lynn Historical Society.

FINAL REPORT

GIRLS CLUB OF OMAHA

I. Project Management

The University of Nebraska at Omaha's research department completed their analysis of approximately 200 surveys completed by Club members. Among the interesting items noted was the number of court referrals the Club receives and other reasons that girls gave for coming to the Club. A high percentage joined "to keep out of trouble" and the correlation between those members and longer length of membership was very high. The data will be used to plan future programs and modify current ones.

To stabilize our part-time personnel, a training policy has been developed which offers comp-time for staff members participating in approved training programs. In addition, part-time employees are also now eligible for vacation and holiday time. Regular staff at South has had no turnover in 1980.

A demographic membership form has been developed by the Junior League of Omaha and it began to be utilized the first of March. It is coupled with a parent orientation, a new filing system using McBee cards and a new method of recording daily membership attendance. This should allow the agency ready access to program/membership statistics.

Staff members are now in the process of developing lesson plans that follow a standard form and project at least one month in advance.

Three Girls Club of Omaha major staff members met with two individuals from Sarpy County Juvenile Court and discussed methods to increase cooperative efforts.

An additional staff member, through work-study, is developing cultural arts programs and two junior staff members through CETA will be aiding her.

The project director attended a three-day conference in Chicago on "Blacks and Alcoholism" sponsored by the National Black Council on Alcoholism. Another staff member took part in the four day regional Girls Club conference and received training in the "Acting Is You" project. Other staff training included identifying child abuse and working with pregnant teenagers.

The Agency will receive a \$600,000 grant over a three year period to develop counseling, nutrition, health, and participant transportation programs.

II. Direct Services

Special activities in which the girls participated included: a Holiday Grooming Fair, the production of an original play written by the Club and the Shared Artist Day called "The Return of Spiderman and His Friends." The art day is worthy of added comment. It was a collaborative effort on the part of professional artists in the fields of dance, story telling, and environmental art. Over a hundred girls wove a giant spider web, created special dances and then built a story line to connect the entire project. (The day was possible through a grant from the Nebraska Arts Council.)

A program has been jointly developed by the Girls Club and Planned Parenthood called "On Becoming a Young Woman." It is aimed primarily at girls between the ages of 8 and 12 and is offered weekly. Beginning the first of September 1980 and running to 1981, the program is our attempt to formally weave sex education and orientation into the basic club offerings.

During the second quarter the Club held a Health Day which was the product of the GCO Board of Director's Health Task Force. It was led by Dr. Dan Bohi who spent months planning the program and training GCO members. Thirteen GCO members volunteered to assist Dr. Bohi in an effort to offer basic health exams to a maximum of 50 girls on a designated Saturday. These girls (called "GCO Nurses") gave vision tests, took blood samples--spun and recorded the results, did blood pressure and pulse readings, tested urine samples and recorded height and weight information. Dr. Bohi and a nurse practitioner completed the health examination process. Fifty-one girls were examined with 15 health problems identified. One girl underwent immediate exploratory surgery for a tumor that was discovered. The project was a success not only in that health problems were identified but that girls were trained to take charge of their health needs and saw their peers as competent health aids.

III. Collaborative Activity

Among the collaborative programs this year were: a theatre production through the Center Stage, an arts and crafts fair with the LaFern Williams Center, a spook hike at Fontenelle Forest, televised dance program with KMTV, a one hour special on Girls Club through KMTV, "On Becoming a Young Woman" - Planned Parenthood, "Careers In the Insurance Field" through Mutual of Omaha, and the Holiday Grooming Fair via Creighton University, quilting lessons through the Omaha Quilter's Guild, day camp and movies with Boys Club, pottery and clay sculpturing with the Girls Scouts, babysitting clinic through Omaha Jaycettes and Omaha Police Department, teen visit with Topeka Girls Club, dance via Omaha School of Music, staff training--teen pregnancy through University Medical Center, staff training--child development with Immanuel Mental Health Hospital Center, career exploration with Union Pacific and Northwestern Bell.

IV. Advisory Committee

Members of the Committee were key in the development of several special programs throughout the year. The Committee's chair was elected regional president for the North Central Region of Girls Club of America. The Committee does not meet as a separate body because it has become part of the GCO Board of Directors.

