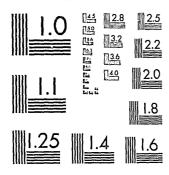
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The Cover: Confrontations with irrational. violent individuals are day-to-day occurrences which threaten the safety of police officers

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William H. Webster, Director

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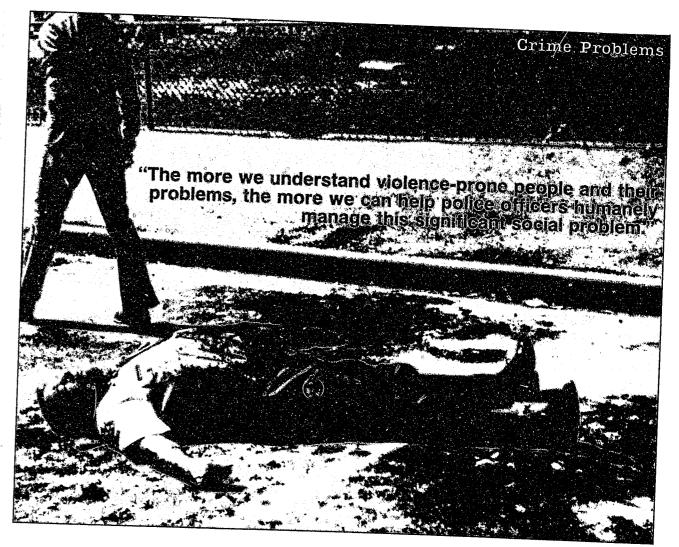
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Police in a Violent Society

Misunderstandings or overactions or other sources. The police view psyby psychologists and others about the chologists as people with their heads police and their actions can occur for in clouds viewing the world from ivory many reasons. Biases, negative atti- towers, while the police work with tudes, and distorted views are often their feet on the ground, dealing with fueled by negative and slanted news divergent realities in their complex and fictional portrayals of the police and their behavior. Yet, it is very easy which must be recognized. to see how these misconceptions

world. Yet, there are some similarities

Psychologists and the police share a common "idealistic" view of The police experience, firsthand, society. Both strive to make society the violence that mental health pro- well by working with a small percentfessionals learn about through books age of its ill or problem members. And

JOHN G. STRATTON, Ph.D Psychological Services JOHN R. SNIBBE, Ph.D. Clinical Psychologist LT. KENNETH BAYLESS Advanced Training Officer Los Angeles County Sheriff's

January 1985 / 1

Department Los Angeles, CA



Dr. Stratton



while the methods used differ, the same basic motivation remains—a desire to help people.

Both professions are basically governed by similar ethical and social responsibilities. People, in their time of need, turn to each profession seeking help. According to respective "codes of ethics" and "social responsibilies," each provides aid and service to those in need. It is this "service ethic" that brings us to our third commonality-frustration, the frustration shared in trying to perform our respective jobs. Therefore, while we may appear, at times, as being on "opposite sides of the fence," we are actually partners in an ever-increasing effort to make society and the world a better place for all of us.

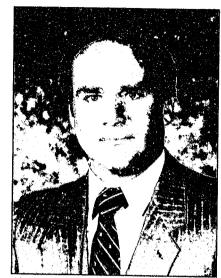
A common perception of the role of police in society is that of a threering circus complete with screaming sirens, unholstered guns, and violent action. Most often highlighted in the media and fictional accounts of police work and the news are the shocking, violent, and often tragic occurrences that police encounter daily. The dramatic focus is invariably on officer shootings, serious and notorious criminal cases, and other events that sell newspapers or raise audience rat-

Many members of society expect the police to act in the way they are portrayed in the media. Although it is suspect after S.W.A.T. was deployed: true that many situations require swift all other victims were rescued by the and dramatic action, the public be- efforts of this team and hostage negolieves basically that this is the sum tiators. Less than 2 percent of all deand substance of police work. When ployments involved shooting situasuch things as S.W.A.T. teams are tions, and less than 1 percent of all considered, it is easy to see how deployments involved the death of a views can be slanted by the media. suspect. Only 3 people were injured, For example, in the late 1970's, a and these deployments resulted in the popular dramatic T.V. series was enti-safe arrest of 937 dangerous felons. tled S.W.A.T., which presented a spe- In other incidents, the S.W.A.T. de-

cial police unit routinely performing their duties. Yet, in almost every episode, numerous people were killed and/or injured by this unit. From this, the public believed that S.W.A.T. officers in their community would do the same things they have seen done on television.