FINAL REPORT

GIRLS CLUB OF SANTA BARBARA

I. Project Management

1980 began with uncertain prospects for management because of the resignations of both the Teen Director and the Program Director in quick succession. After reconsideration of teen program objectives and a cost analysis, the Teen House was closed and the position of Teen Director eliminated. The duties of the Teen Director were assumed by the Program Director.

With extensive training for all staff and the realization of the importance of accurate records by all the staff, the record keeping aspects of the LEAA project have been greatly improved over past years. Despite the major changes in management, overall, the project has run smoothly the entire year.

II. Direct Services

"At Risk" Girls

Our efforts throughout the year have been towards training staff to work effectively with "at risk" girls. During the winter, spring and fall quarters, classes called, "Occupational Skills-Building For People Who Work With Children" were held. Between 15 and 25 youth workers from many Santa Barbara youth agencies attended weekly. Subjects ranged from the Chicano child to conducting frame workshops, from counseling adolescents to art for children, to media presentation know-how. Local experts from diverse fields were the guest lecturers. The classes were funded by CETA and were an effort on the part of the Girls Club to collaborate with other agencies in sharing training valuable to those working with "at risk" youth.

During the summer, 21 "at risk" girls were tracked by 7 staff members. During the fall session which ended in December, The Program Director personally targeted 3 girls referred to the Girls Club by the Welfare Dept. for tracking. By working with the three girls, she was able to resolve some of their problems, including transportation home from the club for one of them. The staff is very aware of "at risk" girls, and will continue to be but because of reduced funding and the elimination of the position of the Outreach Director who did much of the identification and record keeping, the formal tracking effort has been reduced.

Program

Afterschool and summer daycare programming was ably directed by the Program Director throughout the year. Free transportation from all elementary schools was used by 40-70 girls per day. The transportation service is an effective, but expensive way, to strengthen club membership.

Our Board of Directors reluctantly changed the fee structure with the start of the fall session. Membership went from \$5.00/yr to \$15.00 per quarter (\$20.00 for the summer quarter). Scholarships remain readily available and families with more than one daughter need pay only \$5.00 for each additional child. The rise in cost has not affected the number of enrollees appreciably. The fall session had 144 girls registered for afterschool daycare; 18 girls

Program (Cont.)

played in the basketball league. This fall 10 were on the Gymnastics Team. The Daycare program was highlighted by a Fashion Show for parents, a Triple-Header (3 activity events in succession on one day) and the traditional Halloween and Christmas parties. The Fall session culminated with 2 excellent performances of "The Sound of Music."

Program highlights for other quarters have been discussed in earlier reports. Programs have been well attended throughout the year. The enrollment for 1980 was 795 unduplicated girls.

Teen Activities

JIFFY-- Our 6 week summer JIFFY program was the most successful ever. 34 Neighborhood Youth Corps girls attended regularly and enthusiastically. The CETA Evaluator who worked with the girls said that she "had to find out what this JIFFY Course is all about and that it was all the girls talked about in their interviews". She said that the girls were very happy with the JIFFY sessions and enthusiastic about what they were learning.

Athletic Training Program

Our six month Athletic Training Program at the California Nautilus Center ended in December. 47 teen-aged girls with commitment to and promise in swimming, tennis, volleyball, softball, track, basketball, gymnastics and dressage received a free conditioning program. All who completed the program showed noticeable improvement in arm and leg strength. These girls came from the greater Santa Barbara area and assisted with many Girls Club sports activities throughout the six month period. They served as excellent role models for our younger girls.

"Future Planning for Young Women"

The Girls Club of Santa Barbara has developed a precedent setting class called "Future Planning for Young Women". The purpose of this class is to motivate and help young women think about their futures and to follow a course which leads to a chosen career goal that will enable them to support a family. The class is a regular 2½ unit, 9 week class (45 hours of instruction) taught at Santa Barbara High School. Thirteen girls are currently enrolled in the class.

The concept for the class came directly from the "Today's Girls: Tomorrow's Women" conference in May 1979. Negotiations with the Santa Barbara School District, Santa Barbara High School administrators and other agencies went on throughout 1980 to establish the class. This is the first time in Santa Barbara that a community agency has gone into the schools to participate directly in the daily educational program. The class is receiving national attention as a much needed and exciting pilot project.

All-Girl Assemblies

The idea to hold all-girl assemblies at Santa Barbara High featuring dynamic women speakers came directly from the "Today's Girls: Tomorrow's Women" conference. While much ground work has been done, the assemblies have not

All-Girl Assemblies (Cont.)

yet occurred. Work progresses and we believe at least one assembly will be held before the close of the 1980-81 school year.

Today's Girls: Tomorrow's Women

The TGTW story and film were presented a few times during the year. In the fall the Executive Director discussed Girls Club programs before the board of directors of the Alice Tweed Tuohy Foundation, a private, local foundation which supports teen leadership and education programs. On September 30 faculty members at Santa Barbara High School saw the film and heard the presentation by the Director and the "Future Planning for Young Women" instructor. In November the Executive Director and the Program Director appeared on the Gene Forsell Show on Keyt-TV. For a half hour they discussed the Girls Club, showed the film and answered questions of the host.

Outreach

Besides our outreach efforts using the "Today's Girls, Tomorrow's Women" film, pictorial displays of Girls Club activities were prepared for use by United Way during the annual fund drive. The materials were also displayed at the Santa Barbara Public Library and at the Montecito Country Club during a golf tournament benefitting all three area Girls Clubs.

The Program Director prepared posters in December to be displayed in personnel offices of larger businesses, hospitals, etc., informing employees there of our solution to their childcare needs. The Program Director talks with each personnel director or manager she visits to inform him or her about ways we can help both the employer and employee.

Referrals of girls continue to be received from the Welfare Dept. Family Services and the schools.

III. Collaborative Activity

Youth Service System's Support to Santa Barbara High School

Through YSS, the Girls Club was awarded funding to provide instructors for 1 girls' sports class and 2 dance classes per day at Santa Barbara High School. Co-principal William Jackson asked the Girls Club to help right an imbalance at the school. Because of reduced funding resulting from Proposition 13 and because of declining enrollment in Santa Barbara schools, the high school had only one female physical education teacher on the faculty. The principal recognized that the Girls Club had personnel who could help alleviate the situation and asked for assistance. This request represented the first time that a social service agency had been asked to be a direct service provider in the schools by providing instructors for these three classes and through the inclusion of our "Future Planning for Young Women" class in the curriculum of the High School. The Girls Club of Santa Barbara has reached new highs in collaboration efforts with the schools. These new opportunities have provided the Girls Club with greater visibility and credibility in the community.

Girls Club Coalition

Collaboration between the three Girls Clubs has been extensive during 1980. In Sports the three clubs combined to hold 2 gymnastics meets and 1 track meet. These received excellent media coverage. Competitive play in softball, basketball, soccer and volleyball went on in season. Program directors met on a regular basis throughout the year. The executive directors of the three clubs met regularly. Each was able to speak for the other two on advocacy matters at various meetings not attended by all three, because of their close and regular collaboration. The executives, with the consent of their boards of directors, studied the feasibility of uniting the three clubs, a suggestion of United Way. The executives advised United Way that unity was not practical, but that the clubs did work together in many ways. The clubs ran a Girls Club Pro-Am Golf Tournament as a fund-raiser. The three clubs collaborated to impress the United Way with the need for increased allocations for Girls Clubs. The coalition was successful; the Girls Club of Santa Barbara's allocation went from \$5,000 to \$28,100! The three executives continue to work together in a conscientious fashion, advocating the needs of girls to United Way.

Youth Service System (YSS)

Throughout 1980 the Executive Director has been heavily involved in the affairs of YSS. She served on a task force charged with formulating a new statement of mission for YSS. The task force met weekly for the first three months of 1980. She served as a consultant, finding training opportunities for YSS staff. She served on a YSS committee which recommended by-laws' changes and has been an alert advocate for keeping YSS' focus on the primary prevention of delinquency. She has actively lobbied for YSS funding. She served on the task force which recommended that each junior and senior high school have liaison with some agency executive. The schools agreed to the recommendation. After working on a job description for the liaison-agency executive and goals and objectives, the plan was enacted. The Executive Director participated in a fall conference on school attendance sponsored by YSS.

Replication of the "Life Skills Manual" and "Imagination"

In March, 19 youth agency workers attended a Girls Club training session on the use of the "Life Skills Manual" and "Imagination". Interest in obtaining the manuals and using them was high. Technical difficulties in the printing of the manual coupled with financial problems have prevented the completion of printing. The manuals should be ready in about 60 days.

"Future Planning for Young Women" Student Workshop and Teacher's Manual

Much work has been done in preparing and testing material for a replicable manual-text for this class. Major efforts toward finding a publisher will be exerted this spring. It is hoped that this class could be replicated by other Girls Clubs in their community schools through the use of the text.