The community reaction, although warranted by TV experience, is tragic, since actual statistics do not concur with what is portraved on television. For example, from 1973 to 1982, the Los Angeles County Sheriff's Department deployed its Special Weapons Team 591 times. These incidents are often the most dangerous and difficult assignments given to law enforcement. Weapons were fired on only 11 occasions (a mere 1.8 percent of all deployments), 5 people (.08 percent) died, 3 people (.05 percent) were wounded, and 3 shootings resulted in no injuries. These figures reveal that modern S.W.A.T. teams belie the common media image and are actually dedicated peace officers with exceptional discipline.

The concept of special weapons teams is valuable in Los Angeles County and a safety to the communities, law enforcement personnel, and the suspects. No officer or innocent person had been killed during 591 deployments. In the 54 hostage situations, only 1 victim was killed by the





ployments furnished sufficient time and safety to allow for nonviolent, tactical alternatives, such as hostage negotiations and psychological emergency teams.

When regular, routine police assignments in the field are considered, the statistics are even more startling. There are an estimated 400,000 police officers in the United States,1 and if each one works approximately 250 days (a 5-day week for 50 weeks a year), they would be working 100 million days, or shifts, per year. If during an 8-hour shift, the police have an estimated 10 interactions with people each day, whether it be traffic stops, providing assistance, family disturbances, pursuits, dealing with the mentally ill, or those under the influence of drugs, there would be 1 billion people contacts per year. In those 1 billion contacts, approximately 300 people are killed by the police each vear.2

We live in a violent society and we employ police and give them weapons to use deadly force for evervone's safety. It is shocking to realize that in 1980, handguns killed 8 people in Great Britain, 24 people in Switzerland, 8 people in Canada, 18 people in Sweden, 23 people in Israel, 4 people in Austria, and 11,522 people in the United States.3 Our country has 480 times more people killed by handguns than any other country mentioned.4 Those in law enforcement are attempting to do what they can to reduce the level of violence. Unfortunately, they can't do it alone. The public, schools, churches, courts, mental health experts, politicians, and the media share responsibility for what is happening in our society today.

The police officer who stands alone in the street facing the reality of irrational violence is neither the cause nor the cure for societal ills. As governmental budgets continue to dwindle, more hospital beds are closed to the mentally ill, dangerous criminals are released earlier from jails and prisons because of overcrowding, and the use of dangerous drugs increases, the extent of criminal activity becomes unpredictable.

To the citizens of every community, the police represent the last line of defense when it comes to issues of potential violence. When someone is being assaulted, robbed, raped, or is otherwise the victim of a violent crime, there is only one place to turn-the police. And when the call for help is made, there is no one else to handle the policeman's job if he fails to perform his task. Consequently, the policeman has an obligation to "confront" and "handle to conclusion." no matter what form of crime or violence he may encounter.

The policeman's perception of danger in these situations and his ability to handle the situation according to the law, department policy, and training will obviously play a major role in the outcome of such incidents. These factors become the "tools of his trade."

Law Enforcement and Use of Force Policy

The policy on the use of force and firearms in the Los Angeles County Sheriff's Department, as in most law enforcement agencies, is very simple. In essence, the policy prohibits the use of deadly force except in cases where someone's life is in immediate danger. This means they do not shoot misdemeanants, or even fleeing felons, unless the "immediate threat to life" criterion is met.

"The police officer who stands alone in the street facing the reality of irrational violence is neither the cause nor the cure for societal ills."





tions they face almost daily.

Police officers are taught from their first day on the force that deadly force is used only as a last resort. Therefore, courses in conflict resolu- cold reality of our violence-ridden sotion and handling disturbance cases, ciety is that there is an ever-increas- areas began to experience a tremenincluding procedures for the mentally ill and PCP abusers, are regular elements of their training in the basic, as well as inservice, levels. Good training programs stress violence prevention and conflict resolution through a proc- street. ess referred to as incremental escalation. Incremental escalation means that when confronted with violence, the police do not immediately respond in kind. If possible, they defuse the situation through a graduated series of steps which begin with listening or vears, the number of officer-involved talking to the violent person. If this shootings in the Los Angeles County pect was armed with a knife, club, or step is unsuccessful, officers are trained to escalate their response with

There are times when deadly less lethal devices. force is not only appropriate but demanded by the circumstances. The plication by the policeman on the