Occupational Skill-building Classes

During the winter, spring and fall quarters the Girls Club offered "Occupational

Occupational Skill-building Classes (Cont.)

Skill-building for People Who Work with Children." Youth workers in all area agencies were invited to attend. Usually from 15 to 25 attended each session. The Girls Club of Santa Barbara, with CETA funds, provided training for direct-service providers. Subjects were wide-ranging: communicating with children, burnout, graphics, goal setting, etc. These classes were well received by other agencies.

United Way Relations Committee

The Executive Director was appointed a member of the United Way Relations Committee consisting of three United Way member-agency representatives. Under her leadership the committee formulated a list of group needs which would make the member agencies more effective in their relations with United Way. All the United Way member agencies executives formed a Training Committee, a Committee for Collaborative Models, a Communications Committee, a Board Relations Committee, a Public Relations Committee and a Fellowship, Sharing and Awareness Committee. Each committee is currently preparing its goals and objectives. It is anticipated that the cohesiveness of each committee will make the entire United Way Relations Committee more effective and that executives will work more closely with each other in collaborative efforts.

Schools' Collaboration

The Girls Club made enormous inroads this year at the secondary school level, providing a dance instructor to the junior high school last spring and providing "Future Planning for Young Women" and instructors for 3 other daily classes. The Girls Club was instrumental in gaining acceptance of the agency-school liaison concept. By working within the schools, the Girls Club was able to reach out and bring in other agencies which then found a new acceptance by the schools.

IV. Advisory Committee

The formally structured Advisory Committee did not meet during 1980. Approximately half of the original membership is no longer in this area. Many of the original members did function as consultants to the Executive Director and other staff. This year three of the original committee members stood out as being especially helpful: Dr. Roger Owen, now a member of the Delinquency Prevention Commission; Jean Silver, a member of the board of the Youth Service System, and Rob Brisby, a member of the AB 90 Commission of Santa Barbara County, which funds YSS. Their efforts have contributed greatly to YSS and its accomplishments. Although the original Advisory Committee did not meet, a collaborative network among professionals now exists that did not at the inception of the committee.

The Parents Advisory Committee has been very active this year. It has raised funds for the club, studied the feasibility of a change in fee structure and provided input on club matters.

The children who were members of the original Advisory Group are no longer associated with the club. The present membership of the club has a Girls' Council which expresses the members' views when desired.

Advisory Committee (Cont.)

What began as a formal, small committee has now grown to a large, informal group of advisors.

Conclusion

At the end of three years of participation in the LEAA grant, certain accomplishments stand out. First must be the Girls Clubs' involvement in the inception of YSS. YSS is a highly supported agency now with a budget of \$450,000 a year and has brought delinquency prevention to the forefront within Santa Barbara County. Secondly, an accomplishment viewed with pride is the "Future Planning for Young Women" class. Acceptance by the schools is a major accomplishment and replication of the manuals an exciting possibility. JIFFY helped bring about that achievement. Third was the realization that a concerted outreach effort could make a tremendous difference. This year has seen some direction change because of the lack of a strong outreach effort. Funding for future outreach has high priority for 1981 because the results of diligent outreach have been proven during the height of the LEAA grant. Fourth, the capacity-building aspects of the grant were very helpful to the entire staff. They are directly responsible for the idea for our occupational skill-building classes and other training efforts. Lastly, community awareness of the Girls Club has increased greatly over the last three years, partly because of the many collaborative efforts and advocacy achievements of the staff. The Girls Club is recognized as one of the strongest youth agencies in the area.

FINAL REPORT

GIRLS CLUB OF WORCESTER

I. Project Management

Staff Volunteer Training

During the past year, six students from Holy Cross College volunteered in the program. They offered tutoring and assisted the teen leaders in group activities. These volunteers met with the Project Coordinator for orientation and with the New Dimensions staff to be updated on service delivery style. They then met with the Project Coordinator weekly to review their program involvement. Regular three hour weekly staff meetings with one hour included for part time staff were held throughout the third year. These meetings included review of service delivery, program development, dealing with problem behavior and outreach progress. Dr. Charles Seivard provided training for staff during all three quarters. These special training sessions dealt with career programs for adolescents and personal growth programs. Dr. Seivard wrote the Hocus Focus program manual for staff to use in the career/leadership program for Jr. Highs and teens. During the spring, staff received training in the use of the ropes course and the outdoor self challenge program. The final quarter training placed emphasis on career programs and outreach methods. In addition to these training sessions all New Dimensions staff attended the staff agency meetings held monthly throughout the year.