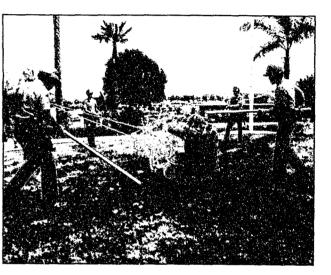
Fortunately, all potentially violent street confrontations do not result in deadly consequences. In fact, while the number of potentially violent confrontations between the police and criminals has increased over the

Obviously, with such a stringent appropriate weaponless defense tac- Sheriff's Department decreased nearly deadly force policy, law enforcement tics, baton techniques, and/or less 31 percent since 1978. The decrease officers must be armed with a number than lethal weapons. If all other ef- in officer-involved shootings is due, in of alternatives to deadly force in order forts fail, or if the incident escalates part, to law enforcement's training in to handle the number of confronta- rapidly, officers must use deadly force the incremental escalation of force to protect themselves and the public. and the development of a number of

> The era of less lethal devices began about 1978 when our department and others in major metropolitan ing number of these life and death dous rise in the incidence of PCP scenarios unfolding in urban centers, abuse. With this increase came the Therein lies the divergence between realization that traditional police methintervention theory and its direct ap- ods of restraint were totally ineffective against PCP users. Both officers and suspects were being injured at an alarming rate because, short of deadly force, the only effective arrest technique was the "swarm" technique. which entailed six or more officers "swarming" a suspect and physically overpowering him. However, this method could not be used if the sussimilar weapon. As a consequence of these factors and the growing inclination of officers to employ deadly force against these suspects, the sheriff's

The Capture Ne.





fective but less lethal.

Nonlethal Devices

There are five criteria that must be met to ensure viability of a new

- 1) It must be reliable and accurate in all environments and weather conditions.
- 2) Performance must be troublefree with low maintenance. 3) Officers must have trust and
- confidence in its use. 4) The device must be easy to use
- so that training and proficiency is easily maintained.
- 5) It must provide a means of instantaneous deescalation of life-threatening situations

Over the last 6 years, our department has been vigorously searching easily fit into radio cars. This length area of existing devices, one of the first things looked at was the tranguilizer dart. While there was a problem with accuracy, the primary risk was

department and other law enforce- the unknown side effects that could distance from the suspect, and atthat may be in the person's system, able. Therefore, the idea of using a tranquilizer dart was discarded.

The feasibility of using a highproblems in getting a hose line into all the possible places a person could

Another item tested was the aluried in the field supervisor's vehicle. in 4-foot sections so that they could

ment agencies began an exhaustive be triggered when the tranquilizer tempts to link more than one section effort to develop devices that are efmixed with a number of other drugs of the ladder together proved unwork-

> Experiments were also conducted with the bola, an entanglement device used in South America, which has two pressure stream of water to subdue heavy balls tied to the ends of a suspects was also examined. Both 2- thong and is thrown at the feet of the inch and 4-inch hose lines were used target to disable it. The major problem to try to knock down or disarm a sus- with this device is that it requires an pect. Neither line proved to be effec- extraordinary amount of practice to tive. Also, there were several logistical maintain proficiency. Consequently, it also was rejected.

> A jail mattress, which is sometimes used by jail deputies for protection when subduing violent inmates. minum ladder which is currently car- was also tested. The mattress, however, was too bulky, even when han-The ladder was to be used by two of- dles were attached, and the suspect ficers to pin the suspect against a wall could easily outmaneuver the deputies or car. Unfortunately, the ladders were if the mattress was used in places that were not confined.

The department also has experifor alternatives to lethal force. In the was too short to afford officers a safe mented with shooting a suspect with a tear gas blast dispersion cartridge. This device dispenses a cloud of powdered tear gas from a special gun.

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This alternative also had its drawbacks. First, the tear gas seems to disable only police officers and not drug-crazed or mentally ill offenders. Second, hospital emergency room tear gas when they treated tear- fire a donut-shaped gas cloud. In gassed patients.

to meet the less lethal need, several the suspect to the ground. It was a agencies across the Nation. other items were examined. One development was called "the extended body noose." This item was composed of an 8-foot pole with a padded noose and drawstring at one end. It was designed to be slipped over a person's head and shoulders and drawn tight. This device could be easily side-stepped and proved to be cerns. ineffective.

In the area of weaponry, two modifications of traditional weapons appeared to have promise. The first was a device referred to as the "sting theory, the cloud of air was to deliver In the area of new developments more than sufficient force to knock good idea, but was never perfected.

Another device considered was rubber bullets. The intent of this weapon is to deliver a stunning and temporarily disabling blow to the adversary without doing permanent harm. Accuracy and the potential for a chemical fire extinguisher is sprayed lethal blow remain the major con- at the subject to distract him just

continue to be tested by law enforcement around the Nation. However, there are currently only three devices that have satisfactorily passed testing ray." This was an M16 rifle with a by our department. Each of these personnel would suffer the effects of barrel modification which allowed it to have been deployed throughout 20 stations and in jail facilities. Additionally, they have been deployed and used by dozens of law enforcement

The capture net is a 10-foot by 14-foot nylon mesh net encircled by drawstrings. It envelopes the suspect much like a tobacco pouch when the drawstrings are pulled after the net is thrown. A relatively harmless dry before the net is thrown, and when Other devices have been and manpower is available, two men, each

"To the citizens of every community, the police represent the last line of defense when it comes to issues of potential violence."

armed with 6-foot aluminum poles, attempt to keep the subject contained in a given area, so that the net may be successfully thrown on the subject.

Next is the immobilizer. This device is composed of a pair of 6-foot nylon poles that have a strong chain interlaced between them. Two officers are used to handle the poles, while another is used to deploy the fire extinguisher as a distractor. As the fire extinguisher is fired, the officers rush the subject, placing the poles behind the person's feet. The officers continue running past the subject, thereby trapping and immobilizing the person in the chain mesh.

The third less lethal weapon deployed widely by law enforcement is the taser. This is a handgun-type device that fires two dart-like electrodes into the subject. The darts are connected to the taser gun by tiny wires. When the trigger of the gun is pulled, a pulsating current of 50,000 volts and 3.5 amperes is delivered to the body, thereby causing temporary immobilization.

Although these devices are effective and used by law enforcement, we certainly do not believe we have all the answers and continue to search for additional devices and procedures that will enhance our effectiveness in controlling potentially violent persons.

Summary

In today's society, because of various social, cultural, and legal factors, the police are called upon to cope with a large number of disturbed, violent, and substance-abusing individuals. Because of recent legal trends enforcing civil rights for all citizens, including the alcoholic populations, the disabled, drug-influenced individuals, and the mentally ill,

numerous disturbed individuals have been released into the streets and have flooded into major metropolitan areas. What appears to be happening is that large numbers of distressed individuals are now in the streets, both victimizing and becoming victims of violent society.

crease of violence in our streets. Jails quately in the field. There also needs and prisons are overcrowded, calling to be continued development of new for early release of dangerous crimi- nonlethal weapons to help cope with nals and probation in the community the disturbed, aggressive, or violent rather than incarceration. There are individuals who are currently being refewer beds in psychiatric hospitals leased into our communities. today and their cost is significantly higher than it was in the past. This with violent individuals, whether they again puts large numbers of dis- be psychotic, influenced by drugs, or tressed individuals on the street and involved in criminal activity. The more police officers end up intervening we understand violence-prone people when these people become overly and their problems, the more we can psychotic, violent, or suicidal. This help police officers humanely manage cost-cutting has had a substantial this significant social problem. impact on the amount of violence in our society.5

There have also been cutbacks in emergency psychiatric teams, community mental health centers, and staff for these facilities. Again, the consequences on the police are significant.

Police officers are asked to provide

2K Matulia, A Balance of Forces, International
Association of Chiefs of Police, 1982.

31983 Handgun Facts, Handgun Control, Inc. basic mental health services for a large number of disturbed individuals in our community. They have become reluctant managers of many of society's rejects.

Another significant issue associated with the increase of violence in our society is the epidemic use of various mind-altering or hallucinogenic drugs. The epidemic increase in the use of PCP has increased the number of explosively violent and basically unmanageable situations that the police are asked to manage. Individuals on PCP are very unpredictable and they

often can become violent, extraordinarily strong, confused, and disoriented. The police have considerable difficulty in controlling these individuals when attempting to restrain them humanely.

Meaningful training programs for police officers need to be developed Economic pressures have also so that they can manage disturbed contributed significantly to the in- and addicted individuals more ade-

The police will always be involved

¹N. katzenback, *Challenge of Crime in a Free Society*. Report by the President's Commission on Law Enforcement and the Administration of Justice, U.S.

⁵A Lehman and L. Linn, "Crimes Against Discharged Mental Patients in Board and Care Homes,"

American Journal of Psychiatry, vol. 141, 1984, pp. 271-