II. Direct Service

Career/Leadership

During the third year both teen groups, including pre-teens, implemented a formal career/leadership program. The Hocus Focus program written by Dr. Seivard served two groups of 15 girls. After eight weeks of group sessions, the girls were placed in entry level volunteer positions at the Club for five weeks. These positions were followed by two weeks of evaluation and then placements with advanced levels of responsibility for eight weeks. This pattern of volunteering followed by two weeks of review continued and provided a developmental process for the girls who remain in the program. During the final quarter Hocus Focus II was developed for the girls who had successfully completed the initial program. The girls met weekly and then were placed as a group or individually on projects which will further their awareness of career options and leadership ability.

Career/Leadership (cont.)

The major project during the final quarter was a group production at a local cable television station. The girls received instruction in the use of the audio visual equipment, wrote and produced their own ½ hour show. This project will continue with further development of the television project and new experiences designed to expose girls to career opportunities and to teach girls how to deal with responsibilities related to work. (Supervision, time restrictions accountability, responsibility to others.) The Girls Club is continuing the leadership programs through 1981, and has received a grant to offer an additional career awareness to 14-17 year old girls.

Sexuality

A Sexuality Workshop was held for eleven weeks and was lead by Nancy Welburn, Teen Services Coordinator from Family Planning. The sessions consisted of discussions, films and dissemination of health and sexuality materials. Girls dealt with issues of responsibility, values, decision making and were encouraged to provide their input to the program. The Girls Club was one of fifty sponsors of the Family Planning sexuality convention for teens. New Dimensions staff attended the Workshop and brought girls who had received their parent's permission to miss school to attend the all day conference. At the end of the year the girls who had participated in the sexuality program met with the Executive Director and some members of the Program Committee to discuss the program impact and future sexuality program plans. The average age of these girls was fifteen (15) and they all expressed concern that this type of program should be offered to younger girls. They felt that while the program helped them, it would have been more beneficial had they begun to participate in this type of program at the sixth and seventh grade level. The Executive Director and Program Committee supported this information from the girls and encouraged the teen staff to work at the development of a pre-teen sexuality program. The teen leaders held meetings with the pre-teens to obtain their input and Betsy Wertheimer will assist the project again by collaborating with Family Planning to write a program for the Worcester Girls Club based on the pre-teens input.

Self Challenge

This program component remained a major focus during the third year. Girls were involved in a variety of new projects which

Self Challenge (cont.)

taught them new skills and gave them the motivation to attempt new experiences. Silk screening projects which taught girls techniques for paper and fabrics were a major focus this last quarter. Girls sild screened their volunteer shirts, made Christmas note cards to sell and made designs for younger members (grades 1-4).

The teens participated in an indoor gardening project and sold their plants at the Board of Directors annual rummage sale. This was an especially interesting project for many of the girls who live in housing projects and had never experienced any form of gardening.

The teen staff developed an Indoor Olympic program which was held weekly on Thursday nights for the co-ed group. The program combined physical and mental challenges each evening. Participants paid an entry fee of 10¢ which was put toward six cash prizes at the end of the program. Teens learned the fundamentals of games such as chess and othello (which require them to build thier concentration skills) and participated in New Game activities in the gym which focus on non-traditional activities. This program accommodated a large group (75 participants) and proved to be an effective means of integrating the "special needs" teens into active program participation.

The teen girls also spent three weeks planning a special lasagna dinner for the Program Committee. The girls prepared and served the meal and discussed their program with Committee members during dinner.

The girls continued their teen store and snack bar this year and programs were added to coincide with this effort. The teen leaders developed a creative cooking program to assist with the fund raising element of the teen store and to develop a further challenge to that component.

The Outdoor Self Challenge program was successful in the second half of the year. The spring and summer programs introduced new girls to the outdoor skills program and allowed the experienced girls to exercise leadership skills by teaching the new girls techniques necessary in the programs. These included putting up and taking down tents, fire building, outdoor cooking, knot tying for ropes course and maintenance of equipment.

The girls attended four instructional camp trips to qualify for the week long wilderness camping trip to New Hampshire. The activities on the camping trip were new to a large number of teens. They went on long canoe trips and hikes and went rock climbing. The Spring program was spent preparing the girls for these activities. The group participated in an evaluation of the experience and most of them mentioned both a sense of accomplishment and pride for participating in the program and in learning to work as a group.

Self Challenge (cont.)

This program combined with the ropes course experience, develops a great deal of self-confidence and self-esteem as it is threatening to most of the girls and they must overcome their own fear and learn to trust their group in order to complete the program. The Worcester Girls Club has written a grant to update the current ropes course, build an indoor component, and to develop a low initiative testing course. The Worcester Girls Club will, through this grant, engage the staff of Project Live in Keen, N.H. who will train our staff in a modified outward bound experience. A staff member will be hired to use these facilities and to train other agency personnel in their use. Ultimately the program will be offered to industry for middle management training.

III. Collaborative Activity

During the third year, the Executive Director and/or the Project Coordinator continued strong collaborative efforts to advocate the need for prevention programs for girls, keeping open effective channels of communication throughout the City to attain future funding. The agencies, representatives involved and purpose for collaboration are:

Family Planning - Teen Services Coordinator Nancy Welbourn assisted in the design training and implementation of sexuality seminars held for teens. Mrs. Welbourn facilitated the group meetings with the girls.

Prescott House - David Harton, Project Coordinator. Teens from Prescott House, a temporary shelter for adolescents, attended the program regularly during the third year. Mr. Harton arranged to have staff from Prescott House and New Dimensions meet weekly to facilitate the weekly program with youth from both programs.

School Age Mothers' Program and Satellite Alternative School Program for Junior High School Girls, both located at the Worcester Girls Club, were informed by New Dimensions staff of the program and in addition were encouraged to attend a convention on sexuality, put on by Family Planning and sponsored by fifty agencies in the City including the Worcester Girls Club. As the School Department would not sanction the event, the Girls Club attempted to provide the service to girls in both programs. However, due to lack of school personnel support, few girls joined the Girls Club group attending the project.

Worcester Boys Club- Executive Director Thomas Foley met with the Executive Director and Project Coordinator to discuss program services offered to adolescent girls in both agencies. Service coordination was discussed, but no firm decision was reached. Both agencies agreed to remain in contact, to coordinate services when it is appropriate.

Social Service Corporation and the Jr. League Director Meredith Wesby - conducted a needs assessment survey of adolescent girls using the New Dimensions teens as models in developing the extensive questionnaire. The girls also participated in group discussions relating to teens needs for services in Worcester.

Collaborative Activity (cont.)

The Massachusetts Society for Prevention of Cruelty to Children - District's Executive Ruth Weisbauer met with the Executive Director and Project Coordinator to discuss a teen grant the S.P.C.C. received with five other agencies including the Girls Club, to establish a Teen Parent Program. The teen mothers attended the summer program along with New Dimension teens at Winthrop House. Neighborhood Youth Corps - counselors met with Project Coordinator to discuss the programs available to the Neighborhood Youth Corps' youth involvement throughout the summer.

National Collaboration of Youth - Executive Director and Project Coordinator attended the National Collaboration for Youth Grant application workshop in Boston to apply for funds for the future teen program effort. Worcester Girls Club received a grant from the National Collaboration of Youth and will expand services in career awareness to girls 14-17 who meet youth employment training project eligibility requirements. The main streaming of these girls into the existing teen program is a supportive service.

IV. Advisory Committee

Council members continued to provide consistent input to the program during the third year. In addition to meeting as a group three times, each member was available when needed on an individual basis. The members, agencies represented and impact on the program during the third year are: Barbara Leith, Director Child Study, Worcester School Department, established channels of communication between the Project Coordinator and Adjustment Counselors in City schools and helped establish a means for Project Coordinator to make discretionary referrals to schools when girls indicated special needs relating to school. Maureen Moorehouse, School Adjustment Counselor, made referrals from her case load and encouraged other counselors in the school system to refer girls to the program. Betsy Wertheimer, Nurse, School Age Mothers' Program, assisted in design, training and implementation of sexuality seminars for girls in the program. Steve Cohn, Lawyer, helped identify needs of youth in the City with attention to current services and juvenile justice trends. Mr. Cohn was also extremely supportive of efforts to pursue further funding for the project and emphasized to the Board of Directors the need for prevention projects for adolescents.

END